

# VIRAL HEPATITIS

## **National Strategic Plan** **A Roadmap to Elimination**

for the United States | **2021–2025**



# VISION

*The United States will be a place where new viral hepatitis infections are prevented, every person knows their status, and every person with viral hepatitis has high-quality health care and treatment and lives free from stigma and discrimination.*

*This vision includes all people, regardless of age, sex, gender identity, sexual orientation, race, ethnicity, religion, disability, geographic location, or socioeconomic circumstance.*

**Acknowledgments:** The Viral Hepatitis National Strategic Plan for the United States: A Roadmap to Elimination (2021–2025) (Hepatitis Plan) was developed through a robust process that included gathering feedback from stakeholders across health care and related fields. Partners throughout the federal government, as well as input from hundreds of nonfederal stakeholders including state, tribal, territorial, and local governments, researchers, health plans and providers, community groups, and national and local organizations that work in viral hepatitis and related fields, have helped shape the goals, objectives, and strategies in this Plan. The Office of the Assistant Secretary for Health (OASH) and its Office of Infectious Disease and HIV/AIDS Policy (OIDP) of the U.S. Department of Health and Human Services (HHS) sincerely thank all those who contributed to making this Hepatitis Plan a reality.

**Language used in the Hepatitis Plan:** The Hepatitis Plan values the lived experiences and choices of all people, regardless of age, sex, gender identity, sexual orientation, race, ethnicity, religion, disability, geographic location, or socioeconomic circumstance. To reflect this vision, a concerted effort was made to use inclusive and person-first language throughout the Hepatitis Plan. Evidence-based, contemporary terminology is also used to convey respect and empowerment and to reduce stigma faced by communities and populations disproportionately impacted by these infections. Despite these efforts, specific terminology or language may be unintentionally offensive or stigmatizing to some individuals or populations. Further, language is subjective, and the meaning and use of language changes over time. This approach is intended to help the Hepatitis Plan’s users identify these societal shifts in preferred terminology and communicate in a manner that reflects its vision for a collective, inclusive, and respectful national response.

**Electronic version of document:** Additional information regarding the Hepatitis Plan and associated activities may be accessed at [www.hhs.gov/hepatitis](http://www.hhs.gov/hepatitis).

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# EXECUTIVE SUMMARY

Viral hepatitis is a serious, preventable public health threat that puts people who are infected at increased risk for liver disease, cancer, and death. The *Viral Hepatitis National Strategic Plan for the United States: A Roadmap to Elimination (2021–2025)* (Hepatitis Plan or Plan) provides a framework to eliminate viral hepatitis as a public health threat in the United States. Elimination is defined by the World Health Organization (WHO) as a 90% reduction in new chronic infections and a 65% reduction in mortality, compared to a 2015 baseline. The Hepatitis Plan focuses on hepatitis A, hepatitis B, and hepatitis C—the three most common hepatitis viruses and that have the most impact on the health of the nation. The Hepatitis Plan, which builds on three previous plans, is necessary as the nation faces unprecedented hepatitis A outbreaks, progress on preventing hepatitis B has stalled, and hepatitis C rates nearly tripled from 2011 to 2018. In 2016, it was estimated that 3.3 million Americans were living with chronic viral hepatitis: 862,000 with hepatitis B and 2.4 million with hepatitis C. Yet hepatitis A and hepatitis B are preventable by vaccines, and hepatitis C is curable in one short course of treatment. Reversing the rates of viral hepatitis, preventing new infections, and improving care and treatment require a strategic and coordinated approach by federal partners in collaboration with state and local health departments, tribal communities, community-based organizations, and other nonfederal partners and stakeholders.

The Hepatitis Plan provides goal-oriented objectives and strategies that can be implemented by a broad mix of stakeholders at all levels and across many sectors, both public and private. It serves as a mechanism to identify and leverage areas of synergy and resources and to avoid duplication of efforts across agencies. The Hepatitis Plan was developed under the direction of the Office of Infectious Disease and HIV/AIDS Policy (OIDP) in the Office of the Assistant Secretary for Health (OASH), U.S. Department of Health and Human Services (HHS), in collaboration with subject matter experts from across the federal government and with input from a wide range of stakeholders including the public.

The Plan establishes the following vision for the nation:

## VISION

*The United States will be a place where new viral hepatitis infections are prevented, every person knows their status, and every person with viral hepatitis has high-quality health care and treatment and lives free from stigma and discrimination.*

*This vision includes all people, regardless of age, sex, gender identity, sexual orientation, race, ethnicity, religion, disability, geographic location, or socioeconomic circumstance.*

This vision is accompanied by five high-level goals, which frame the Plan's more specific objectives. The order of goals and objectives does not indicate any prioritization, and many are intertwined. The five goals and their associated objectives are as follows:



### **Goal 1: Prevent New Viral Hepatitis Infections**

- 1.1 Increase awareness of viral hepatitis
- 1.2 Increase viral hepatitis vaccination uptake and vaccine development
- 1.3 Eliminate perinatal transmission of hepatitis B and hepatitis C
- 1.4 Increase viral hepatitis prevention and treatment services for people who use drugs
- 1.5 Increase the capacity of public health, health care systems, and the health workforce to prevent and manage viral hepatitis



### **Goal 2: Improve Viral Hepatitis–Related Health Outcomes of People with Viral Hepatitis**

- 2.1 Increase the proportion of people who are tested and aware of their viral hepatitis status
- 2.2 Improve the quality of care and increase the number of people with viral hepatitis who receive and continue (hepatitis B) or complete (hepatitis C) treatment, including people who use drugs and people in correctional settings
- 2.3 Increase the capacity of the public health, health care delivery, and health care workforce to effectively identify, diagnose, and provide holistic care and treatment for people with viral hepatitis
- 2.4 Support the development and uptake of new and improved diagnostic technologies, therapeutic agents, and other interventions for the identification and treatment of viral hepatitis



### **Goal 3: Reduce Viral Hepatitis–Related Disparities and Health Inequities**

- 3.1 Reduce stigma and discrimination faced by people with and at risk for viral hepatitis
- 3.2 Reduce disparities in new viral hepatitis infections, knowledge of status, and along the cascade/continuum of care
- 3.3 Expand culturally competent and linguistically appropriate viral hepatitis prevention, care, and treatment services
- 3.4 Address social determinants of health and co-occurring conditions



### **Goal 4: Improve Viral Hepatitis Surveillance and Data Usage**

- 4.1 Improve public health surveillance through data collection, case reporting, and investigation at the national, state, tribal, local, and territorial health department levels
- 4.2 Improve reporting, sharing, and use of clinical viral hepatitis data
- 4.3 Conduct routine analysis of viral hepatitis data and disseminate findings to inform public health action and the public



## Goal 5: Achieve Integrated, Coordinated Efforts That Address the Viral Hepatitis Epidemics among All Partners and Stakeholders

- 5.1 Integrate programs to address the syndemic of viral hepatitis, HIV, STIs, and substance use disorders
- 5.2 Establish and increase collaboration and coordination of viral hepatitis programs and activities across public and private stakeholders
- 5.3 Identify, evaluate, and scale up best practices through implementation and communication science research
- 5.4 Improve mechanisms to measure, monitor, evaluate, report, and disseminate progress toward achieving organizational, local, and national goals

The vision, goals, objectives, and other components of the Hepatitis Plan were developed and approved by a dedicated Steering Committee, composed of subject matter experts from across the federal government, with public comment from numerous and varied stakeholders. The Plan is designed to be accessible to a broad audience, including people working in public health, health care, government, community-based organizations, research, and academia. It serves as a roadmap for all stakeholders at all levels to guide development of policies, initiatives, and actions for viral hepatitis prevention, screening, and treatment. The Hepatitis Plan identifies disproportionately impacted populations with higher rates of hepatitis incidence, prevalence, and mortality (i.e., priority populations) so that federal agencies and other stakeholders can focus their resources to realize the greatest impact. The priority populations were identified based on national-level data. Stakeholders are encouraged to review the data for the populations they serve to help focus their efforts.

Interwoven throughout the Plan and highlighted in Goal 5 is the critical need to integrate viral hepatitis prevention, screening, diagnosis, and treatment, including breaking down operational and funding silos among HIV, sexually transmitted infections (STIs), substance use disorders, and other public health efforts. Substance use includes the use of illicit drugs and the misuse of legal substances such as alcohol and prescription drugs. This integrated approach is even more critical in light of the COVID-19 pandemic, which highlights the health inequities faced by populations disproportionately impacted by viral hepatitis and COVID-19. Approaches that address individual-, community-, and structural-level factors and inequities that contribute to these epidemics, such as stigma, social determinants of health, and health disparities, are also interwoven throughout the HIV National Strategic Plan and the STI National Strategic Plan (both of which are planned for release in fiscal year [FY] 2021). The Hepatitis Plan is designed to facilitate a whole-person health perspective and whole-of-nation response to the hepatitis epidemics in the United States and to successfully eliminate viral hepatitis as a public health threat.

The Hepatitis Plan also includes indicators for measuring progress and quantitative targets for each indicator. There are eight core indicators, some of which are then stratified to measure progress in addressing disparities in viral hepatitis (disparities indicators). Although focused on the years 2021–2025, the Hepatitis Plan includes annual targets through 2030 because it will take more than 5 years to eliminate viral hepatitis as a public health threat in this nation. To ensure implementation and accountability, a Federal Implementation Plan that documents the specific actions that federal partners will take to achieve the Hepatitis Plan's goals and objectives will be released subsequent to the Hepatitis Plan. Progress toward meeting the Plan's goals will be monitored and reported annually.

In furtherance of the Hepatitis Plan's syndemic\* and whole-of-nation approach, it was developed concurrently and in alignment with the inaugural STI National Strategic Plan and the next iteration of the HIV National Strategic Plan (both planned for release in FY2021). The Hepatitis Plan also intersects and aligns with the next iteration of the National Vaccine Plan (also planned for release in FY2021).

\* A syndemic occurs when health-related problems—such as viral hepatitis, HIV, STIs, substance use disorders, and social determinants of health—cluster by person, place, or time.



# I. INTRODUCTION

Viral hepatitis is a significant public health threat that puts people who are infected at an increased risk for serious disease and death. This *Viral Hepatitis National Strategic Plan for the United States: A Roadmap to Elimination (2021–2025)* (Hepatitis Plan or Plan) covers the most common types of viral hepatitis: hepatitis A, hepatitis B, and hepatitis C. New hepatitis A and hepatitis C infections have increased dramatically in recent years,<sup>1</sup> little progress has been made on preventing hepatitis B infections,<sup>1</sup> and, as of 2016, an estimated 3.3 million people were chronically infected with hepatitis B and hepatitis C.<sup>2,3</sup> Viral hepatitis is associated with substantial health consequences, stigma, and discrimination. It takes a large toll on individuals as well as communities, many of which are disproportionately impacted. Collectively, viral hepatitis costs people, health systems, states, and the federal government billions of dollars each year.<sup>4,5</sup>

This Hepatitis Plan is designed to provide national, state, and local, governmental and nongovernmental stakeholders with a comprehensive, data-driven approach to eliminate viral hepatitis as a public health threat by 2030. Appropriate public health interventions and sufficient resources can slow and eventually eliminate viral hepatitis, thereby preventing needless disease and loss of life and saving billions of dollars that could be redirected toward other public health needs.

## A. The Need for This Viral Hepatitis National Strategic Plan

### 1. ADVANCES AND NEED FOR ADDITIONAL PROGRESS

Effective clinical interventions have reduced morbidity and mortality associated with viral hepatitis. These interventions include safe and effective hepatitis A and hepatitis B vaccines, accurate diagnostic tests that can detect hepatitis B and hepatitis C infections years before symptoms develop, hepatitis B therapeutics that greatly lower the risk of mortality, and hepatitis C therapeutics, such as direct-acting antiviral (DAA) therapies, which can cure hepatitis C infections with an efficacy rate of greater than 95%.<sup>6</sup> Despite the availability of these tools, new or acute viral hepatitis infections have increased in recent years. From 2014 to 2018, the rate of new hepatitis A cases increased by 850%, the rate of hepatitis B cases increased by 11%, and the rate of acute hepatitis C cases increased by 71%.<sup>1</sup> As of 2016, nearly 3.3 million people in the United States were living with chronic viral hepatitis—an estimated 862,000 with hepatitis B<sup>3</sup> and 2.4 million with hepatitis C.<sup>2</sup>

Surveillance data collected by the Centers for Disease Control and Prevention (CDC) reveal the following trends:

- **Hepatitis A:** The hepatitis A incidence rate decreased by greater than 95% from 1996 to 2011.<sup>7</sup> Hepatitis A is preventable by a safe and effective vaccine. However, the rate of new cases increased by 850% from 2014 (0.4 cases per 100,000) to 2018 (3.8 cases per 100,000) primarily because of large person-to-person outbreaks among people who use drugs and people experiencing homelessness.<sup>1</sup>
- **Hepatitis B:** Despite the availability of a safe and effective vaccine, the rate of acute hepatitis B cases increased 11% from 2014 (0.9 per 100,000) to 2018 (1.0 per 100,000). The rate of infection increased even more dramatically in states hardest hit by the opioid crisis.<sup>1,8</sup> Injection drug use (IDU) and sexual transmission are risk factors associated with rising acute hepatitis B cases in the United States.<sup>1</sup>
- **Hepatitis C:** The rate of acute hepatitis C cases increased 71% from 2014 (0.7 per 100,000) to 2018 (1.2 per 100,000), with two-thirds of cases occurring among persons aged 20–39 years, the age group most impacted by the opioid crisis.<sup>1</sup>

All three hepatitis infections disproportionately impact certain populations, many of which experience other significant health and social inequities. The escalation of hepatitis B and hepatitis C infections is correlated with an increase in substance use disorder (SUD) and IDU.<sup>8,9</sup>

## 2. PREVIOUS VIRAL HEPATITIS PLANS

The year 2020 marks the 10th year of implementing prior iterations of a national viral hepatitis strategic plan. The first two plans, *Combating the Silent Epidemic of Viral Hepatitis: Action Plan for the Prevention, Care & Treatment of Viral Hepatitis* (covering 2011–2013)<sup>10</sup> and *Action Plan for the Prevention, Care, & Treatment of Viral Hepatitis* (covering 2014–2016)<sup>11</sup> addressed all viral hepatitis types (A, B, C, D, and E), were directed only toward federal partners, and laid the foundation for collaboration across agencies. The third plan, *National Viral Hepatitis Action Plan 2017-2020*,<sup>12</sup> was directed to all stakeholders in recognition that a broad range of support and commitment is required to reduce viral hepatitis and its impact. Its focus on four goals and hepatitis A, B, and C was intended to make it easier for stakeholders to tailor actions according to their own purview. It expanded the metrics used to track progress on achieving its goals and set quantitative targets that would lower but not eliminate viral hepatitis as a public health threat in this nation.

The 2017–2020 strategic plan presented 17 indicators with targets for 2020 to monitor progress toward eliminating viral hepatitis. (That plan did not include indicators for hepatitis A.) According to 2017 data, the nation has improved efforts to manage and treat people with hepatitis B and hepatitis C for the population overall, African Americans or Blacks,<sup>†</sup> and people over age 45 years with hepatitis B (see Table 1). However, increased efforts to implement available prevention tools and clinical services for hepatitis B and hepatitis C infections are needed. Poor quality and a paucity of data continue to impede effective viral hepatitis efforts, and data challenges need to be addressed.

**Table 1.** Progress on National Viral Hepatitis Action Plan (NVHAP) 2017-2020 Indicators, 2017<sup>a,b</sup>

| On track to achieve 2020 target  | Trending in the right direction  | Not on track to achieve 2020 target  |
|--|--|--|
| <ul style="list-style-type: none"> <li>• HBV-related deaths</li> <li>• HCV-related deaths</li> <li>• HCV-related deaths among African Americans</li> </ul> | <ul style="list-style-type: none"> <li>• Hepatitis B vaccine birth dose</li> <li>• Hepatitis B vaccination among health care personnel</li> <li>• HBV-related deaths among African Americans</li> <li>• HBV-related deaths among people over age 45 years</li> </ul> | <ul style="list-style-type: none"> <li>• New HBV infections</li> <li>• New HCV infections</li> <li>• New HBV infections among people aged 30–49 years</li> <li>• HBV-related deaths among AA/PI</li> <li>• New HCV infections among people aged 20–39 years</li> <li>• New HCV infections among AI/AN</li> </ul> |

<sup>a</sup> AA/PI = Asian American/Pacific Islander; AI/AN = American Indian/Alaska Native; HBV = hepatitis B virus; HCV = hepatitis C virus. The NVHAP indicator uses AA/PI, although the surveillance data refer to Asian/Pacific Islander.

<sup>b</sup> Indicators from the NVHAP are monitored in annual progress reports. The progress in this table is from the [2017 Viral Hepatitis Action Plan Progress Report](#).

## B. Challenges and Opportunities

The lack of progress in several areas in recent years indicates that many challenges to eliminating viral hepatitis remain. The challenges provide a framework for identifying opportunities to improve the nation’s

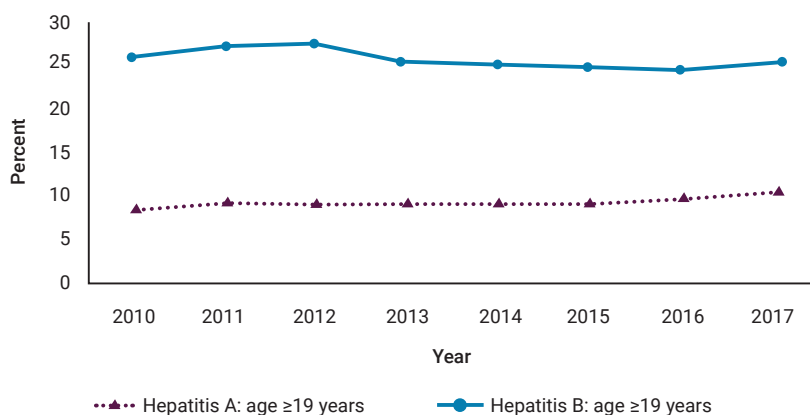
<sup>†</sup> In this document, Blacks will be used to refer to African Americans and/or non-Hispanic Blacks.

viral hepatitis prevention, screening, and treatment efforts. Major challenges include missed opportunities for prevention through vaccination; lack of awareness of infection; testing and diagnostic limitations; barriers to treatment; limited data; and the intertwined nature of hepatitis and other co-existing morbidities such as STIs, HIV, and SUDs. Substance use includes the use of illicit drugs and the misuse of legal substances such as alcohol and prescription drugs. Successful efforts to address viral hepatitis must also address stigma, discrimination, and social determinants of health, all of which can act as barriers to prevention, screening, and treatment.

## 1. PREVENTION THROUGH VACCINATION

Safe and effective vaccines to prevent hepatitis A and hepatitis B are available.<sup>13</sup> Infants and children are recommended to be routinely vaccinated for both hepatitis A and hepatitis B, and childhood vaccination efforts have resulted in relatively high rates of coverage.<sup>14</sup> However, in 2017, 26% of infants did not receive the recommended hepatitis B vaccine at birth, and 40% of children aged 19–35 months did not receive the recommended two doses of hepatitis A vaccine.<sup>15</sup> Of children born in 2015–2016, 87% completed the three-dose hepatitis B vaccination series by 13 months and 90% completed the series by 19 months.<sup>16</sup> The WHO 2020 elimination target is 90% coverage by 13 months. The United States has room for improvement in timely age-appropriate hepatitis B vaccination. Stronger language from the Advisory Committee on Immunization Practices (ACIP) in 2018 recommended universal hepatitis B vaccination of infants within 24 hours of birth.<sup>14</sup> The updated ACIP guidance also aligns with WHO recommendations for timely birth dose to reach elimination targets. Updated hepatitis A vaccination recommendations from ACIP in 2020 included some additional high-risk groups (such as people experiencing homelessness and people with HIV) plus vaccination of all children and adolescents aged 2–18 years who have not previously received the hepatitis A vaccine (i.e., children and adolescents are recommended for catch-up vaccination).<sup>17</sup> In addition, paying greater attention to vaccine hesitancy can improve hepatitis A and hepatitis B vaccination rates among children.

