Semi-Annual PPHF Report

Agency: Administration on Aging, Administration for Community Living

PPHF: Chronic Disease Self-Management Program

Title: PPHF-2012-Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Alabama Department of Senior Services

Reporting Period: 7/1/2012-12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$400,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

Memorandums of Understanding were developed for seven sub-recipients with existing programs striving for sustainability. Two new Area Agencies on Aging were engaged to implement Living Well Alabama. The new Area Agencies on Aging will assist Alabama Department for Senior Services to meet the geographical expansion goal.

Alabama Department of Senior Services and Alabama Department of Public Health participated in the introduction webinar and stakeholders meeting for Alabama Quality Assurance Foundation's "Centers for Medicare and Medicare Services Initiative to Reduce Avoidable Admissions among Nursing Home Residents" grant.

Six of twenty-one Master Trainers have completed Stanford's 2012 Up-date training. The remaining Master Trainers were scheduled for the next reporting period.

Nine workshops were conducted throughout the state. The total number of participant was 121 resulting in 85 completers attending 4 of the 6 sessions throughout the workshop.

Living Well Alabama/Chronic Disease Self-Management Program conducted Lay Leader training. Participants were from key partners and stakeholders: Central Alabama

Veteran's Healthcare System, Jefferson, Blount and St. Claire Counties Mental Health Authority and Alabama Department of Public Health's Minority Health. Half of the Lay Leaders facilitated their initial Living Well Alabama workshop completing the certification requirements.

Sub-Recipients:

Sub-Recipients 1: Alabama Department of Public Health
Sub-Award Date: Oct. 30, 2012
Number: HHS-2012-AOA-CS-1211
PPHF Funding: \$200,000
Purpose: Grant manager, clerical support and master trainers salaries and benefits. Fees for Stanford's 2012 Up-date training for all master trainers. Lay Leader workshop for three new partnering organizations. Supplies and material expenses for Lay Leader training and six Living Well Alabama workshops.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Arizona Department of Health Services, BTCD, Arizona Healthy Aging (A-HA)

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$272,619.00

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

The ADHS-BTCD proposes the following goals and objectives for its AoA Empowering Older Adults and Adults with Disabilities through CDSME project:

1) Significantly increase the number of older and/or disabled adults in Arizona with chronic conditions who complete the Stanford Chronic Disease Self-Management Program (English and Spanish CDSMP) and/or the Diabetes Self-Management Program (English and Spanish DSMP) with a purpose of maintaining or improving individual health status and;

2) Strengthen and expand integrated and sustainable service systems within Arizona offering CDSMP and DSMP.

We have a late start; however, have initiated an Interagency Service Agreement (ISA) to establish targeted contracts to achieve the ADHS, BTCD, A-HA proposed goals of providing the CDSMP and DSMP.

We anticipate rolling out the contracts by February, and expect to be on target in meeting the proposed goals and objectives.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: DES DAAS Sub-Award Date: ~January 2013 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$202,234.00 Purpose: Funding AAAs and AzLiving Well Institute to deliver target services for Arizona Empowering Older Adults, Expansion of CDSMP

Sub-Award Recipient 2: Sub-Award Date: Number: PPHF Funding Amount: Purpose:

Description of Data Requested

The following provides a brief explanation of the data requested in the fields above.

Agency: This is the name of the Operating Division that awarded funds. Do not change.

PPHF Program: This is the program name listed on the PPHF website. Do not change.

Title: This is the title used in the program announcement. Do not change.

Recipient: Arizona Department of Health Services, Bureau of Tobacco and Chronic Disease, Arizona Healthy Aging (A-HA).

Reporting Period: This reporting cycle will capture funds awarded from July 2012 through December 2012. For this report, leave the dates of July 1-December 31, 2012.

PPHF Fiscal Year Allocation: This is the fiscal year allocation that provided the funding. Do not change.

PPHF Funding Amount: \$272,619.00.

Number: This is the grant award number. Do not change.

Mechanism/Procurement Type: You received a cooperative agreement. Do not change.

CFDA Number: This is the CFDA number associated with this grant award. Do not change.

Summary of Activities: The notice of award was received in October and we were unable to begin until funded. Focus groups were conducted, including the Governor's Council on Aging and the ADHS leadership group. Meetings with the Arizona Department of Economic Security (DES) Division of Aging Adult Services (DAAS) to collaboratively initiate an Interagency Service Agreement (ISA).

DES has the statutory exemption and the authority to issue funds to our partners in order to fulfill the intended purpose. The ISA further secures the historic partnership with DES, and gets the money in the hands of the Area Agencies on Aging (AAA's) and Arizona Living Well Institute (AzLWI) much quicker, while maintaining our fidelity in promoting seamless integration with both DES-DASS and the Governor's Council on Aging. By doing so, we are in the midst of creating a model for collaboration across State agencies.

This further helps integrate, on a program level, with our Diabetes Self-Management Training (DSMT) in an effort to bring about a common, coordinated plan implementation. Though the funding has not yet hit the streets, as of the date this report is composed; the services are rendered and it appears that we will make up for the time elapsed since funds were awarded nearly a quarter ago. It is anticipated that the funds will be disbursed to partners by DES DAAS sometime in February. It must be noted that partnering with ADES-DAAS provides an added value of funding our programs without going through the required ADHS "open and competitive" procurement process.

Sub-Award Recipients: Includes all sub-grants, and any sub-contract action with a value of \$25K or more.

Sub-Award Recipient 1: ADES – DAAS proposed amount of \$202,234.00.
Sub-Award Date: Anticipated late January, early February 2013.
Number: Include the prime recipient award number (HHS-2012-AOA-CS-1211)
PPHF Funding Amount: Include the amount of funding awarded.
Purpose: Funds to be utilized as per the submitted AZ Empowering Older Adults through CDSMP budget.

Note: add additional sub-recipient sections as necessary to fulfill reporting requirements. Delete "sub-recipient 2" if not necessary.

