

Federal Occupational Health

FedStrive National The following services are available to all Federal employees of agencies participating in FedStrive National (FSN). Participating employees can receive services from any FOH FSN Health Center nationwide.

Walk-in and Emergency Care

- ▶ Emergency response/first aid and CPR
- ▶ Initial assessment, treatment, counseling and referral for minor illnesses and injuries on a walk-in basis without an appointment

Immunizations

- ▶ Influenza (flu), tetanus/diphtheria, and pneumococcus/pneumonia (for age > 50)
- ▶ Travelers health and immunization information

Dedicated Website

- ▶ Comprehensive Health Risk Appraisal (HRA) with individualized summary and recommendations
- ▶ Health resources and individualized tracking tools – Disease-specific health risk assessments

Health Education Programs

- ▶ At least three programs of 30 minutes duration provided annually at each site on a wide range of available topics
- ▶ Targeted presentations based on needs assessments

Services Prescribed by a Personal Physician

- ▶ Periodic bed rest, blood pressure monitoring, and glucose (blood sugar) monitoring
- ▶ Allergens, hormones, and other injections
- ▶ Other treatments/medications approved by FOH

Ongoing Health Screening

- ▶ Blood pressure, diabetes, cholesterol/lipid, and colorectal cancer
- ▶ Hearing, and vision, including glaucoma (where available)

OTHER SERVICES

- ▶ Lactation support where available
- ▶ Referral to Employee Assistance Program (EAP) when appropriate
- ▶ Referral to private physicians or community health care providers when appropriate
- ▶ Maintenance of medical records in accordance with the Privacy Act
- ▶ Participation in occupant emergency planning with other tenant agencies

Basic Site Visit

- ▶ Provided annually to assist management in identifying basic safety and health needs

Reports to Managers

- ▶ Account/billing
- ▶ Utilization
- ▶ Customer Satisfaction Surveys
- ▶ Health Risk Appraisal Executive Summary

BENEFITS

- ▶ **Minimizes time spent offsite** to obtain routine health services such as for minor injuries, illness, and immunizations, etc.
- ▶ Provides education about and access to ongoing **health screenings** for major illnesses



I have been impressed with everyone I have dealt with at FOH. Without exception, I have received timely and helpful information at every stage in the process. The organization is top notch.

Federal Employee

FAST FACTS

- ▶ **Comprehensive Care** – Initial assessment, treatment, and referral available for everything from emergency response to minor illness and injury
- ▶ **Expertise** – Every center staffed with professional nurses and equipped with basic emergency life support equipment, including automated external defibrillators (AED)
- ▶ **Broad Network** – more than 228 Health Centers located at Federal facilities nationwide



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