More than one-half of new hepatitis A and acute hepatitis B infections in 2018 were among persons aged 30–49 years, who were born before infant vaccination was recommended.<sup>1</sup> Approximately 10% and 25% of adults aged  $\geq 19$  years have been vaccinated against hepatitis A and hepatitis B, respectively (see Figure 1).<sup>18</sup> The adult populations recommended to receive vaccination against viral hepatitis overlap with those recommended for other infectious disease screening and prevention efforts. Thus, implementing adult vaccinations in settings where people with risk factors receive other services, such as homeless services organizations, HIV and STI clinics, SUD programs, refugee health centers, and correctional settings, would improve vaccination rates and prevent hepatitis A and hepatitis B infections.



**Figure 1.** Estimated proportion of adults aged  $\geq 19$  years who received hepatitis A and hepatitis B vaccination—National Health Interview Survey, United States, 2010–2017<sup>19</sup>

## 2. AWARENESS OF STATUS AND INNOVATIONS IN TESTING INCLUDING DIAGNOSTICS

Utilizing data from 2013 to 2016, only 32% of people living with hepatitis B and 60% of people living with hepatitis C are aware of their status; this is likely because hepatitis B and hepatitis C often do not cause symptoms.<sup>2,20,21</sup> When symptoms appear, cirrhosis, liver failure, or liver cancer may have already occurred. Because of the lack of symptoms, it is important for medical providers to screen for viral hepatitis before liver damage occurs. CDC recommends hepatitis B and hepatitis C screening for all pregnant women during each pregnancy, hepatitis B risk-based testing for all other adults, and hepatitis C testing at least once for all adults aged 18 years and older and regularly for people with known risk factors.<sup>22,23</sup> In 2020, the U.S. Preventive Services Task Force (USPSTF) issued a Grade B recommendation that all adults aged 18–79 years be screened for hepatitis C, which will result in hepatitis C screening without cost-sharing for most people with Medicare, Medicaid, or private health insurance.<sup>24</sup> These updated screening recommendations should result in greater numbers of adults being diagnosed with hepatitis C. However, these screening recommendations will only reach people engaged in the health care system.

New strategies are needed to avoid missed opportunities to screen people in care, reach people outside of care, and improve linkage to viral hepatitis care. Implementing point-of-care (POC) testing in outreach settings, utilizing clinical decision support tools, and increasing provider awareness and training for implementing testing recommendations would improve diagnoses and awareness. Innovative diagnostics that enable rapid and home-based testing and allow providers to diagnose and initiate treatment in one visit would support improvements along the cascade of care.

During 2020, disruptions caused by the COVID-19 pandemic further highlight the need for improved innovations in viral hepatitis testing. A reduction in clinical services has in turn caused a reduction in viral hepatitis testing. Tests that do not require a blood draw, such as those that collect oral fluid or other noninvasive specimens, would support expansion of testing.

## 3. TREATMENT

Safe and effective treatments are available for hepatitis B and hepatitis C, but hepatitis B treatment is not curative. There are barriers to accessing care and, for people engaged in care, there are barriers to receiving hepatitis B and hepatitis C treatment. These barriers stem from long-standing and unaddressed structural factors in our health care system and other social determinants of health. Increased prioritization of treating people with viral hepatitis supported by expansion of clinical training and referral networks will greatly advance progress toward elimination goals.

Taking lessons learned from HIV, treatment for hepatitis B and hepatitis C could be powerful prevention tools (treatment as prevention). Current hepatitis B therapy can reduce hepatitis B viral load, lowering the risk of transmission. However, treatment may be required for life, have high costs, and require ongoing disease monitoring. Even with treatment, there is still a risk for developing cirrhosis and liver cancer. Developing curative treatment for hepatitis B would improve the health of people with chronic hepatitis B and save the health care system significant costs. Since 2013, safe and effective oral treatments (i.e., DAA) have cured hepatitis C in one course of 8 to 12 weeks in greater than 95% of infected people, preventing liver disease and liver cancer.<sup>6</sup> People who are treated and cured of hepatitis C cannot transmit the infection to others. The majority of new hepatitis C infections are transmitted through sharing IDU equipment.<sup>1</sup> The main barriers to treatment as prevention are stigma and the high price of treatment. Research shows that re-infection is rare among people who inject drugs who are treated and cured.<sup>25</sup> This finding makes expansion of hepatitis C treatment as prevention a critical component of elimination efforts and underscores the need to continue to reduce the price of DAAs so that cost is no longer a barrier to treatment.

## 4. LIMITED DATA

A dearth of accurate and timely data impedes our ability to understand the disease burden; identify trends in sociodemographic characteristics, risk factors, and geographic areas; and focus resources in communities and settings where they can be most effective. Without these fundamental data, monitoring of national trends and development of responsive strategies is challenging. Further, our ability to monitor and identify gaps in existing interventions, evaluate the impact of interventions, and scale up successful interventions is constrained. The need to improve viral hepatitis data spans public health, behavioral health, public and private health systems, health insurers, correctional programs, therapeutic and device manufacturers, and academic and research programs and will require innovation, collaboration, and ongoing dissemination of best practice policies and guidance.

## 5. HEALTH DISPARITIES, STIGMA, AND THE ROLE OF SOCIAL DETERMINANTS OF HEALTH

Health disparities contribute to the persistence of viral hepatitis as a lingering public health concern. Reaching the goals of this Plan will require focused efforts on populations that are disproportionately impacted.

Social determinants of health—the social and economic conditions that influence the health of individuals and communities—also contribute to the viral hepatitis epidemic and the unequal burden of viral hepatitis in the United States. Language, cultural barriers, stigma, discrimination, racism, intimate partner violence, and the quality of health care can be compounded by lack of income, employment and education, unstable housing, and community infrastructure. These factors are barriers to people getting educated, tested, or vaccinated for viral hepatitis and contribute to various public health threats, including viral hepatitis, HIV, STIs, and SUDs, particularly in underserved populations. Even when people can access services, they may face discrimination in the health care setting, have concerns about privacy and confidentiality, or mistrust health care providers. Stigma and discrimination may cause people to avoid testing and treatment and fear disclosing their status to health care providers, friends, family members, and colleagues. This can lead to worsening health outcomes and further viral hepatitis transmission.

### *A Focus on Health Inequities*

Certain racial and ethnic minority groups, such as non-Hispanic Blacks and AI/AN, have higher rates of viral hepatitis incidence, prevalence, and mortality, compared with rates for non-Hispanic whites.<sup>1</sup> The COVID-19 pandemic has further exposed the health disparities and health inequities faced by people of color. Health disparities can stem from inequities in the social determinants of health and highlight the need to focus not only on viral hepatitis prevention and care efforts, but also on how programs, practices, and policies affect communities of color. Racial and ethnic minority groups are more likely to be uninsured compared to non-Hispanic whites,<sup>26</sup> limiting their access to health care. Barriers to health care access include lack of transportation and childcare, inability to take time off from work, unstable housing, communication and language barriers, racism, discrimination, and lack of trust in health care providers.<sup>27</sup>

In addition, sexual and gender minority (SGM) populations are at increased risk for viral hepatitis. SGM populations also face health disparities.<sup>28,29,30,31,32</sup> Barriers to health care include stigma, discrimination, medical mistrust, and lack of access to affirming mental health care.<sup>33</sup>

The Hepatitis Plan recognizes the importance of addressing social determinants of health to improve health outcomes for racial, ethnic, and SGM populations. By working to establish policies and programs that positively influence social and economic conditions and by supporting changes in individual behavior, health can be improved and sustained and disparities reduced. Improving the conditions in which we live, learn, work, and play and the quality of our relationships will create a healthier population, society, and workforce.<sup>34</sup> Application of a “health in all policies” strategy, a cross-sector collaborative approach to integrating health into policies and programs,<sup>35,36</sup> can be implemented across all areas and levels of government to foster achievement of these aims and to close the health gaps.

## 6. VIRAL HEPATITIS, HIV, STIs, AND SUBSTANCE USE DISORDERS—HOLISTIC APPROACH TO THE SYNDemic

Viral hepatitis is one of several public health threats that interact synergistically, that is, a syndemic. For purposes of the Hepatitis Plan, as well as the HIV Plan and the STI Plan (both are also planned to be released in FY2021), the syndemic includes SUDs, STIs, and HIV.<sup>37</sup> The syndemic also intersects with mental health, stigma, and social determinants of health, creating a complex, multifactorial environment in which the Hepatitis Plan must be implemented.<sup>38</sup> The ability to provide people affected by the syndemic with needed services is often limited by the social determinants of health. A recent report from the National Academies of Sciences, Engineering, and Medicine (NASEM) recommended a holistic approach to addressing each individual's health through greater integration and coordination of programs across the syndemic.<sup>39</sup> A syndemic approach can take the form of providing multiple services at the same location, cross-training staff, and/or providing linkage to care and patient navigation services across programs to eliminate duplication of efforts and best meet patients' needs. The syndemic approach will improve individual outcomes and ultimately increase our ability to reach the targets set forth in this strategic plan.

A **syndemic** is a set of linked health problems that interact synergistically and contribute to excess burden of disease in a population.

A syndemic occurs when health-related problems cluster by person, place, or time.

A prominent syndemic for this Hepatitis Plan involves viral hepatitis, STIs, HIV, and substance use disorders.

Social determinants of health and stigma also play a significant role in this syndemic.

The Hepatitis Plan responds to these and additional challenges in each of the goal areas and presents emerging and evidence-based strategies that stakeholders can use that are most likely to contribute toward achieving national goals to eliminate the public health threat of viral hepatitis.

### **COVID-19 and the Syndemic**

This Plan is being released during an unprecedented pandemic. In early 2020, SARS-CoV-2, the coronavirus that causes COVID-19 disease, spread rapidly across the globe and our nation, infecting millions, claiming the lives of hundreds of thousands of people, and causing great uncertainty including for people at risk for viral hepatitis, HIV, and STIs. There are still many unknowns for people with liver disease. However, people with underlying medical conditions, including people with chronic liver disease such as hepatitis B and hepatitis C, may be at increased risk for severe illness from COVID-19.<sup>40</sup>

The pandemic has exacerbated existing challenges in the nation's public health care system, further exposing decades, if not centuries, of health inequities and its impact on social determinants of health. In addition, clinical services have been limited as a result of the pandemic due to social distancing, and many staff have been understandably redeployed to address the public health emergency or are unemployed, having been personally impacted by the COVID-19 pandemic. The pandemic has impacted viral hepatitis screening, diagnosis, vaccination, treatment initiation, and retention in care.<sup>41</sup> Many of the populations and communities disproportionately impacted by viral hepatitis, HIV, and STIs are particularly vulnerable to the service disruptions and the economic consequences of the pandemic, including unemployment, housing and food insecurity, and obstacles to practicing safe social distancing.

As the nation responds to the pandemic while working to maintain viral hepatitis, HIV, and STI prevention, screening, and care, innovative approaches have evolved to continue providing services. For example, approaches include meeting with clients via telemedicine, distributing self-testing and home specimen collection kits, offering multi-month medication refills, partnering with pharmacies and retail health clinics to ensure continuity of care, improving public health surveillance data, increasing contact tracing capacity, and

streamlining diagnostic premarket review processes. Some of these adaptations may also prove to be more sustainable and effective in achieving our national goals for elimination of viral hepatitis as a public health threat. However, it should be acknowledged that these innovative approaches to health care delivery have largely been to address patients already engaged in care, possibly widening gaps in access to health care. It will require dedicated effort and resources to ensure that these advances are accessible to people with viral hepatitis, particularly those in vulnerable populations.

The nation's understanding of COVID-19 will continue to evolve as effective therapeutics and vaccines are developed and implemented. The ways in which the COVID-19 pandemic will influence our responses to viral hepatitis, HIV, and STIs in the future are unknown. However, viral hepatitis, HIV, and STI stakeholders remain committed to addressing the public health syndemic. The nation's evolving response will require ongoing innovation and identification of opportunities to integrate and leverage resources and lessons learned that advance efforts to address infectious diseases that threaten public health.

## C. Scope, Approach, and Development of the Hepatitis Plan

There are five hepatitis viruses (A, B, C, D, E) that affect the liver. However, the Hepatitis Plan focuses on hepatitis A, hepatitis B, and hepatitis C—the hepatitis viruses that most significantly affect the health of the nation. It is an elimination plan, with the overarching goal of eliminating hepatitis as a public health threat in the United States by 2030. A 2017 report by NASEM found that elimination of hepatitis B and hepatitis C in the United States by 2030 is possible if we commit to funding and implementing strategic actions.<sup>39</sup>

The Hepatitis Plan is intended to serve as a roadmap for federal and other stakeholders to eliminate hepatitis in this nation. It was developed by subject matter experts across the federal government with input from a variety of stakeholders as well as the public. The Plan presents a strategic framework for integrating and leveraging synergistic policies, programs, and resources. It sets forth a vision and five goals for the nation, with objectives and strategies for each goal. A new goal focuses on improving viral hepatitis surveillance and data collection to highlight the current gaps in, but critical role of, data in identifying areas of greatest need and measuring progress. The order in which the goals, objectives, strategies, and indicators are presented is not associated with any prioritization. The objectives and strategies offered in this Plan are intertwined and overlapping and may be used to make progress toward more than one goal. Because viral hepatitis disproportionately affects certain demographic groups, the Plan also identifies priority populations (i.e., those populations most impacted by viral hepatitis based on national data) to guide national efforts and funding to realize the highest impact on reducing viral hepatitis.

The Plan also identifies indicators to track progress toward each goal and quantitative targets for each indicator. Although this is a 5-year plan, it sets 10-year quantitative targets for each indicator—aligning with global WHO elimination efforts and reflecting the reality that it will take more than 5 years to eliminate viral hepatitis as a public health threat.

These components—vision, goals, objectives, strategies, priority populations, indicators, and 5- and 10-year targets—are set forth in Section III of this Plan. The methodology for developing the Hepatitis Plan, including stakeholder input, is explained in Appendix A; the baseline measures and annual targets for each indicator are set forth in Appendix B.

Utilizing a whole-of-nation approach, the Hepatitis Plan requires the active participation of national, state, local, and tribal health departments and organizations, health plans and health care providers, community-based and faith-based organizations, scientists, researchers, and the public in this effort. The priority populations, indicators, and quantitative targets, especially the methods used to determine them, are intended to help focus efforts and limited resources to realize the most impact. Stakeholders are encouraged to focus on activities that resonate the most with the needs of the populations they serve and the services they provide and, using

this national Plan as a framework, to develop their own plans to address and eliminate viral hepatitis and improve the health of their communities, states, tribal nations, and the country.

The Hepatitis Plan emphasizes viral hepatitis as part of a syndemic. An integrated approach to hepatitis and related public health challenges will reduce fragmented care and ultimately reduce viral hepatitis infection rates. This Plan lays a roadmap to integrate prevention, screening, and linkage to care for all components of the syndemic, so that we can meet people where they are with no wrong point of entry to health care and related systems. This approach is especially important for people in at-risk settings and circumstances, such as people experiencing homelessness, people with a SUD, and people in correctional systems, for whom system-wide solutions pose additional and unique challenges.

Recognizing the critical need for a syndemic approach, the Hepatitis Plan was developed concurrently and is aligned with the next iteration of the HIV Plan and the first-ever STI Plan, both planned for release in FY2021. The next iteration of the National Vaccine Plan, also scheduled for release in FY2021, will support and enhance the elements of these three plans that focus on developing vaccines as an effective approach to preventing infection. The Plan is also aligned with the 2017 *Strategy to Combat Opioid Abuse, Use, and Overdose* (Opioid Plan),<sup>42</sup> as well as the *Ending the HIV Epidemic: A Plan for America* (EHE) initiative, which aims to reduce new HIV infections by 90% by 2030. Collectively, these plans articulate an integrated set of strategies for prioritizing activities across public health to avoid duplication of effort and achieve the greatest impact on this syndemic.



## II. VIRAL HEPATITIS SNAPSHOT

This section provides a high-level snapshot of hepatitis A, hepatitis B, and hepatitis C. Data in this Overview are from CDC's 2018 Surveillance Report,<sup>1</sup> unless otherwise noted. Additional information and updates regarding each virus, including prevention, screening, and treatment recommendations may be found on CDC's website. Information specific to priority populations (populations disproportionately impacted) and additional populations at higher risk for infection can be found in Section III.D below. The methodology for priority population selection is described in Appendix A.



### BOX 1

### VIRAL HEPATITIS SURVEILLANCE AND FACT SHEETS

CDC's [Viral Hepatitis Surveillance 2018](#) report presents statistics and trends for reportable hepatitis infections in the United States through 2018. Additional data about hepatitis A, hepatitis B, and hepatitis C, including vaccination, screening, and treatment guidelines, are available in documents prepared by CDC:

[Hepatitis A Questions and Answers for Health Professionals](#)

[Hepatitis B Questions and Answers for Health Professionals](#)

[Hepatitis C Questions and Answers for Health Professionals](#)

# A. Hepatitis A

## BOX 2 HEPATITIS A

- Vaccine preventable; no specific treatment is available
- Acute illness is mild to severe, sometimes leading to hospitalization and death due to liver failure
- Transmitted through fecal or oral route



### Epidemiological Facts



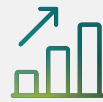
**12,474 REPORTED ACUTE CASES**  
(2018)



**95% DECREASE** in rate of new infections (1996–2011)



**24,900 ESTIMATED ACUTE INFECTIONS**  
(2018)



**850% INCREASE** in rate of new infections due to multistate outbreaks (2014–2018)



**OUTBREAKS IN 33 STATES**  
(Aug 2016–Aug 2020)

61% of cases resulted in hospitalization

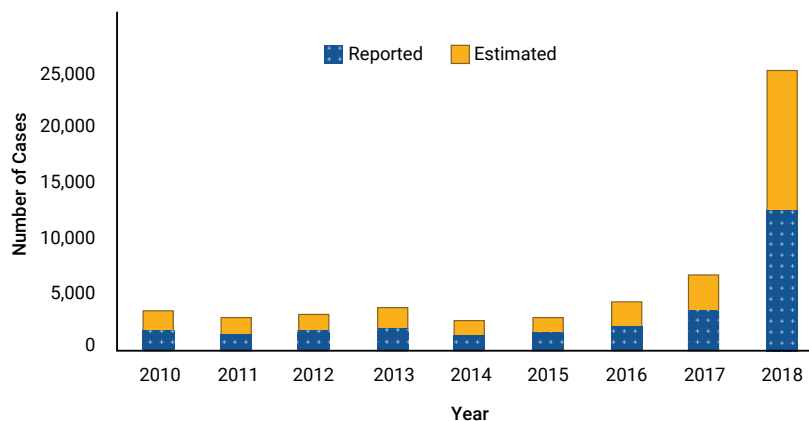
### Populations Disproportionately Impacted

- People who use drugs
- People experiencing homelessness

### Current Challenges

- Person-to-person outbreaks among people who use drugs and people experiencing homelessness
- Insufficient vaccination of adults at risk

Sources: CDC<sup>1,43</sup>, Murphy et al.<sup>7</sup>



**Figure 2.** Reported and estimated number of hepatitis A cases—United States, 2010–2018<sup>1</sup>

## B. Hepatitis B

### BOX 3 HEPATITIS B

- Vaccine preventable; treatment controls but does not cure infection
- Acute illness may be asymptomatic, mild illness, or fulminant hepatitis
- Chronic illness may result in cirrhosis, liver cancer, and premature death
- Transmitted through contact with infectious blood, semen, or other body fluids and perinatally



#### Epidemiological Facts



**ESTIMATED 862,000** (95% confidence interval [CI], 668,000–1,056,000) people living with hepatitis B (2016)



**11% INCREASE** in rate of acute cases (2014–2018)



**3,322 REPORTED ACUTE CASES** (2018)



**MORE THAN ONE-HALF OF ACUTE HEPATITIS B CASES** (2018) were among persons aged 30–49 years and were due to low vaccination rates and the opioid crisis