Contact Miriam Cabezas at Miriam.Cabezas@hhs.gov with any questions on this template.

Send to Michele Boutaugh at <u>michele.boutaugh@acl.hhs.gov</u> NO LATER than January 20, 2013. All forms will then be forwarded to the Office of the Assistant Secretary for Public Affairs (ASPA) at Health and Human Services by January 25th. ASPA will post reports to the PPHF website (http://www.hhs.gov/open/recordsandreports/prevention/index.html) by the end of January 2013.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: California Department of Aging (CDA)

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$575,000.00

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

- Secured current year budget authority to expend new federal grant funds;
- Developed and executed contract with Partners in Care Foundation (see details below);
- CDA, CA Dept. of Public Health (DPH) and Partners collaborated in transitioning the existing CDA and DPH grantee steering committees and web calendars into a unified CA Healthier Living Coalition and website. This Coalition will join CDA and DPH grantees (and other network stakeholders) into a single coordinated group, regardless of funding streams;
- Created a statewide training calendar by county, listing all 4-day Leader trainings and 1-day Update trainings; updated weekly with trainings posted on CAHealthierliving.org;
- CDA, DPH, and Partners met several times to discuss target counties and criteria to be used in selecting seed grant counties. Draft Interest in Participation Survey in development;
- Hosted a full day kickoff CA Healthier Living Coalition meeting in Los Angeles in November 2012. Twenty-four representatives from 10 counties participated in person or by phone;
- Six CDSMP four-day Leader trainings, one Tomando training and five Update trainings have been held between September and December; and
- Throughout the state, there have been 51 CDSME workshops with 385 completers.

Sub-Award Recipient (includes sub-grants and sub-contractors):

Sub-Award Recipient 1: CA Department of Public Health
Sub-Award Date: Agreement processing underway
Number: N/A
PPHF Funding Amount: \$18,095 (FFY 2012-13)
Purpose: Support for Department of Public Health staff participation in CDSME grant implementation activities

Sub-Award Recipient 2: **Partners in Care Foundation (PICF)** Sub-Award Date: December 15, 2012 Number: CDA Contract # CT-1213-11 PPHF Funding Amount: \$554,678 (FFY 2012-13) Purpose: (1) fund CDSME Technical Assistance Center staffing, travel and other expenses; and (2) administer sub-recipient contracts with selected counties to provide and expand CDSME implementation and workshop completer performance goals

Local Sub-Recipients

•	Los Angeles	\$60,000
•	Orange	\$40,000
•	San Diego	\$40,000
•	San Francisco	\$30,000
•	Napa/Solano	\$25,000
•	Sonoma	\$25,000

• Seed grants to 3 rural counties (TBD)\$60,000 (\$20,000 to each selected county)

<u>Sub-Recipient Award Date:</u> PICF is in the process of executing these contracts. State contract with PICF was required prior to executing local contracts.

Number: N/A

<u>Purpose:</u> Provide and expand CDSME implementation and lead local coalition building to support and sustain program availability.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Colorado Department of Human Services, State Unit on Aging

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$257,206.00

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities: The State Unit on Aging has been securing contracts with vendors to complete aspects of the work plan. Contracts are anticipated to be executed no later than January 31, 2013.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: The Consortium of Older Adult Wellness Sub-Award Date: January 8, 2013 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$65,525.00 Purpose: Embed CDSME programs within Federally Qualified Health Centers and Family Medicine Clinics that may be working towards becoming a Patient Centered Medical Home. Work with St. Mary's Hospital to implement and embed the Diabetes Self-Management Program and assist them with applying for accreditation.

Sub-Award Recipient 2: Central Colorado Area Health Education Center Sub-Award Date: Anticipated January 31, 2013 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$95,985.00 Purpose: Administer the participant reimbursement to agencies delivering the CDSME programs. Provide technical assistance to community organizations or health care organizations implementing CDSME programs.

Semi-Annual PPHF Reporting Template Connecticut (July-December 2012)

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: CT Department of Social Services, Aging Services Division

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$200,000 (Year 1) / \$596,148 (3 years)

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities: In September of 2012, the SUA was awarded the Administration for Community Living, Chronic Disease Self-Management Education Grant to expand coverage of the CDSMP and Tomando Programs and to develop new public/private partnerships. This grant has enabled the SUA to expand the CDSMP to include 2 additional Agencies on Aging and a Medicaid Access Agency which strengthens the state infrastructure to support sustainable statewide coverage. Through this grant, the SUA has continued to partner with CT Department of Public Health who has taken the lead in the development of the DSMP Program. Working together with state, regional and community partners, and leveraging other public and private resources Connecticut will continue to build its workforce as it continues to grow the state's offering of chronic disease self-management education programs

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: CT Community Care, Inc.
Sub-Award Date: In-progress
Number: HHS-2012-AOA-CS-1211
PPHF Funding Amount: \$181,579
Purpose: To embed the CDSME Programs in CT's North Central and Eastern Regions and to assist the AAA's in these regions in partnership building and workshop recruitment.

Sub-Award Recipient 2: North Central Area Agency on Aging Sub-Award Date: In-progress Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$128,823 (3 years)

Purpose: To embed CDSME Programs in the North Central region through the establishment of a sustainable regional coordinator position at the Area Agency on Aging.

Sub-Award Recipient: Agency on Aging of South Central CT
Sub-Award Date: In-progress
Number: HHS-2012-AOA-CS-1211
PPHF Funding Amount: \$150,037 (3 years)
Purpose: To embed CDSME Programs in the South Central region through the establishment of a sustainable regional coordinator position at the Area Agency on Aging.

Sub-Award Recipient: Western CT Area Agency on Aging
Sub-Award Date: In-progress
Number: HHS-2012-AOA-CS-1211
PPHF Funding Amount: \$31,703 (3 years)
Purpose: To expand CDSME Programs in the Western region through the established regional coordinator position at the Area Agency on Aging.

Sub-Award Recipient: Southwestern CT Agency on Aging
Sub-Award Date: In-progress
Number: HHS-2012-AOA-CS-1211
PPHF Funding Amount: \$26,070 (3 years)
Purpose: To expand CDSME Programs in the Southwestern region through the established regional coordinator position at the Area Agency on Aging.

Sub-Award Recipient: Eastern CT Area Agency on Aging (Senior Resources)
Sub-Award Date: In-progress
Number: HHS-2012-AOA-CS-1211
PPHF Funding Amount: \$27,640 (3 years)
Purpose: To expand CDSME Programs in the Eastern region through the established regional coordinator position at the Area Agency on Aging.

Sub-Award Recipient: Paula Leibovitz, Technical Assistance Coordinator
Sub-Award Date: 12/2012
Number: HHS-2012-AOA-CS-1211
PPHF Funding Amount: \$35,160 (3 years)
Purpose: Provide technical assistance to three new regional coordinators as they begin to develop partnerships and embed the CDSMP in the new primary service areas.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Georgia Department of Human Services Division of Aging Services

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$397,707

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

- CDSMP Partners facilitated more than 34 Chronic Disease Self Management Program (CDSMP) workshops and reached over 300 completers.
- Georgia Division of Aging Services (DAS) CDSME Coordinator and staff organized and hosted two conference calls with Area Agency on Aging partners to reinvigorate statewide CDSMP efforts and establish goals.
- GA DAS staff presented to the Public Health network via webinar around grant opportunity and goals.
- Set date for in state CDSMP Master Trainer Training (March 25 29, 2013).
- Set dates for interdepartmental partner workgroup (February 4, 2013 and June 4, 2013).

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: MOU is in development with GA Department of Public Health Sub-Award Date: Number: PPHF Funding Amount: Purpose:

Agency:	Administration on Aging, Administration for Community Living			
PPHF Program:	Chronic Disease Self-Management Program			
Title:	PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Programs financed by 2012 Prevention and Public Health Funds (PPHF-2012)			
Recipient:	HCD International			
Reporting Period:	7/2012 -12/2012			
PPHF Fiscal Year Allocation: FY 2012				

PPHF Funding Amount: \$202,130

Number: GS10F0412M - HHSP233200900479G

Mechanism/Procurement Type:

Modification – exercised 2nd option year on a task order issued under HCDI's GSA schedule contract

CFDA Number (if applicable): 93.734

Summary of Activities: Funds were used to provide technical assistance to Area Agencies on Aging that are pursuing the process of getting their diabetes self-management education program accredited by the American Association of Diabetes Educators and recognized by the Centers for Medicare & Medicaid Services. Targeted technical assistance included onsite support, gap analysis services, and process implementation. Fifteen organizations are receiving varying levels of technical assistance through this program.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: None Sub-Award Date: Not Applicable Number: Not Applicable PPHF Funding Amount: Not Applicable Purpose: Not Applicable

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Kentucky Cabinet for Health and Family Services, Department for Aging and Independent Living

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$272,620

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities: Activities have focused to expanding CDSME across Kentucky. Regional coordinators have been identified and efforts are being made to identify new implementation sites. Coordination with other agencies providing CDSMP has also been a focus during this reporting period.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: N/A Sub-Award Date: Number: PPHF Funding Amount: Purpose:

Massachusetts CDSME Semi-Annual PPHF Report

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Education Program (CDSME)

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient:

Massachusetts Executive Office of Elder Affairs One Ashburton Place, 5th Floor Boston, MA 02108

Reporting Period: July 1 – December 31, 2012

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number: 93.734

PPHF Funding: \$575,000

Summary of Activities:

Massachusetts has held nineteen Chronic Disease Self Management (*CDSMP*) workshops since July 1, 2012, with 208 consumers attending and 160 completing the workshops. Eighteen workshops for CDSMP, DSMP, Chronic Pain Self-Management and Tomondo du Salud have already been scheduled for the coming year.

Fifty-eight new leaders have been trained in CDSMP and Diabetes Self Management (DSMP)

On September 27, a "Sharpening Your Skills Conference" was held for CDSME program leaders. The full-day educational program was attended by113 leaders and featured workshops on such topics as *Implementing Evidence-Based Tai Chi*, *Successes in Powerful Tools for Caregivers*, *Integrating Programs within the Health Care Delivery System*, *Diabetes Self-Management Reimbursement*, *Stanford's Chronic Pain Program* and *Best Practices among Diverse Population*.

Planning meetings have been held to finalize work plans and operationalize grant activities. Hiring activities have been initiated for staff at the Executive Office of Elder Affairs and the Healthy Living Center for Excellence. Three new regional collaboratives have been created, for a total of six collaboratives covering the whole state. Regional collaboratives are coalitions of local health and human services providers, medical providers, aging services network providers, governmental agencies and private businesses that reach out to potential host agencies, referral agencies and participants to provide CDSMP and other healthy aging programming in their communities

Sub-Recipients:

Sub-Recipient 1: Elder Services of Merrimack Valley

Sub-Award Date: Contract to be finalized in January 2013 PPHF Funding: \$434,802

Purpose: To oversee day to day operations of the CDSME Project. This includes ongoing training for peer leaders and Master Trainers, outreach, recruitment and community networking, fidelity and quality assurances, continuing education for leaders, data collection, marketing, ongoing needs and capacity assessment, partnership development and sustainability planning. ESMV will also support and help maintain the work of regional collaboratives and be responsible for achieving target numbers of completers through collaboration with diverse stakeholders and delivery systems.

Sub-Recipient 2: Massachusetts Department of Public Health

Sub-Award Date: Contract to be finalized in January 2013 PPHF Funding: \$42,837

Purpose: To 1) support integration of grant activities between DPH, Elder Affairs and the Healthy Living Center of Excellence and 2) to oversee the development and expansion of CDSME programs in rural areas.