**21,600 ESTIMATED ACUTE INFECTIONS** (2018)



**UP TO 70% OF CHRONIC HEPATITIS B INFECTIONS** in the United States are among non-U.S.-born populations, with the highest prevalence among people from Asia (58%) and Africa (12%)

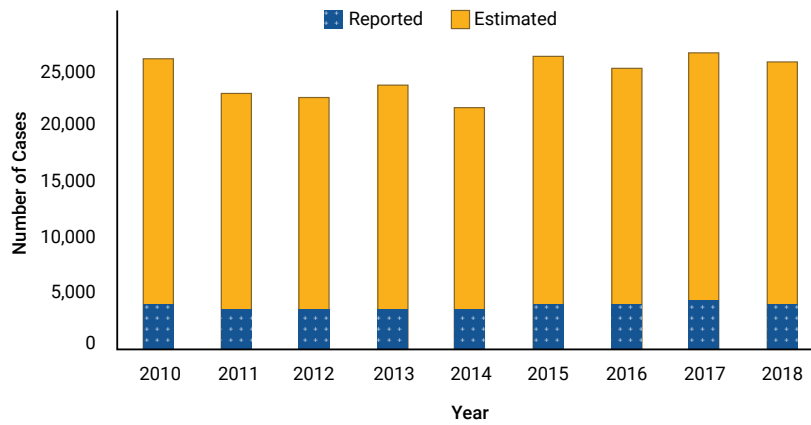
#### Populations Disproportionately Impacted

- Acute
  - » People who inject drugs
- Chronic/Mortality
  - » Asian and Pacific Islander
  - » Black, non-Hispanic

#### Current Challenges

- Acute
  - » Injection drug use
  - » Low adult vaccination rates
- Chronic
  - » Perinatal transmission
  - » Lack of awareness of infection
  - » Testing and linkage to care
  - » Price of treatment
  - » No curative treatment

Sources: CDC<sup>44</sup>, Patel et al.<sup>3</sup>, Kowdley et al.<sup>45</sup>



**Figure 3.** Reported and estimated number of acute hepatitis B cases—United States, 2010–2018<sup>1</sup>

## C. Hepatitis C

### BOX 4 HEPATITIS C

- No vaccine is available; one 8- to 12-week course of treatment cures most people
- Acute illness is often asymptomatic or shows nonspecific symptoms
- Chronic illness may result in cirrhosis, liver cancer, and premature death
- Transmitted through contact with infectious blood or body fluids and perinatally



#### Epidemiological Facts



**ESTIMATED 2.4 MILLION**  
(95% CI, 2.0–2.8 million) people  
living with hepatitis C (2016)



**71% INCREASE** in rate of acute  
cases (2014–2018)



**3,621 REPORTED ACUTE  
CASES** (2018)



**INCREASES IN ACUTE HEPATITIS C  
INFECTIONS** were most often among  
young people (aged 20–29 and 30–39  
years) (2018)



**50,300 ESTIMATED ACUTE  
INFECTIONS** (2018)



**OF NEWLY REPORTED CHRONIC  
INFECTIONS**, 36% among people born  
1981–1996 and 36% among people  
born 1945–1965 (2018)

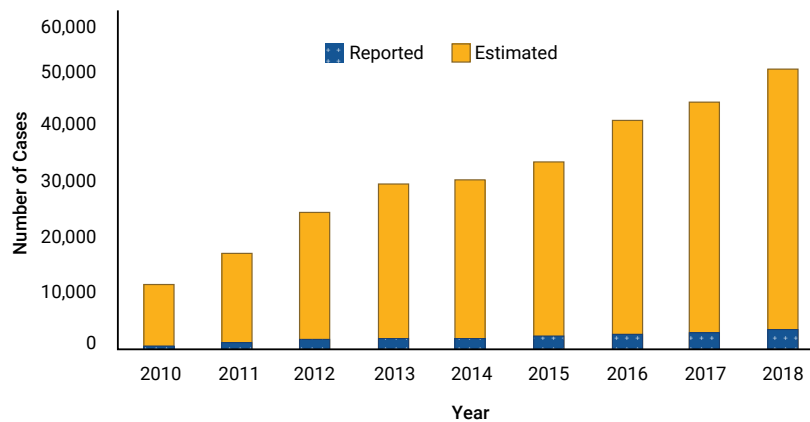
### Populations Disproportionately Impacted

- American Indian/Alaskan Native
- Black, non-Hispanic
- People who inject drugs
- People with HIV
- People born from 1945 to 1965

### Current Challenges

- Injection drug use
- Perinatal transmission
- No available vaccine
- Lack of awareness of infection
- Testing and linkage to care
- Price of and access to treatment

Sources: CDC<sup>1,46</sup>, Hofmeister et al.<sup>2</sup>



**Figure 4.** Reported and estimated number of acute hepatitis C cases—United States, 2010–2018<sup>1</sup>

# III. VIRAL HEPATITIS NATIONAL STRATEGIC PLAN

The vision, goals, objectives, and strategies (Sections III.A, B, and C) set forth in the Hepatitis Plan are designed to prevent, treat, and eliminate hepatitis A, hepatitis B, and hepatitis C as public health epidemics. Disproportionately impacted populations (Section III.D) were identified using national-level data to provide stakeholders with a method to focus limited resources for the greatest impact. Indicators and quantitative targets (Section III.E and Appendix B) will help measure progress toward eliminating this public health epidemic. The goals, objectives, and strategies are cross-cutting; their delineation and placement are not intended to limit their applicability to other aspects of addressing viral hepatitis. The order within the goals, objectives, strategies, priority populations, and indicators do not indicate any prioritization among them. The methodology for developing the components of the Hepatitis Plan is described in Appendix A.

## A. Vision

The United States will be a place where new viral hepatitis infections are prevented, every person knows their status, and every person with viral hepatitis has high-quality health care and treatment and lives free from stigma and discrimination.

This vision includes all people, regardless of age, sex, gender identity, sexual orientation, race, ethnicity, religion, disability, geographical location, or socioeconomic circumstance.

## B. Goals

In pursuit of this vision, the Hepatitis Plan establishes five goals:



**1. Prevent new viral hepatitis infections**



**2. Improve viral hepatitis–related health outcomes of people with viral hepatitis**



**3. Reduce viral hepatitis–related disparities and health inequities**



**4. Improve viral hepatitis surveillance and data usage**



**5. Achieve integrated, coordinated efforts that address the viral hepatitis epidemics among all partners and stakeholders**

## C. Objectives and Strategies

The Hepatitis Plan sets forth objectives for each goal, and strategies for each objective. These objectives and strategies will help to guide federal partners and other stakeholders in achieving the goals of this Plan. The objectives for each goal set an overarching directional course. The strategies specify approaches or methods to help achieve the objectives. (See Table 2 for definitions.) Numerous objectives and strategies could fit under more than one goal. However, each has been placed under the goal in which it most closely fits. A separate Viral Hepatitis Federal Implementation Plan (to be released subsequent to the Plan) will set forth federal partners' plans and activities (within each of their purview) to implement the Plan's goals, objectives, and strategies.

**Table 2.** Definitions Included in the Hepatitis Plan<sup>a</sup>

| Hepatitis Plan  | Federal Implementation Plan   |
|---|---|
| <p><b>Goals:</b><br/>Broad aspirations that enable a plan's vision to be realized</p> <p><b>Objectives:</b><br/>Changes, outcomes, and impact a plan is trying to achieve</p> <p><b>Strategies:</b><br/>Choices about how to best accomplish objectives</p> | <p><b>Action Steps:</b><br/>Specific activities that will be performed to implement the strategies and achieve the goals of the Plan</p> <p><b>Progress Reports:</b><br/>Reports on progress, successes, and challenges</p> |

<sup>a</sup> Adapted from the HHS Office of the Assistant Secretary for Planning and Evaluation.



### GOAL 1: PREVENT NEW VIRAL HEPATITIS INFECTIONS

Goal 1 objectives and strategies describe effective ways to provide key prevention services. Public awareness of viral hepatitis and provider awareness and training on prevention strategies are critical to decreasing the incidence of viral hepatitis. Public education and awareness can decrease stigma and discrimination, motivate people to minimize risky behaviors, and increase preventive activities such as requesting vaccination. Health care providers can recommend and provide vaccination and screening as well as prevention counseling and referral for additional health care services. A recommendation from a trusted health care provider increases the likelihood of patient acceptance and compliance.<sup>47, 48</sup>

Safe and effective hepatitis A and hepatitis B vaccines are available and are extremely effective but underutilized prevention tools. Almost all children are universally recommended to receive hepatitis B vaccine at birth and the hepatitis A vaccine beginning at age 1 year.<sup>49</sup> To improve uptake of the birth dose, the Hepatitis Plan recommends utilization of hospital quality metrics and increased provider training to address vaccine hesitancy.

CDC recommends hepatitis A vaccination for adults including men who have sex with men (MSM), people who inject drugs, people who use substances, people experiencing homelessness, and people with HIV.<sup>17</sup> CDC recommends hepatitis B vaccination for adults at risk for hepatitis B virus (HBV) infection, as well as for adults requesting protection from hepatitis B without acknowledgment of a specific risk factor.<sup>50</sup> People at risk for HBV infection include sex partners or household contacts of people who are HBsAg-positive, MSM, and people who inject drugs. Pregnant women who are at risk of HBV should be vaccinated.

To address low vaccination rates among adults, the Hepatitis Plan recommends increased opportunities for vaccination in a broad range of clinical and nonclinical community-based settings, including in high-risk settings. High-risk settings might include treatment and harm reduction sites for people who inject drugs or use substances; treatment sites for HIV, STIs, and hepatitis C; correctional facilities; institutions and nonresidential day care facilities for developmentally disabled persons; sites that serve people who are experiencing homelessness; and refugee health clinics, among others.<sup>50</sup> The Hepatitis Plan also recommends addressing financial and system barriers to vaccination.

Comprehensive, community-based prevention services such as syringe services programs (SSPs)<sup>‡</sup> and opioid use disorder (OUD) treatment, including medications for OUD, together can prevent approximately 75% of hepatitis C infections.<sup>51</sup> SUD treatment programs and comprehensive SSPs can be leveraged to provide prevention education and services such as hepatitis A and hepatitis B vaccination; hepatitis B, hepatitis C, HIV, and STI screening; and linkage to care and patient navigation to other health services for people who use drugs. Access to sterile injection and tattooing equipment to prevent the transmission of infections, a harm reduction approach, can reach people who would otherwise not get health care and connect them to life-saving services.

Treatment as prevention is an important approach for reducing transmission of hepatitis B and hepatitis C, including perinatal transmission. When infants receive hepatitis B vaccination and hepatitis B immunoglobulin within 12 hours of birth, followed by completion of the hepatitis B vaccination series, 85–95% of perinatal infections can be prevented.<sup>52,53,54</sup> Antiviral therapy in the third trimester is recommended for pregnant women with HBV DNA >200,000 IU/ml to reduce transmission.<sup>55</sup> Research on the use of hepatitis C therapies during pregnancy is ongoing. All people of childbearing potential should be tested and treated before pregnancy to prevent perinatal hepatitis C infection. However, pre-conception care and the support for planned pregnancies is the first step to preventing perinatal hepatitis C. In primary care, people of childbearing potential should be counseled about viral hepatitis prevention and the benefits of planned pregnancies, and should be tested for hepatitis C. Strengthened linkages between prenatal care and viral hepatitis care providers can support implementation of viral hepatitis guidelines.

Research directed toward understanding the factors that lead some people to recover spontaneously and development of a hepatitis C vaccine could revolutionize hepatitis C prevention. Research is also needed to evaluate prevention interventions, to identify and increase the implementation of effective programs.

The objectives and strategies in this goal describe effective ways to prevent viral hepatitis transmission and infection, which is necessary to reach the nation's goal of eliminating new viral hepatitis infections by 2030. Recognizing the interconnectedness of prevention, screening, and care, Objective 1.5 is inclusive of the entire continuum of viral hepatitis management.

<sup>‡</sup> The [Consolidated Appropriations Act of 2016](#) gives states and local communities, under limited circumstances, the opportunity to use federal funds to support certain components of SSPs. HHS provided [guidance](#) for state, local, tribal, and territorial health departments that allows them to request permission to use federal funds to support SSPs. Federal funds can be used to support a comprehensive set of services, but they cannot be used to purchase sterile needles or syringes for illegal drug injection.



## GOAL 1: PREVENT NEW VIRAL HEPATITIS INFECTIONS

### Objectives

- 1.1 Increase awareness of viral hepatitis
- 1.2 Increase viral hepatitis vaccination uptake and vaccine development
- 1.3 Eliminate perinatal transmission of hepatitis B and hepatitis C
- 1.4 Increase viral hepatitis prevention and treatment services for people who use drugs
- 1.5 Increase the capacity of public health, health care systems, and the health workforce to prevent and manage viral hepatitis



## **Objective 1.1: Increase awareness of viral hepatitis**

### **Strategies:**

- 1.1.1 Implement local, state, and national campaigns to provide education about viral hepatitis, the need for vaccination, and the benefits of getting tested, treated, and cured.
- 1.1.2 Partner with community groups to provide education about viral hepatitis and share personal stories at community locations (e.g., workplaces, schools, faith-based organizations), in the media, and other settings to reach all people, especially in disproportionately impacted communities.
- 1.1.3 Develop accessible, comprehensive, culturally, linguistically, and age-appropriate sex education curricula including for hepatitis B, hepatitis C, HIV, STIs, and drug use risk for youth and adults.
- 1.1.4 Integrate messaging on HIV, viral hepatitis, STIs, sexual health, and drug use.

## **Objective 1.2: Increase viral hepatitis vaccination uptake and vaccine development**

### **Strategies:**

- 1.2.1 Provide viral hepatitis vaccination at a broad range of clinical and nontraditional community-based settings including HIV, STI, refugee health clinics, organizations that serve people who use drugs and/or people experiencing homelessness, and correctional facilities.
- 1.2.2 Reduce the financial and system barriers encountered by providers and consumers to providing/receiving viral hepatitis vaccinations.
- 1.2.3 Train providers on strategies to address vaccine hesitancy.
- 1.2.4 Scale up administration of universal hepatitis B vaccine birth dose within 24 hours of birth, including through encouraging use of quality measures (e.g., Healthcare Effectiveness Data and Information Set [HEDIS] measure).
- 1.2.5 Improve surveillance infrastructure to better monitor adult immunizations.
- 1.2.6 Research and scale up best practices in hepatitis A and hepatitis B vaccination provision to expand vaccine coverage consistent with ACIP guidelines.
- 1.2.7 Advance research toward the development of a hepatitis C vaccine.

## **Objective 1.3: Eliminate perinatal transmission of hepatitis B and hepatitis C**

### **Strategies:**

- 1.3.1 Increase implementation of guidelines for hepatitis B and hepatitis C screening, diagnosis, and management during pregnancy.
- 1.3.2 Improve surveillance by documenting pregnancy status on all viral hepatitis laboratory reports across health care facilities, laboratories, and public health departments.
- 1.3.3 Collaborate with community organizations that serve disproportionately impacted populations to educate staff and people of childbearing potential about viral hepatitis and the importance of preventing hepatitis transmission to infants.

## **Objective 1.4: Increase viral hepatitis prevention and treatment services for people who use drugs**

### **Strategies:**

- 1.4.1 Educate communities and individuals about substance use disorders, available prevention, harm reduction and treatment options, and associated risks including transmission of viral hepatitis, HIV, and STIs.

- 1.4.2 Expand access to viral hepatitis prevention and treatment services by providing screening, vaccination, and linkage to care in a broad range of health care delivery and community-based settings.
- 1.4.3 Expand access to substance use disorder treatment, including medications for opioid use disorder, and comprehensive syringe services programs in areas vulnerable to viral hepatitis and HIV outbreaks, and in correctional settings.
- 1.4.4 Increase staffing and training of peer support counselors to support people who use drugs and provide culturally and linguistically appropriate navigation to viral hepatitis services.
- 1.4.5 Through implementation science research, identify and scale up best practices for prevention of hepatitis C infection and re-infection among people who inject drugs.

## **Objective 1.5: Increase the capacity of public health, health care systems, and the health workforce to prevent and manage viral hepatitis**

### **Strategies:**

- 1.5.1 Partner with professional societies, academic institutions, and accrediting bodies to include viral hepatitis prevention and care in the curriculum of medical and other health care professionals' and paraprofessionals' education and training programs.
- 1.5.2 Develop training, technical assistance, and clinical decision support tools for providers in traditional and nontraditional settings, such as primary care, pharmacies, and SUD and correctional facilities, to support them in implementing viral hepatitis prevention, testing, and treatment recommendations.
- 1.5.3 Increase provider education on pain management and safer opioid-prescribing practices using the [CDC Guideline for Prescribing Opioids for Chronic Pain](#) and other related resources.
- 1.5.4 Develop training and decision support tools and strengthen linkages between prenatal care and viral hepatitis care providers to improve prevention and management of hepatitis B and hepatitis C for pregnant women and newborns.



## **GOAL 2: IMPROVE VIRAL HEPATITIS–RELATED HEALTH OUTCOMES OF PEOPLE WITH VIRAL HEPATITIS**

Goal 2 objectives and strategies describe effective ways to identify and provide care and treatment to improve health outcomes for people with viral hepatitis. It is important to monitor continuum and cascade of care models to ensure patients progress through each sequential step of medical care with the ultimate goal of viral suppression for hepatitis B and cure for hepatitis C. “Continuum of care” is used for hepatitis B because there is no cure; while “cascade of care” is used for hepatitis C because there is a measurable endpoint or cure.<sup>56</sup> The steps in these care models are initial testing and diagnosis; linkage to care; access to care; and treatment and/or cure.

Early diagnosis and treatment reduce the risk for severe liver disease. Therefore, it is critical to expand and implement testing recommendations in a broad range of clinical and nontraditional community-based settings to increase the number of people who are aware of their status and prevent transmission to susceptible contacts. Clinical settings include primary care, HIV and STI clinics, Federally Qualified Health Centers, refugee health centers, correctional facilities, emergency departments and hospitals, pharmacies, and public health clinics. Community-based settings include SUD treatment centers, mobile testing vans, SSPs, homeless shelters, and other locations that reach high-risk populations. In addition to expansion of testing sites, facilitators of the implementation of testing recommendations—such as clinical decision support tools and more convenient and POC diagnostic testing that identifies patients with chronic disease—can improve health systems management and clinical care.

Building on expanded testing efforts, linkage to care and patient navigation services are needed to ensure that people receive appropriate follow-up assessments and treatments. This Plan emphasizes the need to reduce barriers to accessing treatment through expansion of treatment in traditional and nontraditional clinical settings and reduction of insurance and price barriers. It emphasizes, in both Goals 1 and 2, the need to improve provider capacity to provide viral hepatitis treatment and care that are consistent with guidelines. This includes, for example, provider knowledge of gender-specific issues across the lifespan in viral hepatitis management.<sup>57</sup> For example, management of viral hepatitis in women should take into account the rate of progression of disease relative to men and the variation in progression rates relative to menopausal status (hepatitis C) as well as reproductive issues including birth control and pregnancy (hepatitis B and hepatitis C).<sup>57</sup> People who are treated and cured of hepatitis C can no longer transmit the infection. Treatment for people who use drugs is especially important because they are more likely to transmit the infection to others given that transmission through blood exposure is more efficient than sexual transmission.<sup>58</sup> Treatment for SUDs and harm reduction approaches, such as SSPs, have been shown to prevent an estimated 75% of hepatitis C infections, but these interventions must be maintained over time.<sup>51</sup>

The course and outcomes of viral hepatitis are negatively impacted by the co-occurrence of alcohol use and alcohol use disorder. For hepatitis B and hepatitis C, this includes increased rates of progression of disease, cirrhosis, hepatocellular carcinoma, and mortality.<sup>59</sup> Thus, to improve viral hepatitis outcomes, viral hepatitis treatment and care should include linkage to and coordination with alcohol treatment programs.