Semi-Annual PPHF Report

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Maryland Department of Aging

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$313,767

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities: The Maryland Department of Aging (MDoA), in partnership with Maryland Department of Health and Mental Hygiene (DHMH) and key stakeholders will create a statewide coordinated chronic disease self management program (CDSMP) that builds on the current statewide infrastructure. The goal of this project is to enable seniors, caregivers and adults with disabilities to have easy access to CDSMP to improve their quality of life and reduce healthcare costs and provide services to at least 5,000 persons (50% minority) over the course of the project. Proposal objectives include: 1) create an Evidence Based Training Academy to deliver CDSMP outreach, professional development, data capture and inter-state coordination; 2) streamline and enhance access to CDSMP services through the Maryland Access Point system, DHMH networks and potential funding partners in order to eliminate gaps in geographic and population-based access to services; and 3) assure program sustainability by integrating service delivery through LTSS, performing effective Strategic and Business Planning, and sharing of best practices related to program implementation and funding sources.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: Maryland Department of Health and Mental Hygiene Sub-Award Date: September 1, 2012 Number: CDSMP MOU 10-26-2012 PPHF Funding Amount: 9/1/12-8/30/13: \$35,988 9/1/13-8/30/14: \$44,650

9/1/14-8/30/15: \$44,650

Purpose: Hiring of Project Liaison Travel for position, computer purchase

Sub-Award Recipient 2: n/a Sub-Award Date: Number: PPHF Funding Amount: Purpose:

Semi-Annual PPHF Report for MICHIGAN OFFICE OF SERVICES TO THE AGING

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Michigan Office of Services to the Aging

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$575,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

Key activities include: State Level:

- Recruitment at state level of key partners to assist subgrantees with reaching target population
- Meet with staff who will be doing financial, technology, and quality assurance to clarify roles, timelines and responsibilities

• Conference call with sub-grantees regarding grant Sub-grantees:

- Strategic planning with target group partners
- Leader trainings scheduled
- Prevention program workshops scheduled

Sub-Award Recipient (includes sub-grants and sub-contract action):

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Sub-Award Recipient 1:	The Senior Alliance, AAA 1-C
Sub-Award Date:	10/22/2012
Number:	HHS-2012-AOA-CS-1211
PPHF Funding Amount:	95,000
Purpose:	Expand scope and reach of prevention programs in

	Wayne and St. Clair Counties, MI. Target populations include: Veteran's Health System, adults with disabilities, and minority.
Sub-Award Recipient 2: Sub-Award Date: Number: PPHF Funding Amount: Purpose:	Region 3B Area Agency on Aging 10/22/2012 HHS-2012-AOA-CS-1211 \$95,000 Expand scope and reach of prevention programs in AAA Regions 3A, 3B, 3c, and 4. Target populations include: Veteran's Health System, medically underserved populations, adults with disabilities, tribal entities.
Sub-Award Recipient 3: Sub-Award Date: Number: PPHF Funding Amount: Purpose:	Region IX Area Agency on Aging Northeast Michigan Community Service Agency, Inc. 10/22/2012 HHS-2012-AOA-CS-1211 95,000 Expand scope and reach of prevention programs in AAA Region 9, including the counties of Antrim, Kalkaska, and Missaukee. Target population: adults with developmental disabilities, medically underserved areas, counties that have not had EBDP programs.
Sub-Award Recipient 4: Sub-Award Date: Number: PPHF Funding Amount: Purpose:	U.P. Area Agency on Aging UPCAP Services, Inc. 10/22/2012 HHS-2012-AOA-CS-1211 \$95,000 Expand scope and reach of prevention programs in AAA Region 11 (Michigan's Upper Penninsula). Target populations include: Veteran's Health System, medically underserved populations, adults with disabilities, tribal entities.
Sub-Award Recipient 5: Sub-Award Date: Number: PPHF Funding Amount: Purpose:	Michigan State University Geriatric Education Center 10/22/2012 HHS-2012-AOA-CS-1211 \$31,849 Develop fidelity monitoring program using medical students as observers.
Sub-Award Recipient 6: Sub-Award Date: Number:	Acro Corporation 10/22/2012 HHS-2012-AOA-CS-1211

PPHF Funding Amount:	\$12,000
Purpose:	Development of web portal for fidelity monitoring;
	workshop enrollment, and reporting site for sub-grantees.
	Will interface with the ADRC web portal for services.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: State of Missouri, Department of Health and Senior Services

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$300,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

The grantee worked on developing contracts for program activities and grant oversight. Also, appropriate grant staff duties were revised to implement the grant.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient:

National Council on Aging 1901 L Street NW 4th Floor Washington, DC 20036 DUNS: 074838848

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$1,000,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

- Obj 1. Develop and maintain technical assistance infrastructure of staff, technology, and other resources needed to provide rapid, competent and targeted assistance to meet needs of grantees:
 - Held one-on-one calls with each state grantee's key leadership, AoA Program Officer and NCOA Senior Program Manager.
 - Provided summary overview of 22 grantee proposals; ensured all grantees established annual performance goals for target populations, geographic targets, and completer targets
 - Documented each state's baseline status for the 6 key elements required for sustainable distribution systems
 - Set date and location for 2013 grantee meeting; established planning committee.
- Obj 2. Expand/maintain both quantitative and qualitative data collection/results and reporting systems to assist grantees, shape TA efforts, and inform AoA:
 - CDSMP database updated with new data elements and variable reporting levels; database will go 'live' on January 15, 2013.

- New access database to capture quantitative and qualitative data under development; ready for data entry in February 2013.
- State Sustainability Self-Assessment Tool expanded to capture baseline and ongoing progress toward 6 key elements.
- Obj 3. With AoA, leverage prevention initiatives and momentum with other federal agencies, and public and private organizations to increase the availability of multiple evidence-based prevention programs to support healthy aging:
 - Working with HRSA and its Resource Center, North American Management, on cosponsorship of joint plenary and networking event at 2013 Grantee meeting.
 - Working with CDC and AoA to align goals and objectives for arthritis and CDSME grantees.
 - Participated in multiple presentations at national conferences to highlight AoA and grantee successes.

NJ: Semi-Annual PPHF Report

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: NJ Department of Human Services

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$569,456

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

- Competitive request for proposal process conducted to select 26 local providers to expand CDSMP to 1) expand infrastructure and increase local access; and 2) support activities funded under this grant. Grantee funding will begin January 1, 2013.
- Representative for CDSMP pilot project identified for each (4) health plan contracted to provide Medicaid Long Term Services and Supports. (first meeting held Jan. 4, 2013).
- Language drafted for inclusion in the Standard Terms and Condition for NJ's Comprehensive Medicaid Waiver.
- Negotiated and processed package with NCOA to purchase spaces in the online Better Choices, Better Health.
- Reviewed multiple versions of draft Business and Sustainability Plan submitted by consultant. Final plan received December, 2012.

Sub-Award Recipient (includes sub-grants and sub-contract action):

N/A

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Programs (CDSME)

Title: 2012 Prevention and Public Health Funds: Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Programs

Recipient: New Mexico Department of Health – Public Health Division Chronic Disease Prevention and Control Bureau 5301 Central Avenue NE, Suite 800 Albuquerque, New Mexico 87108-1531 DUNS: 808389274 0000

Reporting Period: 7/2012 –12/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$200,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

- Funding will support a 1.0 FTE designated program manager to oversee all grant activities. Mr. Christopher Lucero will serve as the program manager. Mr. Lucero will be responsible for preparing and submitting semi-annual management reports, developing and maintaining partnerships, providing technical assistance, monitoring Memorandum of Agreements, and participating in AoA required meetings.
- Developed, negotiated and processed Memorandums of Agreements (MOU) with the Southern Area Health Education Center (SoAHEC), affiliated with New Mexico State University; Montañas del Norte Area Health Education Center (MdN AHEC), affiliated with Luna Community College; and the City of Albuquerque Department of Senior Affairs (CABQ DSA). All MOU were executed during this reporting period.
- The Master Trainers (MT) affiliated with the CABQ DSA and New Mexico VA Health Care System (NMVAHCS) completed Stanford University's required online Chronic Disease Self-Management Program (CDSMP) update training. The CABQ DSA and NMVAHCS jointly sponsored two CDSMP update trainings for workshop Leaders in Albuquerque,

December 5th and 12th. New Mexico's Master Trainers will continue to offer CDSMP update trainings throughout the coming months to ensure all active certified workshop Leaders have completed the required training.

• The CABQ DSA conducted a workshop Leader training in collaboration with the NMVAHCS on Thursday, December 6; Friday, December 7; Thursday, December 13; and Friday, December 14, 2012. There were 13 participants total and of those, ten (10) successfully received certification in the new 2012 CDSMP curriculum.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: City of Albuquerque Department of Senior Affairs Sub-Award Date: 12/4/2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$40,310 Purpose: Provide T-Trainer and Master Trainer support services and subject matter expertise to build program delivery capacity and assist communities with the implementation and sustainability of the evidence-based Chronic Disease Self-Management Program, marketed under the program name Manage Your Chronic Disease (MyCD) in New Mexico.

Sub-Award Recipient 2: Montañas del Norte Area Health Education Center, affiliated with Luna Community College Sub-Award Date: 11/15/2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$27,000 Purpose: Provide Master Trainer support services and subject matter expertise to build program delivery capacity and assist communities with the implementation and sustainability of the MyCD Program.

Sub-Award Recipient 3: Southern Area Health Education Center, affiliated with New Mexico State University Sub-Award Date: 11/07/2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$40,310 Purpose: Provide Master Trainer support services and subject matter expertise to build program delivery capacity and assist communities with the implementation and sustainability of the evidence-based MyCD Program and the Tomando Control de Su Salud Program (Spanish MyCD).

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: New York State Office for the Aging

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$575,000

Number: HHS-2012-AOA-CS-1211, Grant Award Number 90CS0046/01

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities: The primary activity for this period has been securing the necessary approvals to enter into the required sub-awards. In the interim there have been on-going planning meetings between the New York State Office for the Aging, the NYS Dept. of Health and the QTAC at the University at Albany. The QTAC also continues to support existing partners in their delivery and has been reaching out to potential new partners.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: Research Foundation of SUNY at the University of Albany Sub-Award Date: 9/1/12 – 8/31/13 Number: HHS-2012-AOA-CS-1211, Grant Award Number 90CS0046/01 PPHF Funding Amount: \$476,000

Purpose: The Research Foundation of SUNY at the University of Albany manages the statewide license, training, bulk purchasing of books, quality and fidelity, data collection, business planning and on-line learning community. In addition, Research Foundation will be responsible for administering \$110,000 in Incentive Awards.

Sub-Award Recipient 2: Health Research, Inc. (HRI) Sub-Award Date: 9/1/12 – 8/31/13 Number: HHS-2012-AOA-CS-1211 Grant Award Number 90CS0046/01 PPHF Funding Amount: \$30,000 Purpose: The Health Research, Inc is a not-for-profit corporation affiliated with the NYS Department for Health. The sub-award is to support the required commitment of 25 percent of a State Department of Health FTE in grant activities.

Description of Data Requested

The following provides a brief explanation of the data requested in the fields above.

Agency: This is the name of the Operating Division that awarded funds. Do not change.

PPHF Program: This is the program name listed on the PPHF website. Do not change.

Title: This is the title used in the program announcement. Do not change.

Recipient: Include the name of the prime recipient awarded grant or contract action funds, e.g., Alabama Department of Senior Services.

Reporting Period: This reporting cycle will capture funds awarded from July 2012 through December 2012. For this report, leave the dates of July 1-December 31, 2012.

PPHF Fiscal Year Allocation: This is the fiscal year allocation that provided the funding. Do not change.

PPHF Funding Amount: Include the total first year amount of your award.