Research and development of improved and novel diagnostic and therapeutic agents are needed to reach the nation's elimination goals. The development and utilization of POC tests for viral hepatitis can help ensure that people progress through the continuum of care to achieve viral suppression for hepatitis B and cure for hepatitis C and can help reduce transmissions in hepatitis A outbreaks. In addition, there is an urgent need to develop improved diagnostic tools for earlier detection of hepatocellular carcinoma (which can be a consequence of hepatitis B and hepatitis C) and to develop a cure for hepatitis B to reduce mortality. Hepatitis B cure is supported by the *Strategic Plan for Trans-NIH Research to Cure Hepatitis B*.<sup>60</sup>

The Hepatitis Plan focuses on opportunities to expand implementation research to put into practice evidence-based interventions, as effective interventions to improve testing and treatment are identified. Implementation of evidence-based interventions will improve service provision and will contribute to the elimination of viral hepatitis.



## GOAL 2: IMPROVE VIRAL HEPATITIS-RELATED HEALTH OUTCOMES OF PEOPLE WITH VIRAL HEPATITIS

### Objectives

- 2.1 Increase the proportion of people who are tested and aware of their viral hepatitis status
- 2.2 Improve the quality of care and increase the number of people with viral hepatitis who receive and continue (hepatitis B) or complete (hepatitis C) treatment, including people who use drugs and people in correctional settings
- 2.3 Increase the capacity of the public health, health care delivery, and health care workforce to effectively identify, diagnose, and provide holistic care and treatment for people with viral hepatitis
- 2.4 Support the development and uptake of new and improved diagnostic technologies, therapeutic agents, and other interventions for the identification and treatment of viral hepatitis

## **Objective 2.1: Increase the proportion of people who are tested and aware of their viral hepatitis status**

### **Strategies:**

- 2.1.1 Scale up implementation of universal hepatitis C screening guidelines among all adults and pregnant women in a range of clinical and nonclinical settings, and provide linkage to care.
- 2.1.2 Expand innovative models for viral hepatitis testing in a range of settings such as community-based organizations, mobile units, substance use disorder treatment programs, correctional facilities, syringe services programs, HIV clinics, STI clinics, refugee health centers, and homeless shelters.
- 2.1.3 Leverage covered preventive services by health insurers to expand hepatitis B and hepatitis C testing and address related price and insurance barriers.
- 2.1.4 Develop and implement quality measures for viral hepatitis testing (e.g., HEDIS measures and electronic clinical quality measures [eCQM]).
- 2.1.5 Increase use of reflex testing for hepatitis C RNA with a positive hepatitis C antibody test.
- 2.1.6 Conduct research to support changes in hepatitis B screening guidelines to demonstrate screening reliability, efficacy, safety, and cost-effectiveness.
- 2.1.7 Increase hepatitis B testing and provide linkage to care among people born in geographic regions with HBsAg prevalence of  $\geq 2\%$ , in a range of clinical and nonclinical settings.

## **Objective 2.2: Improve the quality of care and increase the number of people with viral hepatitis who receive and continue (hepatitis B) or complete (hepatitis C) treatment, including people who use drugs and people in correctional settings**

### **Strategies:**

- 2.2.1 Educate people who are newly diagnosed about recommended assessment, vaccination, treatments, and the benefits of treatment adherence and completion, including in substance use disorder and correctional settings.
- 2.2.2 Improve linkage to care between community-based organizations, correctional facilities, syringe services programs, alcohol and other substance use disorder treatment programs, and viral hepatitis treatment providers.
- 2.2.3 Remove insurance coverage, price, and payment barriers to viral hepatitis care and treatment, including prior authorization requirements.
- 2.2.4 Scale up innovative models of care that increase convenience and reach people impacted by viral hepatitis, such as telehealth, mobile units, and apps for patient self-management and care coordination.
- 2.2.5 Scale up innovative approaches to engage people in care and re-engage those who are lost to care, such as data to care collaborations that include patient navigation.
- 2.2.6 Scale up, in accordance with current guidelines, implementation of opt-out testing and viral hepatitis prevention, management, and treatment in correctional settings.
- 2.2.7 Develop and implement viral hepatitis quality measures to incentivize quality screening, care, and treatment.
- 2.2.8 Study risk factors for hepatitis B reactivation in persons with inactive disease or resolved infection and make recommendations for prophylaxis, monitoring, and use of vaccination to boost immunity in people with antibody to hepatitis B who are receiving immunosuppressive therapy.

### **Objective 2.3: Increase the capacity of the public health, health care delivery, and health care workforce to effectively identify, diagnose, and provide holistic care and treatment for people with viral hepatitis**

#### **Strategies:**

- 2.3.1 Partner with professional societies and academic institutions to increase provision of viral hepatitis screening and treatment by health care professionals and paraprofessionals.
- 2.3.2 Expand hepatitis C screening and treatment capacity among public health, primary care and other health care providers, including pharmacists, to support the implementation of viral hepatitis testing, counseling, and treatment recommendations.
- 2.3.3 Use technology and digital collaboration tools such as online training and case conferencing to expand health care provider expertise to areas with few specialists.
- 2.3.4 Improve implementation of recommended monitoring and care for people with chronic hepatitis B or chronic hepatitis C related to treatment status, fibrosis, and risk for hepatocellular carcinoma, to prevent morbidity and mortality from hepatocellular carcinoma, end-stage liver disease, and other hepatitis-related sequelae.
- 2.3.5 Expand and improve effectiveness of viral hepatitis navigation and linkage to care in programs that provide viral hepatitis outreach, screening, and treatment.
- 2.3.6 Implement strategies and promote policies to enhance collaborative, integrated, patient-centered models of care including addressing co-occurring conditions, such as alcohol and other substance use disorders, particularly those reaching priority populations and underserved communities.

### **Objective 2.4: Support the development and uptake of new and improved diagnostic technologies, therapeutic agents, and other interventions for the identification and treatment of viral hepatitis**

#### **Strategies: Diagnostic**

- 2.4.1 Advance the development and use of viral hepatitis point-of-care diagnostics and self-collection diagnostics.
- 2.4.2 Develop accurate and convenient tests that discriminate between acute and chronic HCV infections (such as HCV core antigen and serologic tests).
- 2.4.3 Improve and validate tools for earlier detection of hepatocellular carcinoma, such as improved liver imaging and blood and urine tests.

#### **Strategies: Therapeutic**

- 2.4.4 Advance research on treatment options for achieving hepatitis B cure.
- 2.4.5 Study the safety of treatment of hepatitis C in pregnancy.
- 2.4.6 Improve prevention of end-stage liver disease and hepatocellular carcinoma among people living with well-controlled hepatitis B and cured hepatitis C by understanding risk factors and identifying and scaling up effective therapies.
- 2.4.7 Research hepatitis B and hepatitis C therapies to identify potent, broadly effective, and easily administered therapies, such as long-acting drugs.
- 2.4.8 Advance research on treatments for hepatitis A to rapidly treat infections and reduce transmissions in outbreak settings.



## GOAL 3: REDUCE VIRAL HEPATITIS–RELATED DISPARITIES AND HEALTH INEQUITIES

Viral hepatitis disproportionately impacts specific groups of people. Engaging with individuals and groups in communities experiencing health disparities is important in establishing or expanding efforts to increase screening, diagnose earlier, and achieve better outcomes for people with viral hepatitis. Community-based groups are more likely to be culturally competent, speak the same languages, and be trusted to provide accurate information and services. This type of engagement and partnership can also benefit community organizations by increasing their capacity to support their communities and help to get needed services to community members who may not be able to access or do not trust outside organizations.

Culturally competent care is especially important for prevention, diagnosis, and treatment of chronic hepatitis B. Up to 70% of chronic hepatitis B infections in the United States are among non-U.S.-born populations, with the highest prevalence among people from Asia and Africa.<sup>45</sup> Non-U.S.-born populations face tremendous challenges related to language barriers, stigma, discrimination, and health care access.<sup>61</sup>

Communities disproportionately impacted by viral hepatitis often grapple with a range of challenges across the social determinants of health. The interplay of factors such as poverty, inadequate housing and transportation, food insecurity, medical mistrust, access to care, access to mental health care, language and cultural barriers, education, stigma, and discrimination must be addressed to reduce health disparities. People with viral hepatitis face stigma and discrimination because of a number of factors (e.g., SUD, risk behaviors, sexual orientation, gender identity, race and ethnicity, coinfection with HIV) in addition to the stigma associated with viral hepatitis. Intersectional stigma may impact prevention and care-seeking behavior. Addressing the holistic needs of people by using a whole-person system approach including by providing multiple services at one location as well as through telemedicine and other remote service provision strategies can improve the nation’s response to viral hepatitis and improve the health status of people at risk for and/or with viral hepatitis and other co-occurring conditions.

In addition, 13 states have laws that criminalize behaviors (e.g., sex, exposure to bodily fluids [blood or saliva] and needle sharing) that can potentially expose another person to viral hepatitis. Often these laws criminalize behavior that poses a low or negligible risk for transmitting viral hepatitis and apply regardless of actual viral hepatitis transmission.<sup>62,63</sup> The U.S. Department of Justice, in guidance that remains effective in the context of HIV, has encouraged states to use scientific evidence to re-examine such laws.<sup>64</sup> Health care and educational systems have a responsibility to not engage in discriminatory policies or practices related to health care personnel living with viral hepatitis.<sup>65,66</sup>

The objectives and strategies presented in this Plan represent effective ways to address viral hepatitis health disparities along the cascade/continuum of care. These strategies should be tailored to the populations facing higher disproportionate impacts in each jurisdiction. The disproportionately impacted populations, or priority populations, based upon nationwide data, are described in more detail in Section III.D.



### GOAL 3: REDUCE VIRAL HEPATITIS–RELATED DISPARITIES AND HEALTH INEQUITIES

#### Objectives

- 3.1 Reduce stigma and discrimination faced by people with and at risk for viral hepatitis
- 3.2 Reduce disparities in new viral hepatitis infections, knowledge of status, and along the cascade/continuum of care
- 3.3 Expand culturally competent and linguistically appropriate viral hepatitis prevention, care, and treatment services
- 3.4 Address social determinants of health and co-occurring conditions

### **Objective 3.1: Reduce stigma and discrimination faced by people with and at risk for viral hepatitis**

#### **Strategies:**

- 3.1.1 Engage faith-based and other community leaders to dispel viral hepatitis–related stigma and share facts, recommendations, and personal stories in community settings and in the media to reach all people, especially in disproportionately impacted communities.
- 3.1.2 Reduce stigma, unconscious bias, and discriminatory practices, including at health care delivery sites.
- 3.1.3 Enforce current protections that prohibit discrimination against people with viral hepatitis and reexamine state laws that criminalize viral hepatitis and behavior related to viral hepatitis.
- 3.1.4 Educate health care and other partners, the public, and people with viral hepatitis about federal protections against viral hepatitis–related discriminatory policies and practices.

### **Objective 3.2: Reduce disparities in new viral hepatitis infections, knowledge of status, and along the cascade/continuum of care**

#### **Strategies:**

- 3.2.1 Foster partnerships with organizations that serve disproportionately impacted populations, including community organizations, provider organizations, academic institutions, and offices of minority health, to raise awareness of viral hepatitis.
- 3.2.2 Support community leaders and people with lived experience to identify, plan, and implement efforts to meet the needs of their community related to viral hepatitis.
- 3.2.3 Provide hepatitis prevention education, hepatitis treatment, and substance use disorder treatment for people in correctional settings, particularly for those who may use drugs.
- 3.2.4 Require funded programs that address viral hepatitis to focus on disproportionately impacted populations, help reduce stigma and discrimination, and include contributions of people with lived experience.
- 3.2.5 Advance health disparities research to further understand the influence of social determinants on disparities in viral hepatitis and inform interventions to reduce or eliminate these disparities.

### **Objective 3.3: Expand culturally competent and linguistically appropriate viral hepatitis prevention, care, and treatment services**

#### **Strategies:**

- 3.3.1 Develop and disseminate culturally competent and linguistically appropriate viral hepatitis educational materials in collaboration with people with lived experience.
- 3.3.2 Train health professionals in the delivery of culturally competent education, counseling, testing, care, and treatment for viral hepatitis, including development of appropriate informational and clinical decision support tools.
- 3.3.3 Foster collaboration between organizations that serve priority populations and academic researchers to identify and scale up implementation of effective strategies to improve viral hepatitis care and treatment, informed by people with lived experience.

### **Objective 3.4: Address social determinants of health and co-occurring conditions**

#### **Strategies:**

- 3.4.1 Establish and expand policies and approaches that promote viral hepatitis prevention and care in programs involving housing, education, employment, transportation, the justice system, and other systems that impact social determinants of health.

- 3.4.2 Develop whole-person systems of care that address co-occurring conditions for people with and at risk for viral hepatitis, HIV, STIs, and substance use disorders.
- 3.4.3 Develop and scale up implementation of effective interventions that address social determinants of health among people with and at risk for viral hepatitis.



## GOAL 4: IMPROVE VIRAL HEPATITIS SURVEILLANCE AND DATA USAGE

An important goal of this Plan is to improve the quality of viral hepatitis data. The poor quality of viral hepatitis data reduces our ability to understand the true scope, level of public health threat, and opportunities to address hepatitis A, hepatitis B, and hepatitis C. Current public health program capacity is not sufficient to detect all viral hepatitis cases or, as a consequence, monitor trends. Thus, incidence, prevalence, and geographic distribution of hepatitis A, hepatitis B, and hepatitis C cases are estimated because only a fraction of cases are reported to CDC.<sup>67</sup> Consequently, outbreaks often remain undetected, and health officials may not realize the scope of the problem or have the information needed to appropriately prioritize resources to address the threat. Investments in viral hepatitis surveillance data collection, management, and analysis are needed to improve timeliness, completeness, and accuracy of reporting at the state and local levels. Without these investments, national viral hepatitis data and surveillance will continue to lag behind emerging trends, be of poor quality, and as a result, fail to adequately inform public health practice.

Clinical viral hepatitis data in health systems and clinics can be used to improve clinical care quality and reporting, support providers to use and implement recommendations and effective tools, and increase patient-provider engagement. The use of electronic health records has expanded greatly. The availability of health record data and quality improvement strategies that analyze such data offer new opportunities to support providers in implementing testing recommendations and guidance through the cascade/continuum of care. Clinic- and health system-level quality improvement activities often involve developing registries of patients with hepatitis B and hepatitis C within a practice or health system to routinize the standards of care provided. Electronic health records can also be used to track clinical quality measures and trends that can help achieve the goals of this Plan.

Improved interoperability of health data will improve viral hepatitis data overall. In public health, case definitions often require multiple laboratory tests, which may be conducted at different times and by different providers. Interoperable systems reduce data entry burden and the likelihood of data transcription errors and expedite timely, complete data reporting and transfer by providers to public health and other providers.

Health information technology (IT) is evolving rapidly, so it is important to quickly disseminate best practices. New treatments, recommendations, and standards of care require review and updates to best practices for effective implementation. IT and data can improve viral hepatitis efforts by identifying gaps in care and trends, streamlining data collection, and addressing the unmet needs of populations disproportionately impacted by viral hepatitis through novel interventions that use health IT.



### GOAL 4: IMPROVE VIRAL HEPATITIS SURVEILLANCE AND DATA USAGE

#### Objectives

- 4.1 Improve public health surveillance through data collection, case reporting, and investigation at the national, state, tribal, local, and territorial health department levels
- 4.2 Improve reporting, sharing, and use of clinical viral hepatitis data
- 4.3 Conduct routine analysis of viral hepatitis data and disseminate findings to inform public health action and the public



## **Objective 4.1: Improve public health surveillance through data collection, case reporting, and investigation at the national, state, tribal, local, and territorial health department levels**

### **Strategies:**

- 4.1.1 Increase the number of states that include acute and chronic hepatitis B, acute and chronic hepatitis C, and perinatal hepatitis C as reportable conditions and notify CDC of cases that meet the CDC/Council of State and Territorial Epidemiologists case definitions.
- 4.1.2 Facilitate viral hepatitis case reporting to state, local, tribal, and territorial public health departments by aligning with efforts to report other infectious diseases and using electronic case reporting and interoperable health information technology.
- 4.1.3 Improve the quality and completeness of clinical and laboratory viral hepatitis data, including on risk factors, race, ethnicity, and country of birth, reported to public health departments for development of jurisdictional continuums of care.
- 4.1.4 Increase capacity to investigate acute and chronic infections, respond to outbreaks, and capture data related to viral hepatitis risk factors and health outcomes, by cross-training epidemiologic investigators and surveillance staff.
- 4.1.5 Encourage states to make test results that indicate cleared or cured infection reportable, to improve data accuracy and to direct resources appropriately.

## **Objective 4.2: Improve reporting, sharing, and use of clinical viral hepatitis data**

### **Strategies:**

- 4.2.1 Use interoperable health information technology including electronic health records, electronic case reporting, and health information exchange networks to enable effective data and information sharing.
- 4.2.2 Develop and promote standardized data collection strategies and standards-based data elements to collect and share information on viral hepatitis incidence, prevalence, care, treatment, and cure.
- 4.2.3 Encourage and support patient access to and use of individual health information.
- 4.2.4 Integrate patient-generated health information with clinical applications to support patient-centered care.
- 4.2.5 Develop and implement quality improvement processes by regularly monitoring the hepatitis B continuum of care and hepatitis C care cascade.

## **Objective 4.3: Conduct routine analysis of viral hepatitis data and disseminate findings to inform public health action and the public**

### **Strategies:**

- 4.3.1 Increase data analytics and informatics capacity in public health departments to monitor trends over time and among priority populations.
- 4.3.2 Collect and monitor data on viral hepatitis incidence, prevalence, and deaths with hepatitis B and hepatitis C as an underlying or contributing cause.
- 4.3.3 Develop and publish state and local jurisdiction viral hepatitis epidemiologic profiles, and health system and payer patient population profiles.
- 4.3.4 Conduct and publish epidemiologic studies with viral hepatitis data and develop interventions based on the findings of data analyses.
- 4.4.5 Describe and disseminate best practices for data collection, analysis, and use of data.



## **GOAL 5: ACHIEVE INTEGRATED, COORDINATED EFFORTS THAT ADDRESS THE VIRAL HEPATITIS EPIDEMICS AMONG ALL PARTNERS AND STAKEHOLDERS**

Viral hepatitis resources remain limited, and stakeholders are often dispersed across numerous programs, agencies, and systems. As part of the syndemic, it is also critical that viral hepatitis efforts be integrated with efforts to address other interrelated public health threats such as HIV, STIs, SUD, and mental health disorders. Coordination of efforts across the syndemic will improve what are currently fragmented, siloed prevention efforts. Every day there are missed opportunities to test people for multiple infections and scale up services in settings where people at risk receive other services. These missed opportunities translate directly into lost time and resources and may result in harm to people who remain undiagnosed, untreated, and at risk of severe outcomes or of transmitting the infection to others. Approaching viral hepatitis, HIV, STIs, and SUD together will focus on the intersections and commonalities that are found in the settings, providers, and people at risk for and infected with viral hepatitis and at risk for or living with these other co-morbidities. The ability to reduce viral hepatitis among at-risk individuals and priority populations will inevitably depend on successful, integrated, interventional strategies to address the various components of the syndemic.

Coordination of efforts at all levels and among diverse partners is needed to leverage all available tools and reach the nation's goals. With the concurrent development and implementation of the Hepatitis Plan, HIV Plan, and STI Plan, this coordination has begun to take place among federal partners; however, increased collaboration is needed at the national, state, local, and health systems levels. Coordination will expedite more effective and efficient implementation of public health programs, clinical interventions, and research advances, to achieve better health outcomes and efficiently use limited resources at all levels.

Decades of research have given us the knowledge and tools to meet the challenges of viral hepatitis and reverse the trajectories of current trends. Research continues and is especially important as we move from basic viral hepatitis research to translational and implementation research, and from emerging practices to best practices based on assessment of improved outcomes over time. Expediting rapid translation and implementation of research findings to improve public health and clinical practice will help reach the Plan's goals.