Number: This is the grant award number. Do not change.

Mechanism/Procurement Type: You received a cooperative agreement. Do not change.

CFDA Number: This is the CFDA number associated with this grant award. Do not change.

Summary of Activities: Include 2-3 sentences about key activities within this 6 month period.

Sub-Award Recipients: Includes all sub-grants, and any sub-contract action with a value of \$25K or more.

Sub-Award Recipient 1: Include the name of the sub-recipient that received funds.
Sub-Award Date: Include the sub-contract action or sub-grant award date.
Number: Include the prime recipient award number (HHS-2012-AOA-CS-1211)
PPHF Funding Amount: Include the amount of funding awarded.
Purpose: Include a brief summary of how funds were used by the recipient.

Note: add additional sub-recipient sections as necessary to fulfill reporting requirements. Delete "sub-recipient 2" if not necessary.

Contact Miriam Cabezas at Miriam.Cabezas@hhs.gov with any questions on this template.

Send to Michele Boutaugh at <u>michele.boutaugh@acl.hhs.gov</u> NO LATER than January 20, 2013. All forms will then be forwarded to the Office of the Assistant Secretary for Public Affairs (ASPA) at Health and Human Services by January 25th. ASPA will post reports to the PPHF website (http://www.hhs.gov/open/recordsandreports/prevention/index.html) by the end of January 2013.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient:

Aging Services Division Oklahoma Department of Human Services 2401 NW 23rd St, Ste. 40 Oklahoma City, OK 73107 DUNS: 809929904

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$253,660

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

Hired staff at both the State Unit on Aging and State Health Department. Created a Request For Proposals to be issued to a list of bidders for award in 2013. Coordinated the first lay leader training for this project to be conducted in January 2013.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Not applicable for this reporting period.

Semi-Annual PPHF Report - Oregon

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient:

Oregon Health Authority, Public Health Division DUNS: 878144021 0000 800 NE Oregon Street, Suite 730 Portland, OR 97232-2187

Reporting Period: 7/1/2012-12/31/2012

PPHF Fiscal Year Allocation: FY2012

PPHF Funding Amount: \$575,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

- Awarded competitive matching funds of \$2,500-\$5,000/year to nine Area Agencies on Aging and one Center for Independent Living to support CDSMP and Tomando Control programs in counties without regular program offerings.
- Hosted the biennial Place Matters conference (November 6-7, 2012) and began planning for the Self Management Forum (annual conference) and Training Institute (May 8-9, 2013).
- Coordinated a statewide approach to Stanford CDSMP refresher training and supported two local refresher events in areas with no master trainers.
- Oregon Office of Disability and Health program coordinator attended CDSMP master training at Stanford.
- Leveraged funds from this cooperative agreement with other CDC funds for contracts with ten local health authorities, including one federally recognized tribe, to support local self-management program delivery infrastructure.
- Established an interagency agreement between Oregon Health Authority and DHS Aging and People with Disabilities to dedicate FTE to support work under this cooperative agreement.
- Finalized the Oregon Living Well Business Plan and began hiring process for Self Management Business Strategy Specialist and Self Management Research Analyst.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Rhode Island Department of Health 3 Capitol Hill, Providence RI 02908 5034 DUNS #: 929922664

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$200,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

Worked with the Division of Elderly Affairs, YMCA of Greater Providence, State Alliance of Rhode Island YMCAs, and Providence VA Medical Center to offer Chronic Disease Self-Management workshops. Living Well Rhode Island Steering Committee and Living Well Rhode Island Coalition meetings were conducted to gather stakeholder input on program activities and planning. Living Well Rhode Island Program is integrating with other Chronic Conditions Workforce Collaborative programs to provide a single point of access into evidence-based disease and self-management programs located in the community.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: Rhode Island Division of Elderly Affairs Sub-Award Date: In Process Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$35,339 Purpose: Funds will be used to coordinate programs and referrals to chronic disease selfmanagement programs in the senior network, which includes the Aging and Disability Resource Centers, senior centers, assisted living facilities.

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Title: This is the title used in the program announcement. Do not change.

Recipient: Include the name of the prime recipient awarded grant or contract action funds, e.g., Alabama Department of Senior Services.

Reporting Period: This reporting cycle will capture funds awarded from July 2012 through December 2012. For this report, leave the dates of July 1-December 31, 2012.

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PPHF Funding Amount: Include the total first year amount of your award.

Number: This is the grant award number. Do not change.

Mechanism/Procurement Type: You received a cooperative agreement. Do not change.

CFDA Number: This is the CFDA number associated with this grant award. Do not change.

Summary of Activities: Include 2-3 sentences about key activities within this 6 month period.

Sub-Award Recipients: Includes all sub-grants, and any sub-contract action with a value of \$25K or more.

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Number: Include the prime recipient award number (HHS-2012-AOA-CS-1211)
PPHF Funding Amount: Include the amount of funding awarded.
Purpose: Include a brief summary of how funds were used by the recipient.

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Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: South Carolina Lieutenant Governor's Office on Aging Office on Aging 1301 Gervais Street Suite 350 Columbia, SC 29201-3378 DUNS: 620801295

Reporting Period: July 1 – December 31, 2012

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

PPHF Funding: \$398,399

Summary of Activities:

The SC Lieutenant Governor's Office (LGOA) and SC Department of Health & Environmental Control (DHEC) held a grantee meeting with the regional sub-grantees (aging and public health teams) to review the new grant objectives and to secure their continued commitment to expand CDSME programs. Training and discussion focused on the topics of partnership building, marketing, and growing and sustaining evidence-based programs.

The LGOA hired a new Title IIIB, Nutrition, Health and Wellness Coordinator in December who will serve as the grant manager for CDSME.

We continue to hold monthly conference calls with the regional teams. All Master Trainers have enrolled in the new (2012) CDSMP online refresher training held by Stanford. Regions have been encouraged to continue to collaborate with their local Federally Qualified Health Centers (FQHCs) and to schedule workshops for their patients.