As work on viral hepatitis evolves, it will be important to continually review and improve how information about trends and progress is measured, monitored, reported, shared, and used to eliminate viral hepatitis. Improvements are needed at all levels and across all stakeholders. Organizations, local and state health departments, health systems, and national programs should consider how they measure their work on viral hepatitis and how their programs can consistently track progress toward organizational goals as well as their contributions toward viral hepatitis elimination. As more stakeholders establish hepatitis monitoring and reporting and contextualize these efforts as contributing to national elimination efforts, the U.S. viral hepatitis elimination efforts will become more streamlined and effective and the nation will be able to eliminate viral hepatitis as a public health threat.



## **GOAL 5: ACHIEVE INTEGRATED, COORDINATED EFFORTS THAT ADDRESS THE VIRAL HEPATITIS EPIDEMICS AMONG ALL PARTNERS AND STAKEHOLDERS**

### Objectives

- 5.1 Integrate programs to address the syndemic of viral hepatitis, HIV, STIs, and substance use disorders
- 5.2 Establish and increase collaboration and coordination of viral hepatitis programs and activities across public and private stakeholders
- 5.3 Identify, evaluate, and scale up best practices through implementation and communication science research
- 5.4 Improve mechanisms to measure, monitor, evaluate, report, and disseminate progress toward achieving organizational, local, and national goals

## **Objective 5.1: Integrate programs to address the syndemic of viral hepatitis, HIV, STIs, and substance use disorders**

### **Strategies:**

- 5.1.1 Through implementation science research, identify and scale up viral hepatitis prevention, testing, linkage to care (with patient navigation), and treatment in all care settings that address the syndemic.
- 5.1.2 Provide technical assistance and training for health care providers to manage and treat people with co-morbidities such as viral hepatitis, HIV, STI, and/or substance use disorders.
- 5.1.3 Integrate resources for categorical programs, address price and coverage barriers, and work collaboratively across organizational departments to encourage cross-cutting programs that address the syndemic.
- 5.1.4 Work to align indicators and integrate surveillance data across programs and clinical service providers that address viral hepatitis, HIV, STI, and substance use disorder services.

## **Objective 5.2: Establish and increase collaboration and coordination of viral hepatitis programs and activities across public and private stakeholders**

### **Strategies:**

- 5.2.1 Establish viral hepatitis strategic planning groups at the local, state, and national levels that include people with viral hepatitis lived experience, to plan and coordinate activities and leverage available resources.
- 5.2.2 Share best practices in engagement and partnership models and strategies with strategic planning groups, advocates, and other partners; publish and disseminate lessons learned.
- 5.2.3 Coordinate and align strategic planning efforts on viral hepatitis, HIV, STIs, and substance use disorders across national, state, and local partners.
- 5.2.4 Encourage development of public-private partnerships to expand education, screening, vaccination, linkage to care, and treatment of viral hepatitis.
- 5.2.5 Improve health department–level coordination of immunizations, perinatal hepatitis B, and adult viral hepatitis policies and programs.

## **Objective 5.3: Identify, evaluate, and scale up best practices through implementation and communication science research**

### **Strategies:**

- 5.3.1 Develop and coordinate basic and translational research efforts across and within agencies to strengthen and maintain a viral hepatitis basic and translational research pipeline.
- 5.3.2 Translate viral hepatitis prevention, screening, treatment, and health disparities research into practice through evaluation, implementation, and communication science.

## **Objective 5.4: Improve mechanisms to measure, monitor, evaluate, report, and disseminate progress toward achieving organizational, local, and national goals**

### **Strategies:**

- 5.4.1 Share viral hepatitis surveillance data with decision-makers, health care providers, and community leaders.

- 5.4.2 Monitor, evaluate, and regularly communicate progress on viral hepatitis strategic goals and objectives according to an established schedule and address areas of deficiency.
- 5.4.3 Reduce reporting burden for funded entities through improved coordination of federal and state program and reporting requirements.

## D. Priority Populations

Although viral hepatitis affects millions of Americans nationwide from all social, economic, and racial and ethnic groups, it disproportionately impacts certain populations and communities. Hepatitis prevention and treatment efforts can be more efficient and effective by identifying and focusing efforts on those populations that bear a disproportionately higher burden of infection and disease, referred to in the Hepatitis Plan as priority populations. The Plan uses nationwide surveillance data to determine the priority populations.<sup>8</sup> Focusing on the priority populations will reduce health disparities and put the nation on the path toward elimination of viral hepatitis. This approach should not diminish efforts to increase awareness, prevention, treatment, and integration of viral hepatitis efforts more generally, for all populations. See Appendix A for the methodology used to determine priority populations.

### PRIORITY POPULATIONS BASED ON NATIONAL-LEVEL DATA

National incidence, prevalence, and mortality rates were used to identify a small number of groups most impacted by each type of hepatitis (see Table 3).

People may belong to none, one, or several of these populations and communities. Not surprisingly, these priority populations overlap with those most impacted by some other components of the syndemic. This underscores the need for an integrated approach to addressing the components of the syndemic. As described below, jurisdiction- or community-level data may indicate different and/or additional populations and communities disproportionately impacted by viral hepatitis.

The Hepatitis Plan recognizes the importance of providing viral hepatitis services to all populations at risk for and living with viral hepatitis. However, national data on many populations are limited, and the data-driven approach of this Plan to identify priority populations does not result in every population at higher risk or prevalence being included among the priority populations. For example, it is recognized that non-U.S.-born populations have higher rates of chronic hepatitis B,<sup>68</sup> and justice-involved populations, including people who are or who have been incarcerated or detained, have higher rates of chronic hepatitis C.<sup>69</sup> However, national surveillance data on chronic viral hepatitis, country of birth, and within correctional facilities are limited.

Another example of populations at increased risk for viral hepatitis for which there are limited national data are SGM populations. About 10% of new hepatitis A and 20% of new hepatitis B infections in the United States are among gay and bisexual men. Many men have not been vaccinated against hepatitis A and hepatitis B, even though a safe and effective vaccine is available.<sup>70</sup> Gay, bisexual, and other men who have sex with men, in particular those with HIV, also have a higher chance of getting hepatitis C. Risk factors include high-risk sexual behaviors, such as unprotected receptive anal intercourse, sex associated with non-injection, recreational drug use, and sexual activities that result in exposure to blood and concurrent sexually transmitted diseases.<sup>71</sup> However, surveillance data are incomplete and thus disaggregated data by SGM populations are lacking.<sup>30</sup> The National Institutes of Health's Strategic Plan to Advance Research on the Health and Well-Being of Sexual and Gender Minorities: Fiscal Years 2021-2025 addresses the need to encourage sexual orientation and gender identity data collection in health care and related settings including through national datasets.<sup>32</sup>

<sup>8</sup> Priority population classifications are based on surveillance data and how the data are collected and reported by CDC.

More information is needed on the viral hepatitis risks, incidence, prevalence, and mortality of non-U.S.-born, justice-involved, and SGM populations. The Hepatitis Plan includes strategies to improve services among these as well as other populations and to address the data gaps.

**Table 3.** Priority Populations by Hepatitis Type and Measure

|             | Incidence (Acute)   | Prevalence (Chronic)   | Mortality  |
|-------------|---|--|--|
| Hepatitis A | <ul style="list-style-type: none"> <li>• People who use drugs</li> <li>• People experiencing homelessness</li> </ul>  | Not Applicable   |  |
| Hepatitis B | <ul style="list-style-type: none"> <li>• People who inject drugs</li> </ul>   | <ul style="list-style-type: none"> <li>• Asian and Pacific Islander</li> <li>• Black, non-Hispanic</li> </ul>  | <ul style="list-style-type: none"> <li>• Asian and Pacific Islander</li> <li>• Black, non-Hispanic</li> </ul>                                      |
| Hepatitis C | <ul style="list-style-type: none"> <li>• People who inject drugs</li> <li>• American Indian/ Alaska Native</li> </ul> | <ul style="list-style-type: none"> <li>• People who inject drugs</li> <li>• Black, non-Hispanic</li> <li>• People born 1945-1965</li> <li>• People with HIV</li> </ul> | <ul style="list-style-type: none"> <li>• American Indian/ Alaska Native</li> <li>• Black, non-Hispanic</li> <li>• People born 1945-1965</li> </ul> |

Note: Additional data are presented in Figures 5–9.

National-level data for calendar year 2018 illustrate the disparate impact of hepatitis A, hepatitis B, and hepatitis C (see Table 4). Additional data are available in CDC’s [Viral Hepatitis Surveillance—United States, 2018](#) and are posted on CDC’s website as they become available. This report is the source for all data cited below unless otherwise specified.

**Table 4.** Priority Populations and Summary National-Level Data, Calendar Year 2018 (unless otherwise indicated)

| People Who Use and/or Inject Drugs  |
|---|
| <ul style="list-style-type: none"> <li>• Hepatitis A outbreaks have sickened more than 30,000 people across the United States since 2016; 26% of outbreak-associated patients in California, Kentucky, Michigan, and Utah are homeless and use drugs.<sup>72</sup></li> <li>• Among reported cases with IDU information available, 50% of hepatitis A, 36% of acute hepatitis B, and 72% of acute hepatitis C cases report IDU.</li> <li>• The rates of acute hepatitis B and acute hepatitis C cases are highest among age groups most impacted by the nation’s opioid crisis (aged 30–49 years for hepatitis B and aged 20–39 years for hepatitis C; see Figures 5 and 7).</li> </ul> |
| People Experiencing Homelessness  |
| <ul style="list-style-type: none"> <li>• People experiencing homelessness comprise a large proportion (33% in outbreaks in California, Kentucky, Michigan, and Utah in 2017) of people infected during the person-to-person hepatitis A outbreaks starting in 2016.<sup>43,72,73</sup></li> </ul>   |

### Asian and Pacific Islander (API)

- Asian Americans account for 58% of Americans living with chronic hepatitis B but comprise only 6% of the total U.S. population.<sup>74</sup> The prevalence of chronic hepatitis B among non-Hispanic Asians (3.41%) was 31 times the prevalence among non-Hispanic whites (0.11%).<sup>68</sup>
- API had a higher hepatitis B–related mortality rate (2.1 per 100,000) compared to non-Hispanic whites (0.27 per 100,000) (see Figure 6).

### Black, Non-Hispanic

- Non-Hispanic Blacks had a higher hepatitis B–related mortality rate (0.7 per 100,000) compared to non-Hispanic whites (0.27 per 100,000) and a higher hepatitis C–related mortality rate (6.31 per 100,000) compared to non-Hispanic whites (3.35 per 100,000) (see Figures 6 and 9).
- African immigrants account for approximately 12% of all Americans living with chronic hepatitis B.<sup>74</sup> The prevalence of chronic hepatitis B among non-Hispanic Blacks (0.69%) was more than 6 times the prevalence among non-Hispanic whites (0.11%).<sup>68</sup>
- Among people aged 20–59 years and 60 years or older, non-Hispanic Blacks were more likely [Odds Ratio (OR)=1.6 (CI: 1.1, 2.3) and OR=10.0 (CI: 4.9, 20.1), respectively] to have chronic hepatitis C than all other race/ethnicities.<sup>75</sup>

### American Indian/Alaska Native (AI/AN)

- The incidence rate of acute hepatitis C among AI/AN has remained substantially higher than other racial/ethnic populations from 2003 to 2018. In 2018, the rate of incident acute hepatitis C was higher among AI/AN (3.6 per 100,000) than among non-Hispanic whites (1.3 per 100,000) (see Figure 8).
- The age-adjusted, hepatitis C–related mortality rate among AI/AN has been higher than all other racial/ethnic populations since 2013. The mortality rate among AI/AN was 2.7 times the rate among non-Hispanic whites, 1.4 times the rate among non-Hispanic Blacks, 2.0 times the rate among Hispanics, and 6.3 times the rate among APIs in 2018 (see Figure 9).<sup>76</sup>

### People Born from 1945 through 1965

- Approximately 75% of people with chronic hepatitis C were born from 1945 through 1965.<sup>77</sup>
- People aged 55–64 years and 65–74 years (19.7 per 100,000 and 14.8 per 100,000, respectively) had higher mortality rates than any other age group.<sup>78</sup>

### People with HIV

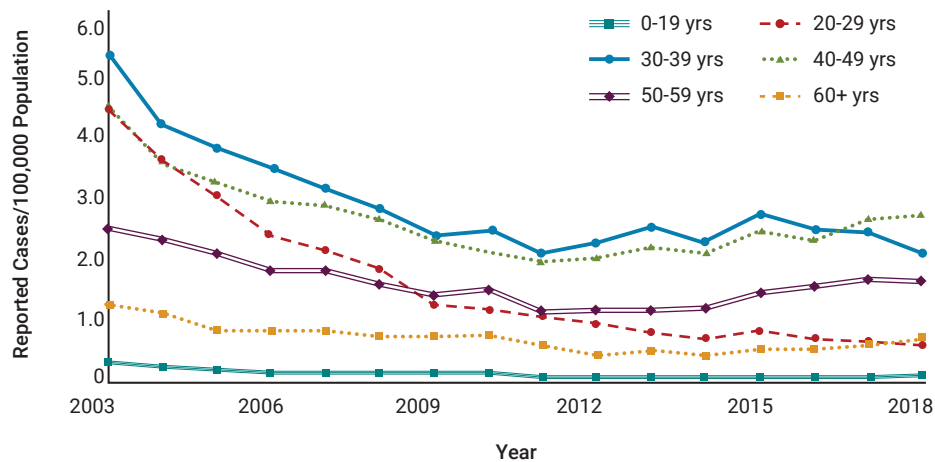
- Among people with HIV who also inject drugs, 62–81% were coinfecting with hepatitis C.<sup>79</sup>
- Among people with HIV in 15 U.S. states and two cities, 6.7% were coinfecting with hepatitis C.<sup>80</sup>
- HIV patients coinfecting with hepatitis B or hepatitis C have higher liver-related morbidity and mortality, as well as higher overall mortality, than patients only infected with hepatitis B or hepatitis C.<sup>81,82,83</sup>

Figures 5–9 depict trends related to disparities in the rates of acute hepatitis B, hepatitis B–related mortality, acute hepatitis C, and hepatitis C–related mortality.

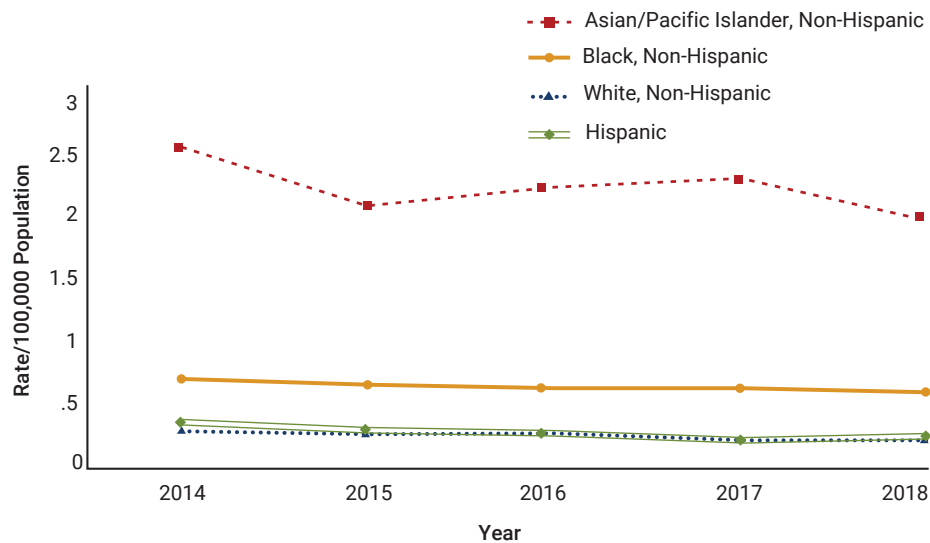
*Figures 5 and 7:* The rates of acute hepatitis B and acute hepatitis C cases were highest among age groups most impacted by the nation’s opioid crisis (aged 30–49 years for hepatitis B and aged 20–39 years for hepatitis C). These data support identifying people who inject drugs as a priority population for acute hepatitis B and hepatitis C.

*Figure 6:* API and non-Hispanic Blacks (priority populations for hepatitis B mortality) had higher hepatitis B–related mortality rates than non-Hispanic whites.

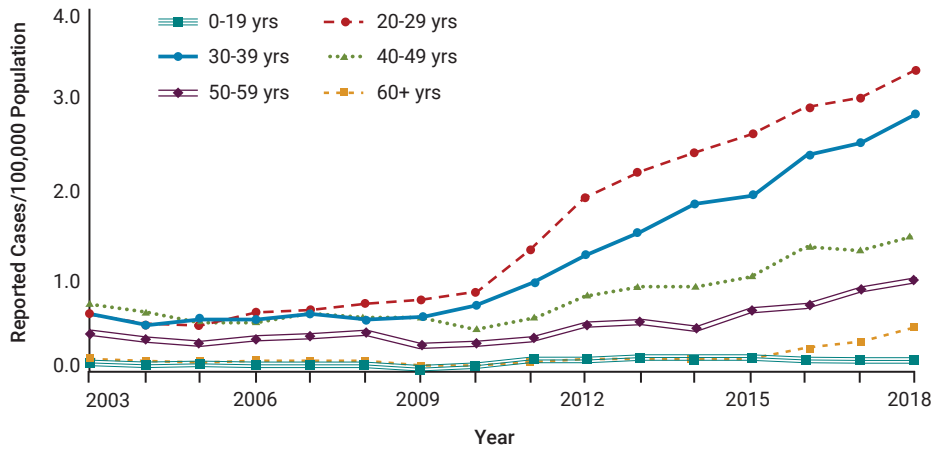
*Figures 8 and 9:* AI/AN had higher rates of acute hepatitis C cases and hepatitis C–related mortality than non-Hispanic whites. These data support identifying AI/AN as a priority population for acute hepatitis C and hepatitis C–related mortality.



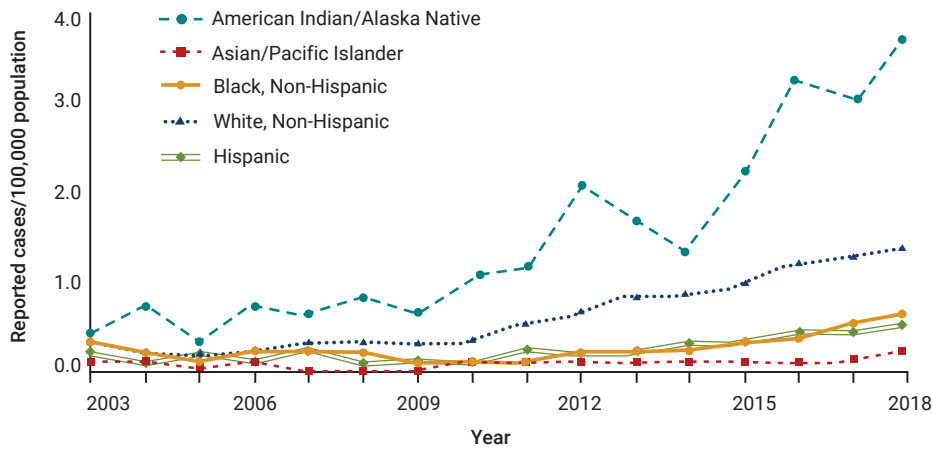
**Figure 5.** Rates of reported acute hepatitis B, by age group—United States, 2003–2018<sup>1</sup>



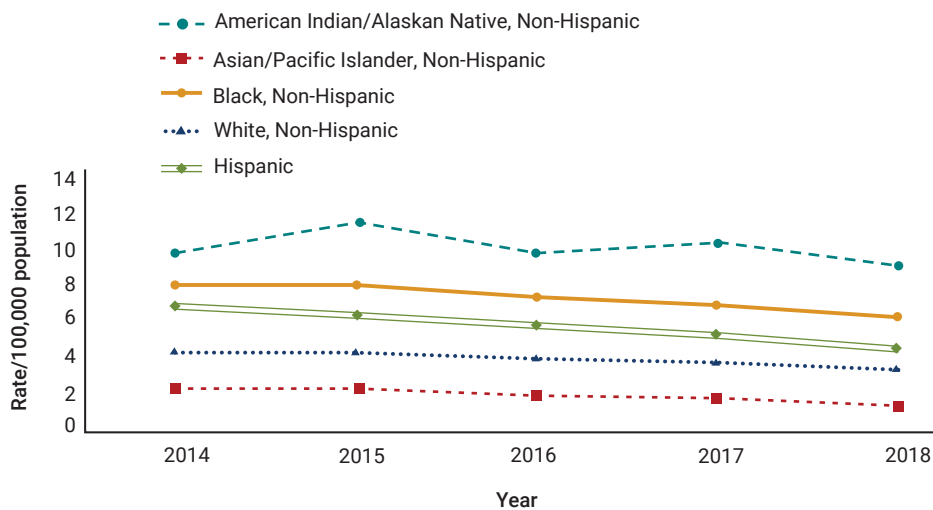
**Figure 6.** Rate of deaths with hepatitis B listed as a cause of death among U.S. residents, by race/ethnicity—United States. National Vital Statistics System, 2014–2018.<sup>1</sup> Note: CDC considered the rates for American Indian/Alaska Native, Non-Hispanic to be “Unreliable.” Rates where death counts were fewer than 20 were not displayed due to the instability or unreliability associated with those rates.



**Figure 7.** Rates of reported acute hepatitis C, by age group—United States, 2003–2018<sup>1</sup>



**Figure 8.** Rates of reported acute hepatitis C, by race/ethnicity—United States, 2003–2018<sup>1</sup>



**Figure 9.** Age-adjusted rate of death with hepatitis C listed as a cause by race/ethnicity among U.S. residents. National Vital Statistics System, 2014–2018<sup>1</sup>



## HIGH-IMPACT SETTINGS

By following a syndemic approach, work to engage these populations may be more efficient and effective by identifying settings where people with viral hepatitis, at risk for HIV and other STIs, or who have other risk factors commonly receive services. Settings with high numbers of people who are members of priority populations or are affected by other components of the syndemic present opportunities to efficiently identify, screen, treat, and vaccinate large numbers of disproportionately affected populations. These settings include SUD treatment programs, SSPs, correctional institutions, homeless service providers, crisis centers, refugee health centers, HIV clinics (such as Ryan White Program clinics), STI clinics, and Federally Qualified Health Centers/Community Health Centers. Outreach to and assessment of individuals as part of regular intake in settings with a high proportion of people at risk for one or more components of the syndemic can maximize limited staff and resources, routinize and destigmatize these services, and identify people in need of prevention and screening. Further, many people impacted by the syndemic would benefit from related services such as OUD treatment, harm reduction services to prevent exposure to infection or accidental drug overdose, and hepatitis screening, vaccination, and treatment. The importance of this approach is underscored by the many strategies in the Plan to integrate viral hepatitis prevention, treatment, and services into other settings and components of the syndemic.

## THE NEED TO ADDRESS SOCIAL DETERMINANTS OF HEALTH AND PRIORITY POPULATIONS

Many populations disproportionately impacted by viral hepatitis have historically faced disparities in health status related to the social determinants of health, such as low-paying or inconsistent employment, unstable housing or homelessness, race, ethnicity, and geographic location, or other characteristics historically linked to discrimination, stigma, or exclusion. Negative interactions with the health care or social services system may decrease the likelihood of care-seeking behavior, making viral hepatitis risk assessment and linkage to care, prevention, and treatment more difficult. This difficulty poses additional and unique challenges to the development of broad-based solutions.

The effects of social determinants of health on viral hepatitis are clearly illustrated in the recent hepatitis A outbreaks. Some initial outbreaks were concentrated among homeless encampments in San Diego due to the lack of access to handwashing and toilet facilities, shared food and drink, and close personal contact.<sup>72</sup> Among people with outbreak-associated hepatitis A infection, a large proportion reported drug use and unstable housing. Therefore, many people infected with hepatitis A were in poor health, and hospitalization and death rates were very high (70% and 3%, respectively). Measures were taken that ultimately ended the outbreak in San Diego, including installation of hand-washing stations in areas frequented by people experiencing homelessness, widespread vaccination efforts, and changes to homeless encampment management. These outbreaks highlight the importance of efforts to address social determinants of health to improve people's health.

Focused efforts on these social determinants of health are particularly important to reduce the number of infections, morbidity, and mortality in these groups and to minimize disparities across the overall population.

## PRIORITY POPULATIONS MAY DIFFER BY STAKEHOLDER

The Hepatitis Plan highlights selected priority populations to illustrate how the data may be used to help partners with limited resources focus their efforts for the greatest public health impact. The Plan's priority populations should be useful for federal and nonfederal partners whose purview reaches everyone in this nation. However, many stakeholders who use this Plan as a roadmap, including federal partners, may work with specific populations and communities more limited in scope.

The groups most impacted by viral hepatitis may differ by jurisdiction or setting, and may include additional or different populations and communities that are disproportionately impacted. For example, on a federal

level, agencies such as the Indian Health Service, Department of Veterans Affairs, and Administration for Community Living serve distinct populations. State and local programs should be guided by an assessment of disproportionate impacts at their program level to help guide their efforts. State, tribal, territorial, and local jurisdictions, as well as health care providers, health plans, community-based and faith-based organizations, advocacy groups, and other institutions should review data that pertain to the populations and communities they serve. This review will help each stakeholder determine how best to focus efforts and resources to achieve results with the highest impact.

## E. Indicators

The Hepatitis Plan establishes indicators, as well as baseline measures and quantitative targets, to help measure progress toward the Plan's goals. Eight core indicators will be used to measure progress on preventing new infections and improving viral hepatitis-related health outcomes of people with viral hepatitis (Goals 1 and 2, respectively). Five of the core indicators are stratified by one or more of the priority populations to measure progress toward reducing disparities (Goal 3).

Indicators were selected using the following criteria. Each indicator must:

- relate to at least one of the Plan's goals;
- reflect current viral hepatitis science, policy, and medical screening guidelines;
- represent measurements of outcomes that, if changed for the positive, would be an indication of better viral hepatitis health for the nation;
- have data from a nationally representative data source, which
  - » is provided on a routine basis, enabling cross-year comparisons;
  - » allows for stratification by age, geographic region, race, ethnicity, and sex (and transmission category if available); and
- have a national impact.

For each indicator, the Hepatitis Plan identifies baseline measurements and establishes annual targets through 2030. The targets to reduce viral hepatitis rates are more aggressive than they appear on the surface because without interventions to address the epidemic these rates would likely continue to rise. Establishing 2030 targets aligns with other national plans such as *Healthy People 2030*, the HIV Plan, the STI Plan, and global targets established by WHO. This approach also recognizes that it will likely take more than the 5-year duration of the Plan to achieve its goal of eliminating viral hepatitis in this nation. Appendix A describes the methodology for choosing indicators and the target-setting process. Appendix B sets forth the annual targets for each core and disparity indicator as well as describes the data source for each indicator.

Finally, the Hepatitis Plan recommends development of five additional indicators—referred to as developmental indicators. Nationally representative data for these developmental indicators are not currently collected, and doing so would fill critical gaps in measuring the nation's efforts to eliminate the viral hepatitis epidemic.

The specific core, disparity, and developmental indicators are explained below.

### CORE INDICATORS

This section presents each of the core indicators, explains its relevance, and provides its baseline measure (2017 unless otherwise indicated), 5-year target, and 10-year target (see Table 5). At the time of target setting, 2017 data were the most recent data available. Due to the lag in surveillance data availability, the target years will utilize data from 2 years prior (e.g., target year 2025 will utilize surveillance data from 2023) to measure progress. The core indicators were selected because they represent the best way to measure national progress on viral hepatitis elimination with the available data. There is a lack of standardized national

surveillance data on viral hepatitis, especially in chronic infections. *Healthy People 2030* objectives will be updated to align with these targets, closely aligning with WHO’s targets to eliminate hepatitis by 2030.

**Table 5.** Hepatitis Plan Core Indicators

| Core Indicator   | Measure                   | Baseline <sup>a</sup> | 5-Year Target | 10-Year Target | Data Source <sup>b</sup> |
|--|---------------------------|-----------------------|---------------|----------------|--------------------------|
| <b>1. Reduce new hepatitis A infections by 40% by 2025 and 65% by 2030</b>   |                           |                       |               |                |                          |
|  | Estimated number of cases | 6,700                 | 4,000         | 2,500          | NNDSS                    |
| <b>2. Reduce acute hepatitis B infections by 20% by 2025 and 90% by 2030<sup>c</sup></b>   |                           |                       |               |                |                          |
|  | Estimated number of cases | 22,200                | 18,000        | 2,200          | NNDSS                    |
| <b>3. Reduce acute hepatitis C infections by 20% by 2025 and 90% by 2030<sup>c</sup></b>   |                           |                       |               |                |                          |
|  | Estimated number of cases | 44,700                | 35,000        | 4,400          | NNDSS                    |
| <b>4. Increase rate of hepatitis B “birth dose”<sup>d</sup> vaccination to 75% by 2025 and 90% by 2030</b>                             |                           |                       |               |                |                          |
|  | Percentage                | 67<br>(2015–2016)     | 75            | 90             | NIS-Child                |
| <b>5. Increase proportion of people with hepatitis B infection aware of their infection to 50% by 2025 and 90% by 2030<sup>c</sup></b> |                           |                       |               |                |                          |
|  | Percentage                | 32<br>(2013–2016)     | 50            | 90             | NHANES                   |
| <b>6. Reduce rate of hepatitis B–related deaths by 20% by 2025 and 65% by 2030<sup>c</sup></b>   |                           |                       |               |                |                          |
|  | Rate/100,000              | 0.46                  | 0.37          | 0.16           | NVSS                     |
| <b>7. Increase proportion of people who have cleared hepatitis C infection to 58% by 2025 and 80% by 2030</b>                          |                           |                       |               |                |                          |
|  | Percentage                | 43                    | 58            | 80             | NHANES                   |
| <b>8. Reduce rate of hepatitis C–related deaths by 25% by 2025 and 65% by 2030<sup>c</sup></b>   |                           |                       |               |                |                          |
|  | Rate/100,000              | 4.13                  | 3.00          | 1.44           | NVSS                     |

<sup>a</sup> 2017 unless indicated otherwise. Data sources use different data collection and reporting methodologies.

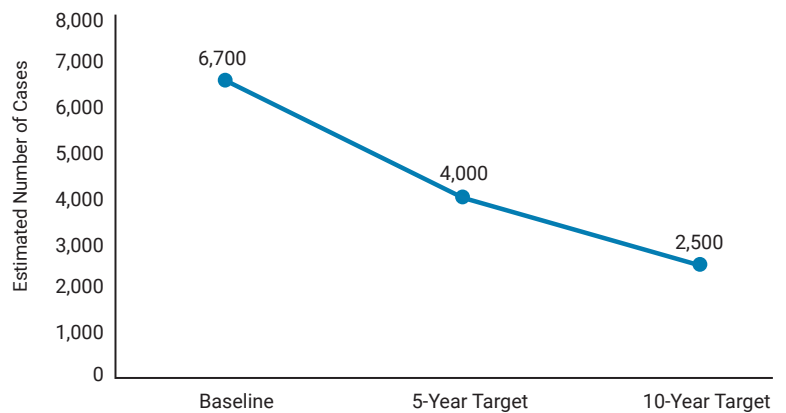
<sup>b</sup> NHANES = [National Health and Nutrition Examination Survey](#); NIS-Child = [National Immunization Survey-Children](#); NNDSS = [National Notifiable Diseases Surveillance System](#); NVSS = [National Vital Statistics System](#). See Appendix B for descriptions of data sources.

<sup>c</sup> This core indicator has a corresponding disparities indicator(s).

<sup>d</sup> Hepatitis B birth dose vaccination is defined as receipt of vaccination within 24 hours of birth.

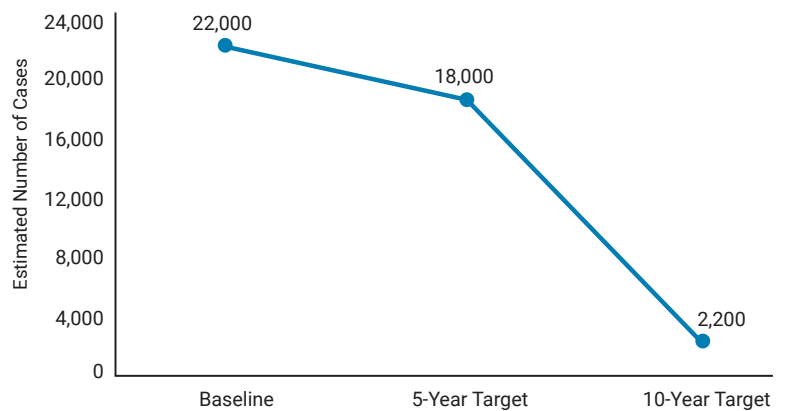
## 1. Reduce new hepatitis A infections by 40% by 2025 and 65% by 2030

The rate of new hepatitis A cases increased by nearly 850%<sup>1</sup> from 2014 to 2018 due to person-to-person outbreaks in more than 33 states, primarily affecting people experiencing homelessness and people who use drugs.<sup>72</sup> This increase also reflects low hepatitis A vaccination rates among high-risk adults.



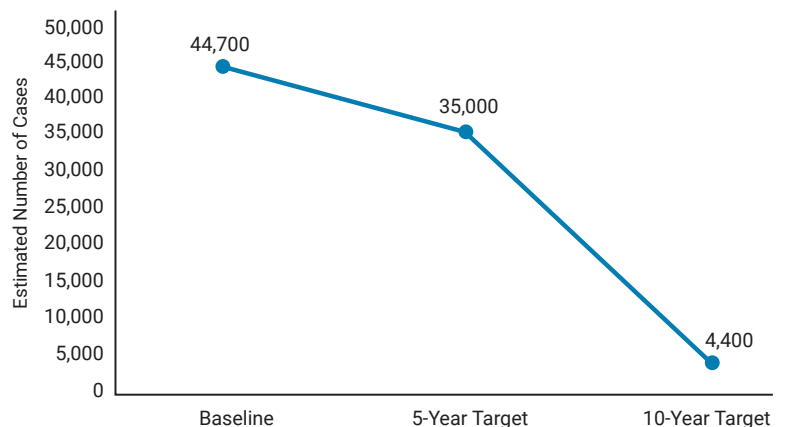
## 2. Reduce acute hepatitis B infections by 20% by 2025 and 90% by 2030

Acute hepatitis B infections have declined since routine vaccination of children was first recommended in 1991.<sup>14</sup> However, progress has stalled, and the rate of new infections has increased from 2014 to 2018, with new cases associated with injection drug use and sexual transmission.<sup>1</sup> Increasing hepatitis B vaccination rates among adults at risk is the best preventive measure against hepatitis B infections. Sustained use of harm reduction strategies also reduces transmission.



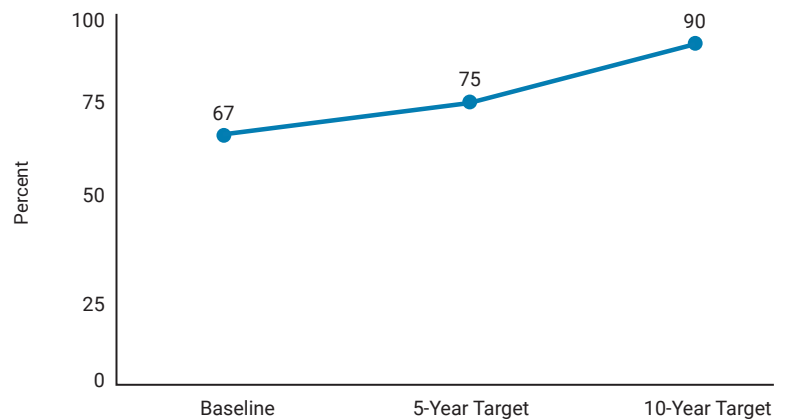
## 3. Reduce acute hepatitis C infections by 20% by 2025 and 90% by 2030

Acute hepatitis C cases nearly tripled from 2011 to 2018,<sup>1</sup> driven primarily by injection drug use related to the opioid crisis. Hepatitis C infections are increasing most rapidly among young people, with the highest overall number of new infections among those aged 20–29 years.<sup>1</sup> No vaccine exists, but short-course treatment cures greater than 95% of people with hepatitis C, reducing transmission and thus number of new infections.



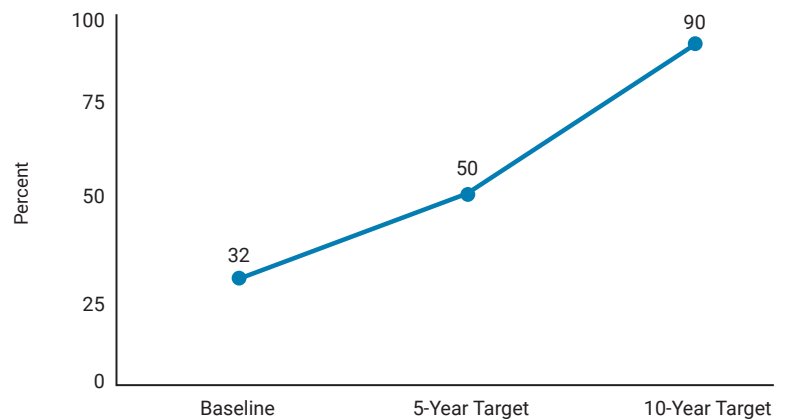
#### 4. Increase rate of hepatitis B “birth dose” vaccination to 75% by 2025 and 90% by 2030

The hepatitis B birth dose (within 24 hours) coverage rate increased slightly from 64.0% in birth cohort 2013–2014<sup>84</sup> to 66.7% in birth cohort 2015–2016.<sup>85</sup> The universal hepatitis B vaccination within 24 hours of birth provides a critical safeguard in preventing perinatal infection. Strategies to improve hospital implementation include use of quality measures and provider training to address vaccine hesitancy.



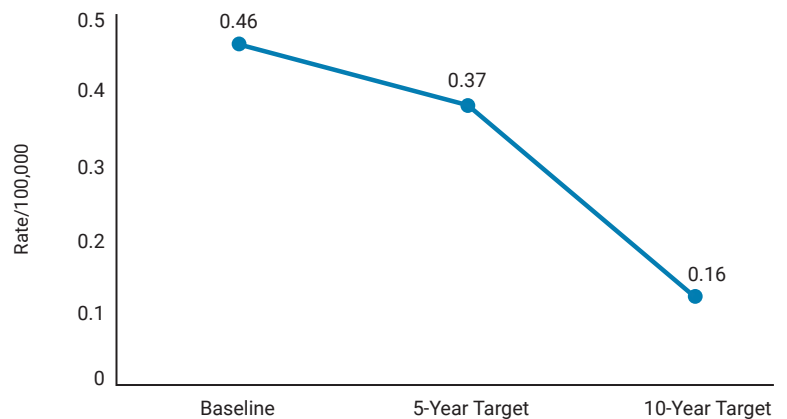
#### 5. Increase proportion of people with hepatitis B infection aware of their infection to 50% by 2025 and 90% by 2030

Only 32% of people with chronic hepatitis B are aware of their infection, contributing to undiagnosed cirrhosis, hepatocellular carcinoma, and early death.<sup>86</sup> Increased diagnoses and awareness of infection will lead to use of antiviral treatment earlier in the course of infection, reduced adverse health outcomes and mortality, increased testing and vaccination of contacts, and reduced transmission of hepatitis B to susceptible contacts.