A leader training was held for the Dorn Veterans Administration Medical Center (Dorn VA) and begining in January, the Dorn VA will offer CDSMP workshops to augment their patient

centered medical home model of care. A second leader training was held with a diverse group of partners, including Catawba Indian Nation.

Eleven sub-awards were given to partners to begin, continue or expand CDSME programs in their areas; recruit additional leaders; develop partnerships, and promote CDSME programs. Awards ranged from \$5,000 to \$16,000 in addition to those listed below.

Sub-Recipient: South Carolina Department of Health & Environmental Control Sub-Award Date: 09/01/2012 Number: CDSMP12-12 PPHF Funding: \$152,149.00 Purpose: To provide co-leadership throughout the duration of the project period; to share resources and DHEC staff and promote coordination with other self-management programs and public health initiatives; to provide assistance in CDSME program implementation in specific regions.

Sub-Recipient: University of South Carolina Sub-Award Date: 09/01/2012 Number: CDSMP12-13 PPHF Funding: \$29,459.00

Purpose: To serve as the project evaluator and communicator for all evaluation and quality assurance activities; to assess fidelity of CDSME programs during the duration of project; to develop and monitor fidelity measures and educate partners on these measures; to develop and administer participant satisfaction measures to monitor quality of programs; to monitor program, participant, and system outcomes utilizing the RE-AIM framework; to participate in nationally administered surveys.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Utah Department of Health Arthritis Program

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$300,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

The Utah Arthritis Program (UAP) received a Notice of Award from the Department of Health and Human Services Administration on Aging on September 18, 2012. Since that time the UAP has amended contracts and adjusted work plans of local health departments and area agencies on aging to include this additional funding. UAP has established a memorandum of understanding with our State Agency on Aging and has engaged in several partnership development meetings with them. Finally UAP has completed a Request for Grant Applications template which will be used in the forthcoming six month period to recruit new community-based agency and health system partners to provide self-management programs.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: Sub-Award Date: Number: PPHF Funding Amount: Purpose:

Semi-Annual PPHF Report

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Department for Aging and Rehabilitative Services, Virginia

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$574,953

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

DARS provided orientation to the grant during a conference call with state partners and local programs on October 4 and conducted statewide PRE-AIM team conference calls in November and December. Four new local programs hired coordinators and sent staff to the CDSMP/DSMP Master Training in December that was hosted by the Virginia Department of Health. The DARS Coordinator of Prevention Programs presented to the Statewide Independent Living Council in November to solicit their help in promoting CDSME to Centers for Independent Living. Existing local programs continued providing workshops and leader training. Of special note was the first workshop held in a correctional facility, in Bland County. The workshop was very well-received and the prison has asked for additional workshops.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: Appalachian Agency for Senior Citizens (AASC)

Sub-Award Date: September 1, 2012

Number: HHS-2012-AOA-CS-1211

PPHF Funding Amount: \$23,400

Purpose: To continue, expand and sustain the CDSME program in the Planning and Services Area (PSA), with special emphasis on serving rural Virginians, veterans and prison populations, and adding the Cancer Self-Management Program when approved for dissemination. AASC has committed to reach 65 completers by 8/31/13.

Sub-Award Recipient 2: District Three Senior Services Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$29,160 Purpose: To continue, expand and sustain the CDSME program in the PSA, with special emphasis on serving rural and populations, veterans and prison populations. District Three has committed to reach 81 completers by 8/31/13.

Sub-Award Recipient 3: Fairfax Area Agency on Aging Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$49,039 Purpose: To continue, expand and sustain the CDSME program in the PSA with special focus on multicultural communities and adults with disabilities. Fairfax has committed to reach 140 completers by 8/31/13.

Sub-Award Recipient 4: LOA Area Agency on Aging (LOA) Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$23,400 Purpose: To develop, implement and sustain the CDSME program in the PSA with special focus on veterans and rural populations. LOA has committed to reach 60 completers by 8/31/13.

Sub-Award Recipient 5: Peninsula Agency on Aging (PAA) Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$29,040 Purpose: To develop, implement and sustain the CDSME program in the PSA with special focus on minority populations. PAA has committed to reach 80 completers by 8/31/13.

Sub-Award Recipient 6: Rappahannock-Rapidan Community Services Board/Area Agency on Aging (Rap-Rap) Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$37,500 Purpose: To develop, implement and sustain the CDSME program in the PSA with special focus on serving rural populations. Rap-Rap has committed to reach 100 completers by 8/31/13.

Sub-Award Recipient 7: Senior Connections, The Capital Area Agency on Aging
Sub-Award Date: September 1, 2012
Number: HHS-2012-AOA-CS-1211
PPHF Funding Amount: \$42,884
Purpose: To continue, expand and sustain the CDSME program in the PSA with special

focus on serving minority and prison populations. Senior Connections has committed to reach 123 completers by 8/31/13.

Sub-Award Recipient 8: Senior Services of Southeastern Virginia (SSSEVA) Sub-Award Date: Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$60,000 Purpose: To continue, expand and sustain the CDSME program in the PSA with special focus on serving minority, tribal and prison populations. SSSEVA has committed to reach 160 completers by 8/31/13.

Sub-Award Recipient 9: Southern Area Agency on Aging Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$30,340 Purpose: To develop, implement and sustain the CDSME program in the PSA with special focus on serving rural populations. Southern AAA has committed to reach 82 completers by 8/31/13.

Sub-Award Recipient 10: Valley Program for Aging Services (VPAS) Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$125,970 Purpose: To continue, expand and sustain the CDSME program in the PSA with special focus on serving rural populations, veterans, and adults with disabilities. VPAS has committed to reach 323 completers by 8/31/13.