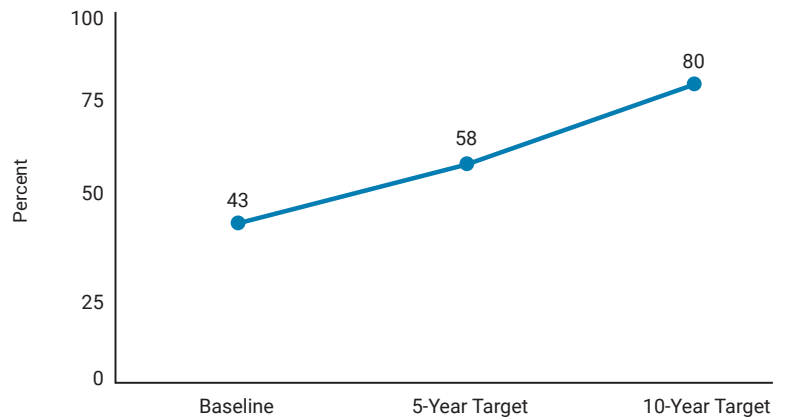
#### 6. Reduce rate of hepatitis B–related deaths by 20% by 2025 and 65% by 2030

The rate of hepatitis B–related deaths decreased 14% from 2014 (0.5 per 100,000) to 2018 (0.43 per 100,000).<sup>1</sup> Strategies to continue this decline include increased diagnoses and awareness of infection, increased linkage to care, increased access to treatment, and improved hepatocellular carcinoma diagnostics and surveillance.



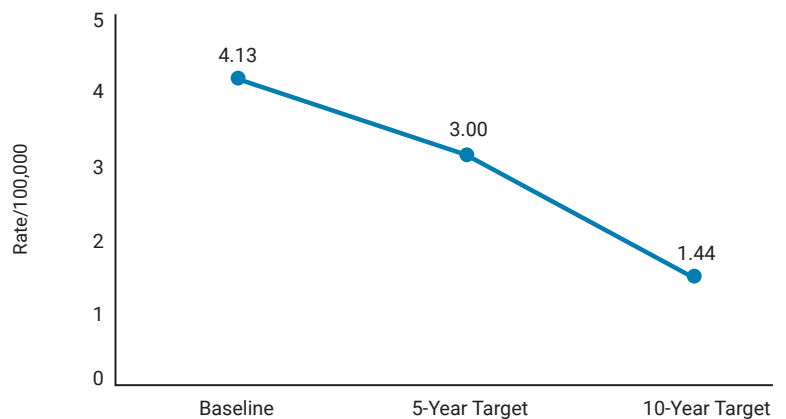
## 7. Increase proportion of people who have cleared hepatitis C infection to 58% by 2025 and 80% by 2030

Short-course treatment can clear and cure hepatitis C in greater than 95% of people. A person who is clear of hepatitis C cannot transmit it and has improved health outcomes. In 2016, only 56% of people with hepatitis C were aware of their infection. In addition, numerous barriers in the health care system to hepatitis C treatment exist. Increasing the proportion of people who have cleared hepatitis C infection results in reduced transmission and thus reduced number of new infections.



## 8. Reduce rate of hepatitis C–related deaths by 25% by 2025 and 65% by 2030

The rate of hepatitis C–related deaths decreased 26% from 2014 (5.01 per 100,000) to 2018 (3.72 per 100,000).<sup>1</sup> Strategies to continue this decline include increased diagnoses and awareness of infection, increased linkage to care, and increased access to treatment and cure.



## DISPARITIES INDICATORS

Disparities indicators are core indicators stratified by the priority population(s) most impacted by viral hepatitis. (See Table 4 and Figures 5–9 in Section III.D for data on disparities.) Each disparities indicator uses the same data source as its corresponding core indicator. Because of the lack of nationally available data on people who inject drugs, people aged 18–40 years are used as a proxy. Table 6 presents baseline measures as well as 5- and 10-year targets for each disparity indicator. The annual targets for each disparity indicator are presented in Appendix B.

**Table 6.** Hepatitis Plan Disparities Indicators<sup>a</sup>

| Disparities Indicator   | Measure               | Baseline <sup>b</sup> | 5-Year Target | 10-Year Target |
|---|-----------------------|-----------------------|---------------|----------------|
| <b>9. Reduce acute hepatitis B infections among people who inject drugs<sup>c</sup> by 25% by 2025 and 90% by 2030</b>  |                       |                       |               |                |
|   | Reported rate/100,000 | 1.40                  | 1.00          | 0.10           |
| <b>10. Increase proportion of people with hepatitis B infection aware of their infection among Asian and Pacific Islanders to 50% by 2025 and 90% by 2030</b> |                       |                       |               |                |
|   | Percentage            | 39<br>(2013–2016)     | 50            | 90             |
| <b>11a. Reduce rate of hepatitis B–related deaths among Asian and Pacific Islanders by 25% by 2025 and 65% by 2030</b>  |                       |                       |               |                |
|   | Rate/100,000          | 2.45                  | 1.84          | 0.86           |
| <b>11b. Reduce rate of hepatitis B–related deaths among non-Hispanic Blacks by 25% by 2025 and 65% by 2030</b>  |                       |                       |               |                |
|   | Rate/100,000          | 0.74                  | 0.55          | 0.26           |
| <b>12a. Reduce acute hepatitis C infections among people who inject drugs<sup>b</sup> by 25% by 2025 and 90% by 2030</b>                                      |                       |                       |               |                |
|   | Reported rate/100,000 | 2.30                  | 1.70          | 0.20           |
| <b>12b. Reduce acute hepatitis C infections among AI/AN by 25% by 2025 and 90% by 2030</b>  |                       |                       |               |                |
|   | Reported rate/100,000 | 2.90                  | 2.20          | 0.29           |
| <b>13a. Reduce rate of hepatitis C–related deaths among AI/AN by 30% by 2025 and 65% by 2030</b>  |                       |                       |               |                |
|   | Rate/100,000          | 10.24                 | 7.17          | 3.58           |
| <b>13b. Reduce rate of hepatitis C–related deaths among non-Hispanic Blacks by 30% by 2025 and 80% by 2030</b>  |                       |                       |               |                |
|   | Rate/100,000          | 7.03                  | 4.92          | 2.46           |

<sup>a</sup> Disparities indicators use the same data source as its corresponding core indicator.

<sup>b</sup> 2017 unless indicated otherwise.

<sup>c</sup> People aged 18–40 years are used as a proxy for people who inject drugs.

## DEVELOPMENTAL INDICATORS

Five developmental indicators are recommended to supplement the core and disparities indicators. These developmental indicators are not currently measured or do not have set targets. However, they could be measured through available surveillance systems and would help national partners monitor progress toward eliminating the viral hepatitis epidemic. No quantitative targets can be established for them until the data are systematically collected. Federal and other partners are encouraged to work toward collecting the suggested data.

1. Reduce new hepatitis A infections
  - among people who use drugs
  - among people experiencing homelessness
2. Reduce proportion of states with hepatitis C treatment restrictions in their state Medicaid policies (including liver damage, sobriety, or prescriber restrictions)
3. Increase proportion of people with hepatitis C coinfecting with HIV treated and cured of hepatitis C
4. Increase the completeness of data values in reported acute and chronic viral hepatitis cases from state and local health departments to CDC
5. Increase proportion of people who have cleared hepatitis C infection
  - among people who inject drugs
  - among non-Hispanic Blacks
  - among people born from 1945 through 1965



# IV. IMPLEMENTATION AND ACCOUNTABILITY

## A. Federal Partners

The Hepatitis Plan presents a framework for reducing and eliminating viral hepatitis in the United States. Development of the Plan was a collaborative process led by federal partners across multiple departments and agencies with input from a wide range of stakeholders.

Federal partners will collaborate to develop an implementation plan to support the Hepatitis Plan goals, objectives, and strategies. The Federal Implementation Plan will set forth federal partners' commitments to policies, initiatives, and activities to meet the goals and objectives of the Hepatitis Plan and will be published for transparency and accountability. Federal partners' roles in implementation will vary based on the purview of their agencies and how much their activities overlap with the components of the Plan.

As part of their ongoing commitment to eliminate viral hepatitis as a public health threat in this nation, federal partners have committed to serve on a viral hepatitis implementation working group, continuing to provide their expertise and guidance. This implementation working group will collaborate on addressing viral hepatitis in an integrated fashion, including with other components of the syndemic. The working group will meet regularly to coordinate activities across agencies and departments, implement lessons learned from epidemiological data and research findings, monitor progress toward the indicator targets, course correct as needed, and report on national progress. As scientific, medical, and public health advances and challenges emerge, new and innovative policies will be developed to complement the existing plan.

## B. Nonfederal Partners

Addressing viral hepatitis is not solely a federal activity. Success depends on coordinated action by state, tribal, territorial, and local governments; community-based and faith-based organizations; health plans and providers and other health-related organizations; private industry; nongovernmental organizations; foundations; researchers; and patients and their partners. Its success also depends on a holistic approach to the various parts of the syndemic, including HIV, STIs, SUD, mental health disorders, stigma, discrimination, and social determinants of health.

Each community and stakeholder brings a unique perspective and plays a critical role in preventing and responding to viral hepatitis. Plans that are customized based on the jurisdiction or community served are more likely to be successful, reach that jurisdiction's or community's goals, and contribute to reaching the national goal to eliminate viral hepatitis. Stakeholders are encouraged to use this Hepatitis Plan to build their own roadmap to reduce viral hepatitis and viral hepatitis-related health disparities and inequities, and to eliminate the viral hepatitis epidemics among the populations and communities they serve. Stakeholders should consider adopting the vision and goals of this Hepatitis Plan, examining challenges from a health equity lens, implementing the objectives and strategies relevant to their role, population(s), and community(ies), applying other evidence-based objectives and strategies, using available data to identify where their resources will have the most impact, and identifying indicators and targets to measure their progress. A data-driven strategy will help stakeholders focus and efficiently and effectively use limited resources. Integrating viral hepatitis prevention and treatment efforts with other components of the syndemic, including emerging issues such as the COVID-19 pandemic, is also strongly encouraged.

# APPENDIX A: PROCESS/METHODOLOGY FOR DEVELOPING AND ADOPTING THE HEPATITIS PLAN

The process for developing the Hepatitis Plan included engaging federal leadership, experts, and a variety of nonfederal partners to compile subject matter evidence and recommendations on viral hepatitis. These data were then synthesized and developed into the vision, goals, objectives, strategies, indicators, and quantitative targets that are the core of the Hepatitis Plan. This process also included aligning the components of the Plan with the next HIV Plan and the first-ever STI Plan, as well as the next National Vaccine Plan. It also included aligning the indicators and quantitative targets with *Healthy People 2030* objectives and WHO 2030 goals to eliminate viral hepatitis. The process was facilitated by the Office of Infectious Disease and HIV/AIDS Policy (OIDP), within the Office of the Assistant Secretary for Health (OASH), U.S. Department of Health and Human Services (HHS).

Concurrent development of the Hepatitis Plan and the HIV Plan has allowed for the general alignment of their visions, goals, objectives, and strategies. These plans were developed by leveraging a common infrastructure, and each aims to capitalize on synergistic opportunities to jointly address viral hepatitis and HIV. Nevertheless, despite this overlap, viral hepatitis and HIV each presents unique public health challenges that justify releasing two separate plans.

## FEDERAL LEADERSHIP

### *Steering Committee*

A federal joint Steering Committee for developing the Hepatitis Plan and HIV Plan set the vision, goals, and priority populations and discussed key challenges to be addressed in the strategic plan. The Steering Committee's work and decision-making were informed by presentations and discussions of national-level data; current viral hepatitis programs—especially those funded by federal departments and agencies; challenges and gaps in addressing viral hepatitis in this nation; and integration of and leveraging of the work conducted in other components of the syndemic. The Steering Committee also provided direction for the overall process. In addition, the Steering Committee formed subcommittees to study and propose objectives, strategies, and indicators for each of the Hepatitis Plan's goals and, in doing so, consider information gathered during the public input period. Development of the objectives and strategies was an iterative process among the Steering Committee, the various subcommittees, and committees also leading development of the HIV Plan and STI Plan. The Steering Committee voted on components of the Hepatitis Plan (vision, goals, objectives, indicators, and priority populations) and provided input into the strategies for the objectives and the quantitative targets for the indicators. The Steering Committee consisted of senior representatives from 6 federal departments and 13 HHS agencies and offices (see Table A.1) and met regularly from January 2019 through February 2020.

**Table A.1.** Composition of Hepatitis Plan/HIV Plan Joint Federal Steering Committee

| Federal Departments   | HHS Agencies/Offices   |  |
|---|--|--|
| <ul style="list-style-type: none"> <li>• Defense</li> <li>• Justice</li> <li>• Equal Employment Opportunity Commission</li> <li>• Health and Human Services</li> <li>• Housing and Urban Development</li> <li>• Veterans Affairs</li> </ul> | <ul style="list-style-type: none"> <li>• Administration for Community Living</li> <li>• Agency for Healthcare Research and Quality</li> <li>• Centers for Disease Control and Prevention</li> <li>• Centers for Medicare &amp; Medicaid Services</li> <li>• Food and Drug Administration</li> <li>• Health Resources and Services Administration</li> <li>• Indian Health Service</li> </ul> | <ul style="list-style-type: none"> <li>• National Institutes of Health</li> <li>• Office of the Assistant Secretary for Health                             <ul style="list-style-type: none"> <li>» Office of Infectious Disease and HIV/AIDS Policy</li> <li>» Office of the Surgeon General</li> </ul> </li> <li>• Office for Civil Rights</li> <li>• Office of the National Coordinator for Health Information Technology</li> <li>• Substance Abuse and Mental Health Services Administration</li> </ul> |

### Subcommittees

The Steering Committee members formed three subcommittees for the Hepatitis Plan and selected subject matter experts from their agencies and offices to participate:

- Prevention and Care;
- Disparities and Coordination; and
- Indicators.

These subcommittees were charged with developing and recommending objectives, strategies, and indicators. Subcommittees met at least monthly to review the latest science and evidence and to develop objectives and strategies for each goal, as well as indicators. These were then reviewed and refined through an iterative process involving the Steering Committee and OIDP leadership. Extensive analyses by OIDP identified overlaps, gaps, alignments, and additional areas of integration among the Hepatitis Plan, HIV Plan, and STI Plan. The Indicators Subcommittee also worked with its counterparts for developing the HIV Plan and STI Plan to ensure that the same criteria and methods were used across plans, as appropriate.

## PUBLIC INPUT

A crucial component in developing the Hepatitis Plan was engagement and input from nonfederal stakeholders. Stakeholders from all sectors and at all levels (i.e., community, state, regional, national) and people whose lives have been affected by viral hepatitis were encouraged to provide input on the Hepatitis Plan.

### Solicitation of Public Input

To assist in developing the Hepatitis Plan, public input on the Plan was solicited. Requests for public input were issued simultaneously for the Hepatitis Plan and the HIV Plan; commenters were asked to specify to which plan their comments pertained. Between September 2018 and March 2019, OIDP conducted 18 [listening sessions](#) at national conferences, state and regional community planning meetings, prevention trainings in rural areas, federal advisory committees, and virtual meetings throughout the United States. Throughout this process, OIDP received 255 listening session comments regarding the Hepatitis Plan. A [Request for Information](#) (RFI) was published in the *Federal Register* during February 2019, which resulted in receipt of written public comments

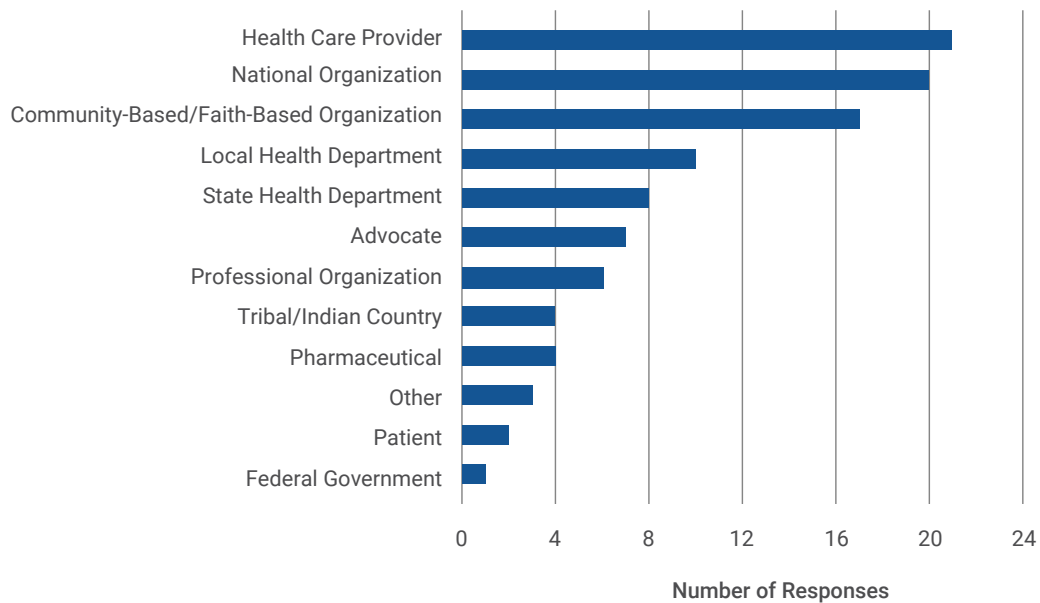
from 28 respondents (each submission included comments on multiple issues) for the Hepatitis Plan. After deduplication, ODP received comments from a total of 273 unique respondents.

### Method of Analysis

Comments from the listening sessions were professionally transcribed. All verbal and written comments were collated by commenter and organization. A pre-determined coding structure was developed based on questions posed during the listening sessions and in the RFI. Two coders analyzed all comments and coded the comments to themes. Coders reviewed the comment data and updated the codebook based upon dominant and emergent themes present in both listening session and RFI comments. Staff performed a qualitative analysis of all comments using NVivo 12.0, examined them for dominant themes and subthemes, and matched them to Hepatitis Plan goals.

### Commenters

Thirty-eight percent (n=104) of all comments (n=273) included a respondent affiliation; the commenters included representation from health care providers (n=21), national organizations (n=20), community-based organizations/faith-based organizations (n=17), local health departments (n=10), and state health departments (n=8) (see Figure A.1).



**Figure A.1.** Respondent type for all viral hepatitis public comments with available affiliation

## SUMMARY OF FINDINGS

The comments addressed a broad range of topics related to viral hepatitis; dominant themes are listed in Table A.2. One comment could be coded to multiple themes.

**Table A.2.** Dominant Themes from Public Comments

| Theme                         | Number of Comments (%)<br>N=273 <sup>a</sup> |
|-------------------------------|--|
| Coordination                  | 61 (22.3%)                                   |
| Priority Populations          | 48 (17.6%)                                   |
| Funding                       | 45 (16.5%)                                   |
| Care                          | 44 (16.1%)                                   |
| Screening and Diagnostics     | 30 (11.0%)                                   |
| Health Care Financing         | 27 (9.9%)                                    |
| Substance Use                 | 23 (8.4%)                                    |
| Social Determinants of Health | 21 (7.7%)                                    |
| Prevention                    | 17 (6.2%)                                    |
| Research                      | 11 (4.0%)                                    |
| Hepatitis A Outbreak          | 8 (2.9%)                                     |

<sup>a</sup> The number of comments do not total to 273 and the percentages do not total to 100% because a comment could be coded multiple times.

Input received through public comments was extremely valuable in informing development of the Plan. Analysis of the public input, including dominant themes and sub-themes along with supporting comments, were presented to the Steering Committee and the subcommittees. This input helped inform development of the Plan's goals, objectives, and strategies. For example, the majority of the comments in the dominant "Coordination" theme addressed the need for improved viral hepatitis surveillance. As a result, an additional goal was added to the Plan to improve viral hepatitis surveillance, reporting, and data usage.

Many comments pertained to the work or purview of specific agencies. These agency-specific comments were also compiled into individual reports and shared with those agencies for review and consideration.