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: WA State Department of Social and Health Services/Aging and Disability Services Administration (ADSA)

Reporting Period: 07/01/2012-12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$399,933

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

DSHS/ADSA and Department of Health (DOH)

- Statewide Infrastructure Development-developed and finalized contracts and budgets with all AAA's and People First (all sub recipients) for year one of the grant.
- Conference calls with all sub recipients to discuss budget and work plans.
- Monthly partner meetings to discuss program management, share marketing resources, coordinate with existing CDSMP/community based prevention programs.
- Planned Master Trainer Training course February 11-15, 2013.
- Held webinar on How to Navigate the Living Well website. 20 participants attended.
- Scheduled January 31 webinar on Chronic Pain Self Management Program with presenters from AAA that has offered 3 workshops to date.
- Planned quarterly quality assurance and fidelity webinars for year one of the grant.
- Leader curriculum training updates scheduled and held statewide. Reimbursement offered by DOH.

Sub-Award Recipients

Sub-Recipient 1: Olympic Area Agency on Aging
Sub-Award Date: September 1, 2012
Number: HHS-2012-AOA-CS-1211
PPHF Funding: 38,500
Purpose: Funds were used during the first quarter for supporting Local Community
Partners, training updates for CDSMP, cross training in Pain Self-Management.
Completed three CDSMP and two Chronic Pain Self-Management workshops, and
scheduling and planning seven future workshops.

Sub-Recipient 2: Northwest Regional Council (NWRC). Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding: 33,000 Purpose: Expand and sustain CDSMP with Native American tribes located in Washington State. The NWRC established contact with tribal communities individually and with groups of tribes at gatherings, speaking about Wisdom Warriors and sharing information about successes with the program. They are planning a Kick-off meeting in late January and have invited tribes from around the state.

Sub-Recipient 3: Snohomish County Long Term Care & Aging Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding: 28,000 Purpose: Purchased a Diabetes Self-Management Program license for our agency and have scheduled 3 CDSMP workshops for 2013.

Sub-Recipient 4: Aging and Disability Services (Seattle/King County) Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding: 38,000 Purpose: Aging and Disability Services (ADS) formed the CDSMP Network of community organizations who provide CDSMP training in King County. Activities completed included strengthening and supporting the organizations to expand CDSMP trainings in King County and identify where the greatest need is. The network's first meeting was September 24, continues to meet monthly. Meetings have generated plans for Master Training updates, names of Master Trainer candidates for February 2013 MT training, identifying where future trainings are needed and a good start to system building for the county.

Sub-Recipient 5: Pierce County Aging and Long Term Care Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211

PPHF Funding: 38,000

Purpose: Initiated contract amendments with three subcontracted CDSMP providers. Scheduled Lay Leader update training Feb. 13, 2013; anticipate training 45 Lay Leaders. Workshops held in Nov/Dec. 2012 with adults with physical or cognitive disabilities. Scheduled spring workshop. Entered into contract negotiations with NCOA to set-up and implement a Better Choices, Better Health[™] online CDSMP registration webpage for Pierce County. Held training for COPES Case Managers to increase their knowledge to utilize COPES waiver authorization reimbursement for CDSMP. To date, three COPES clients were successfully referred and authorized to participate in CDSMP. Developed a COPES client referral / authorization "how-to" guide for subcontractors.

Sub-Recipient 6: Aging & Adult Services of Central WA Sub-Award Date: September 1, 2012 Number: HHS-2012-AOA-CS-1211 PPHF Funding: 38,000 Purpose: Identified three lead community partners for the three main population centers in the six-county region. Coordinated program with Family Medical Center in Okanogan, WA to provide Lay Leader Training for other community partners in Okanogan County. Developed materials to clearly delineate program goals, grant goals, and volunteer structure and requirements to use in marketing activities. Pursuing a

method for caregivers to obtain continuing education credit for attending CDSMP workshops with their client. Assist local community partners to secure contracts with other funding sources specifically with Healthy Options for Medicaid recipients and the Public Employee Benefits for state employees.

Wisconsin Semi-Annual PPHF Report July 1, 2012 to December 31, 2012

Agency: Administration on Aging, Administration for Community Living

PPHF Program: Chronic Disease Self-Management Program

Title: PPHF – 2012 – Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Program financed by 2012 Prevention and Public Health Funds (PPHF-2012)

Recipient: Wisconsin Department of Health Services, Office on Aging

Reporting Period: 7/1/2012 –12/31/2012

PPHF Fiscal Year Allocation: FY 2012

PPHF Funding Amount: \$400,000

Number: HHS-2012-AOA-CS-1211

Mechanism/Procurement Type: Cooperative Agreement

CFDA Number (if applicable): 93.734

Summary of Activities:

Continued with activities that were started in previous AoA grant awards. State coordinator has held meetings with leadership from each AAA and contract agencies to plan the specifics of implementation in each geographic area. Evidence Based Prevention Program Coordinating Committee members have been re-engaged in grant activities with updated work-plans. CDSMP and DSMP Leaders trainings for 2013 were scheduled and initial coordination activities for DSMP partnerships begun.

Sub-Award Recipient (includes sub-grants and sub-contract action):

Sub-Award Recipient 1: Greater Wisconsin Agency on Aging Resources
Sub-Award Date: September 1, 2012 to August 31, 2013
Number: HHS-2012-AOA-CS-1211
PPHF Funding Amount: \$252,452
Purpose: GWAAR serves as fiscal agent for WIHA. WIHA serves as the base for most
CDSMP program operations. GWAAR Older American Act Consultants assist with
program dissemination, quality assurance, and technical assistance for 70 GWAAR
counties.

Sub-Award Recipient 2: Milwaukee Department on Aging Sub-Award Date: September 1, 2012 to August 31, 2013 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$56,311 Purpose: Provide technical assistance and coordination for CDSMP, DSMP and Tomando leaders in Milwaukee County

Sub-Award Recipient 3: Dane County Department on Aging Sub-Award Date: September 1, 2012 to August 31, 2013 Number: HHS-2012-AOA-CS-1211 PPHF Funding Amount: \$40,977 Purpose: Provide technical assistance and coordination for CDSMP, DSMP and Tomando leaders in Dane County