## Development of Viral Hepatitis Priority Populations

The Disparities and Coordination Subcommittee was tasked with developing recommendations for the Steering Committee regarding priority populations for the Hepatitis Plan. The priority populations are disproportionately impacted populations, which are defined as groups of people with a higher burden of disease than others. High-impact prevention and control interventions can focus on priority populations. Because the Hepatitis Plan is a national plan, the subcommittee and Steering Committee reviewed national viral hepatitis surveillance data to select priority populations. Disproportionately impacted populations will differ by jurisdiction; therefore, it is imperative that each jurisdiction review its own data to determine its own unique priority populations.

As a starting point, CDC presented its framework for priority population selection by viral hepatitis type (A, B, and C) and core measure (incidence, prevalence, and mortality) stratified by age group, race, ethnicity, and risk, utilizing 2017 surveillance data (the most recent data available when the Hepatitis Plan was developed). CDC focused on identifying disproportionately impacted populations that are socially, economically, and/or

environmentally disadvantaged. The subcommittee reviewed the national surveillance data and recommended at least one priority population for each hepatitis type and core measure, if applicable. Additional priority populations were considered using other data sources outside of those with national surveillance data. For example, people who use drugs and people experiencing homelessness were selected based on hepatitis A outbreak data,<sup>72</sup> and people with HIV were selected based on data that showed increased morbidity and mortality among people coinfecting with hepatitis C and HIV.<sup>82,83</sup> It was recognized that certain settings, such as jails and prisons, have populations disproportionately impacted by hepatitis C. Because use of non-sterile injecting and needle equipment is the driving risk factor for hepatitis C in the justice-involved population,<sup>87</sup> it was decided that people who inject drugs will remain a priority population and jails and prisons will be integrated as settings into strategies that recommend specific settings for targeted interventions. It was also recognized that national surveillance data do not capture complete risk factor and demographic characteristics, especially for chronic viral hepatitis. For example, national surveillance data do not capture country of birth for chronic hepatitis B, and the Plan provides strategies to improve these data elements. Published literature was utilized to identify these priority populations.

The subcommittee presented a list of recommended priority populations to the Steering Committee for review and adoption. The Steering Committee also reviewed national surveillance data provided by CDC and reviewed the evidence for other disproportionately impacted populations. The Steering Committee was selective in the total number of priority populations so that limited resources and interventions can focus on a smaller number of populations to have the most impact on outcomes for the nation. The final list of priority populations and the data to support the health disparities are displayed in Section III.D.

## Development of Viral Hepatitis Indicators and Targets

### INDICATORS

The Indicators Subcommittee was tasked with developing indicators and quantitative targets for the Hepatitis Plan. The subcommittee reviewed existing data sources for available hepatitis or hepatitis-related measures and potential indicators for each of the Plan's goals, and discussed limitations and gaps in existing measures and data sources. The Indicators Subcommittee, after consulting with its counterparts for the HIV Plan and STI Plan, used the following criteria to select the indicators to recommend to the Steering Committee. Each indicator must:

- relate to at least one of the Plan's goals;
- reflect current viral hepatitis science, policy, and medical screening guidelines;
- represent measurements of outcomes that, if changed for the positive, would be an indication of better viral hepatitis health for the nation;
- have data from a nationally representative data source, which
  - » is provided on a routine basis, enabling cross-year comparisons;
  - » allows for stratification by age, geographic region, race, ethnicity, and sex (and transmission category, if available); and
- have a national impact.

Core indicators, which measure progress on a nationwide basis, were chosen by reviewing and maintaining the indicators in the *National Viral Hepatitis Action Plan 2017-2020* (NVHAP) that continue to be most representative of measuring national progress and have robust data. Other NVHAP indicators were modified to align with current data and behavioral trends. ODP, in coordinating development of the Hepatitis Plan, also worked with federal partners leading development of *Healthy People 2030* to ensure alignment of the Hepatitis Plan quantitative targets and *Healthy People 2030* objectives. The indicators were again reviewed and refined to maximize measurement of the Hepatitis Plan's impact.

Health disparities among the core indicators for each hepatitis virus were reviewed. Disparities indicators were developed among subgroups with the highest disparities for which data were available.

The Indicators Subcommittee also recommended development of a number of indicator measures that are not currently measured, are only reported partially, or do not currently have set targets, but would help measure some high-priority issues. Overall, five developmental indicators were chosen.

## INDICATOR TARGETS

The Indicators Subcommittee, in consultation with HHS leadership, set the quantitative targets to eliminate viral hepatitis as a public health threat by 2030. It used the 2030 elimination targets set forth by WHO and in the 2017 NASEM report on elimination of hepatitis B and hepatitis C in the United States. The 5-year targets were developed utilizing a combination of target-setting methods. If historical data were available and the trend was improving, then a trend analysis was utilized to project 5-year targets. Otherwise, a percent improvement methodology was used to develop 5-year targets. The subcommittee also set annual targets to help assess on an ongoing basis whether the nation is on track to reach the longer-term national targets and, if not, examine what course corrections are needed. Annual targets were set by utilizing two linear curves: a straight line from baseline to the 2025 target and a straight line from 2025 to the 2030 target. The baseline used 2017 surveillance data—the most recent data available at the time of annual target development.

For hepatitis A, most of the improvement in the trend is anticipated from 2021 to 2025, which would allow efforts from 2026 to 2030 to focus on maintaining incidence at or below that seen before multistate outbreaks began during the past decade. For the remaining indicators, improvement may appear slower from 2021 to 2025 as resources are deployed to improve surveillance and interventions. This slower rate of projected improvement is reflected in the shallower slope of the target lines from 2021 to 2025. Improvements are expected to gain momentum from 2026 to 2030, which is reflected in the steeper slopes of the target lines from 2025 to 2030.

The WHO 2030 elimination targets include 90% hepatitis B birth dose vaccination coverage for infants, 90% three-dose hepatitis B vaccination coverage for infants, 100% blood donations screened with quality assurance, 90% injection use of engineered devices, 300 sterile syringes per person per year for people who inject drugs, 90% diagnosis of HBV and hepatitis C virus (HCV), 80% of people eligible treated for HBV and HCV, 90% reduction in incidence of chronic HBV and chronic HCV infections, and 65% reduction in mortality from chronic HBV and chronic HCV infections. The United States, as a Member State participating in the World Health Assembly, endorsed these global goals.<sup>88</sup> The Hepatitis Plan adopted the WHO indicators and global elimination targets where national surveillance data were available. Indicators for blood and injection safety were not included because these targets have already been met in the United States. Steps are needed to improve data on harm reduction, hepatitis B treatment coverage, and incidence of chronic hepatitis B and chronic hepatitis C.

# APPENDIX B: INDICATORS AND TARGETS

For each indicator, the Hepatitis Plan records baseline measurements and establishes 2030 targets as well as annual targets. Data sources are based on nationally representative samples. They regularly and consistently generate data, enable cross-year comparisons, and allow for stratification by age, geographic region, race, ethnicity, sex, and sex of sex partners. The baseline year is 2017 for all indicators, except where noted in Tables B.1 and B.2. Due to the lag in surveillance data availability, the target year will utilize data from 2 years prior (e.g., target year 2025 will utilize surveillance data from 2023) to measure progress for indicators that have annual data. For Indicator 4, two birth cohort years are utilized to generate the baseline and targets. For example, birth cohort years 2015–2016 are utilized for the baseline and birth cohort years 2021–2022 will be utilized to measure progress toward the 2025 target. For Indicators 5, 7, and 10, four years of survey data are utilized to generate baseline and targets. For example, data from 2013 to 2016 are utilized to generate the baseline and data from 2021 to 2024 will be utilized to measure progress toward the 2025 target.

## CORE INDICATORS

Table B.1 presents the baseline measurements, annual targets, and data sources for each core indicator. Five- and 10-year targets are bolded and underlined.

**Table B.1.** Hepatitis Plan Core Indicators

| Measure   | Baseline <sup>a</sup>         | 2021   | 2022   | 2023   | 2024   | <b>2025</b>   | 2026   | 2027   | 2028   | 2029   | <b>2030</b>  | Data Source <sup>b</sup> |
|---|-------------------------------|--------|--------|--------|--------|---------------|--------|--------|--------|--------|--------------|--------------------------|
| <b>1. Reduce new hepatitis A infections</b>   |                               |        |        |        |        |               |        |        |        |        |              |                          |
| Estimated number of cases   | 6,700                         | 5,800  | 5,350  | 4,900  | 4,450  | <b>4,000</b>  | 3,700  | 3,400  | 3,100  | 2,800  | <b>2,500</b> | NNDSS                    |
| <b>2. Reduce acute hepatitis B infections<sup>c</sup></b>   |                               |        |        |        |        |               |        |        |        |        |              |                          |
| Estimated number of cases   | 22,200                        | 20,800 | 20,100 | 19,400 | 18,700 | <b>18,000</b> | 14,840 | 11,680 | 8,520  | 5,360  | <b>2,200</b> | NNDSS                    |
| <b>3. Reduce acute hepatitis C infections<sup>c</sup></b>   |                               |        |        |        |        |               |        |        |        |        |              |                          |
| Estimated number of cases   | 44,700                        | 41,467 | 39,850 | 38,233 | 36,617 | <b>35,000</b> | 28,880 | 22,760 | 16,640 | 10,520 | <b>4,400</b> | NNDSS                    |
| <b>4. Increase rate of hepatitis B “birth dose” vaccination</b>   |                               |        |        |        |        |               |        |        |        |        |              |                          |
| Percentage  | 67<br>(2015–2016<br>baseline) | 69     | 70     | 71     | 72     | <b>75</b>     | 78     | 81     | 84     | 87     | <b>90</b>    | NIS-Child                |
| <b>5. Increase proportion of people with hepatitis B infection aware of their infection<sup>c,d</sup></b> |                               |        |        |        |        |               |        |        |        |        |              |                          |
| Rate/100,000  | 32<br>(2013–2016<br>baseline) | -      | 41     | -      | -      | <b>50</b>     | -      | -      | -      | -      | <b>90</b>    | NHANES                   |
| <b>6. Reduce rate of hepatitis B–related deaths<sup>c</sup></b>   |                               |        |        |        |        |               |        |        |        |        |              |                          |
| Rate/100,000  | 0.46                          | 0.44   | 0.42   | 0.41   | 0.39   | <b>0.37</b>   | 0.33   | 0.29   | 0.24   | 0.20   | <b>0.16</b>  | NVSS                     |



| Measure  | Baseline <sup>a</sup>         | 2021 | 2022 | 2023 | 2024 | <b>2025</b> | 2026 | 2027 | 2028 | 2029 | <b>2030</b> | Data Source <sup>b</sup> |
|--|-------------------------------|------|------|------|------|-------------|------|------|------|------|-------------|--------------------------|
| <b>7. Increase proportion of people who have cleared hepatitis C infection<sup>d</sup></b> |                               |      |      |      |      |             |      |      |      |      |             |                          |
| Percentage   | 43<br>(2013–2016<br>baseline) | -    | 51   | -    | -    | <b>58</b>   | -    | -    | -    | -    | <b>80</b>   | NHANES                   |
| <b>8. Reduce rate of hepatitis C–related deaths<sup>c</sup></b>                            |                               |      |      |      |      |             |      |      |      |      |             |                          |
| Rate/100,000   | 4.13                          | 3.75 | 3.57 | 3.38 | 3.19 | <b>3.00</b> | 2.69 | 2.38 | 2.06 | 1.75 | <b>1.44</b> | NVSS                     |

<sup>a</sup> Data sources use different data collection and reporting methodologies. Unless otherwise indicated, baseline data are for 2017.

<sup>b</sup> NHANES = [National Health and Nutrition Examination Survey](#); NIS-Child = [National Immunization Survey-Children](#); NNDSS = [National Notifiable Diseases Surveillance System](#); NVSS = [National Vital Statistics System](#). See below for a description of each data source.

<sup>c</sup> This core indicator has a corresponding disparities indicator(s).

<sup>d</sup> For Indicators 5 and 7, the sample size of the current annual data is too small to permit a stable estimate of the baseline and annual targets.

## DISPARITIES INDICATORS

Disparities indicators were identified by evaluating current viral hepatitis data trends and selecting priority populations most impacted. Table B.2 presents the baseline measurements and annual targets for each disparities indicator. Five- and 10-year targets are bolded and underlined. Each disparities indicator uses the same data source as its corresponding core indicator.

**Table B.2.** Hepatitis Plan Disparities Indicators<sup>a</sup>

| Measure  | Baseline <sup>b</sup>         | 2021 | 2022            | 2023 | 2024 | <b>2025</b> | 2026 | 2027 | 2028 | 2029 | <b>2030</b> |  |
|--|-------------------------------|------|-----------------|------|------|-------------|------|------|------|------|-------------|--|
| <b>9. Reduce acute hepatitis B infections among people who inject drugs</b>  |                               |      |                 |      |      |             |      |      |      |      |             |  |
| Reported rate/100,000  | 1.4                           | 1.3  | 1.2             | 1.1  | 1.1  | <b>1.00</b> | 0.8  | 0.6  | 0.5  | 0.3  | <b>0.10</b> |  |
| <b>10. Increase proportion of people with hepatitis B infection aware of their infection among Asian and Pacific Islanders<sup>c</sup></b> |                               |      |                 |      |      |             |      |      |      |      |             |  |
| Percentage   | 39<br>(2013–2016<br>baseline) | -    | 43 <sup>c</sup> | -    | -    | <b>50</b>   | -    | -    | -    | -    | <b>90</b>   |  |
| <b>11a. Reduce rate of hepatitis B–related deaths among Asian and Pacific Islanders</b>  |                               |      |                 |      |      |             |      |      |      |      |             |  |
| Reported rate/100,000  | 2.45                          | 2.25 | 2.15            | 2.04 | 1.94 | <b>1.84</b> | 1.64 | 1.45 | 1.25 | 1.06 | <b>0.86</b> |  |
| <b>11b. Reduce rate of hepatitis B–related deaths among non-Hispanic Blacks</b>  |                               |      |                 |      |      |             |      |      |      |      |             |  |
| Rate/100,000   | 0.74                          | 0.68 | 0.65            | 0.61 | 0.58 | <b>0.55</b> | 0.49 | 0.43 | 0.38 | 0.32 | <b>0.26</b> |  |
| <b>12a. Reduce acute hepatitis C infections among people who inject drugs</b>  |                               |      |                 |      |      |             |      |      |      |      |             |  |
| Reported rate/100,000  | 2.30                          | 2.1  | 2.0             | 1.9  | 1.8  | <b>1.70</b> | 1.40 | 1.10 | 0.80 | 0.50 | <b>0.20</b> |  |

| Measure   | Baseline <sup>b</sup> | 2021 | 2022 | 2023 | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | 2030 |
|---|-----------------------|------|------|------|------|------|------|------|------|------|------|
| <b>12b. Reduce acute hepatitis C infections among AI/AN</b>                     |                       |      |      |      |      |      |      |      |      |      |      |
| Reported rate/100,000   | 2.90                  | 2.7  | 2.6  | 2.4  | 2.3  | 2.20 | 1.82 | 1.44 | 1.05 | 0.67 | 0.29 |
| <b>13a. Reduce rate of hepatitis C–related deaths among AI/AN</b>               |                       |      |      |      |      |      |      |      |      |      |      |
| Rate/100,000  | 10.24                 | 9.22 | 8.71 | 8.19 | 7.68 | 7.17 | 6.45 | 5.73 | 5.02 | 4.30 | 3.58 |
| <b>13b. Reduce rate of hepatitis C-related deaths among non-Hispanic Blacks</b> |                       |      |      |      |      |      |      |      |      |      |      |
| Rate/100,000  | 7.03                  | 6.33 | 5.98 | 5.82 | 5.27 | 4.92 | 4.43 | 3.94 | 3.44 | 2.95 | 2.46 |

<sup>a</sup> Disparities indicators use the same data source as its corresponding core indicator.

<sup>b</sup> Unless otherwise indicated, baseline data are for 2017.

<sup>c</sup> For Indicator 10, the sample size of the current annual data is too small to permit a stable estimate of the baseline and annual targets.

## DATA SOURCES

The [National Health and Nutrition Examination Survey](#) (NHANES) is a CDC program designed to assess the health and nutritional status of adults and children in the United States. A survey and physical examination of a nationally representative sample of 5,000 people each year collect demographic, socioeconomic, dietary, and health-related data as well as medical, dental, and physiological measurements and results of laboratory tests administered by medical personnel.

The [National Immunization Surveys](#) (NIS) are a group of telephone surveys sponsored and conducted by CDC's National Center for Immunization and Respiratory Diseases. [NIS-Child](#) collects data regarding children in the United States who are or will be aged 19–35 months within a few weeks of the survey. Annually collected data are used to monitor vaccination coverage among 2-year-old children, including the hepatitis B birth dose, at the national, state, and selected local levels, and in some U.S. territories.

The [National Notifiable Diseases Surveillance System](#) (NNDSS) is a CDC program managed by its Division of Health Informatics and Surveillance that collects, analyzes, and publishes health data for approximately 120 diseases. These data, which CDC collects annually, help public health officials monitor, control, and prevent disease in the United States.

The [National Vital Statistics System](#) (NVSS) is the mechanism by which CDC's National Center of Health Statistics (NCHS) annually collects and disseminates the nation's official vital statistics. These data are provided through contracts between NCHS and vital registration systems operated in the various jurisdictions legally responsible for the registration of vital events—births, deaths, marriages, divorces, and fetal deaths.

# APPENDIX C: FEDERAL STEERING COMMITTEE, SUBCOMMITTEES, AND STAFF

## Federal Steering Committee Members

### *Chair*

Carol Jimenez, JD  
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Office of Infectious Disease and HIV/AIDS Policy (OIDP)  
Office of the Assistant Secretary for Health (OASH)  
Department of Health and Human Services (HHS)

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Corinna Dan, RN, MPH (Senior Policy Advisor, OIDP)  
Jessica Deerin, MPH (Epidemiologist, OIDP)

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Officer-in-charge, Navy Bloodborne Infection Management Center, U.S. Navy

Donald Shell, MD, MA  
Director, Disease Prevention, Disease Management and Population Health Policy & Oversight  
Office of the Assistant Secretary of Defense for Health Affairs

## DEPARTMENT OF HEALTH AND HUMAN SERVICES

### *Administration for Community Living (ACL)*

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Director, Center for Policy and Evaluation

### *Agency for Healthcare Research and Quality (AHRQ)*

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Medical Officer, Center for Evidence and Practice Improvement (CEPI)  
United States Preventive Services Task Force (USPSTF) Program

Howard Tracer, MD  
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### *Centers for Disease Control and Prevention (CDC)*

Gail Bolan, MD  
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National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention (NCHHSTP)

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Eugene McCray, MD (Jan. 2019–Aug. 2020)  
Director, Division of HIV/AIDS Prevention, NCHHSTP

RADM Jonathan Mermin, MD, MPH  
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Carolyn Wester, MD, MPH  
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Center for Medicare

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Senior Advisor, CMMI

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### ***National Institutes of Health (NIH)***

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# APPENDIX D: ACRONYMS

|          |   |
|----------|---|
| AA/PI    | Asian American/Pacific Islander                           |
| ACIP     | Advisory Committee on Immunization Practices              |
| ACL      | Administration for Community Living                       |
| AHRQ     | Agency for Healthcare Research and Quality                |
| AI/AN    | American Indian/Alaska Native                             |
| AIDS     | acquired immunodeficiency syndrome                        |
| API      | Asian and Pacific Islander                                |
| CDC      | Centers for Disease Control and Prevention                |
| CEPI     | Center for Evidence and Practice Improvement              |
| CHIP     | Children’s Health Insurance Program                       |
| CMMI     | Center for Medicare and Medicaid Innovation               |
| CMS      | Centers for Medicare & Medicaid Services                  |
| COVID-19 | coronavirus disease 2019                                  |
| CPD      | Office of Community Planning and Development              |
| CSTE     | Council of State and Territorial Epidemiologists          |
| DAA      | direct-acting antiviral                                   |
| DoD      | U.S. Department of Defense                                |
| DOJ      | U.S. Department of Justice                                |
| eCQM     | electronic clinical quality measures                      |
| FDA      | U.S. Food and Drug Administration                         |
| HBV      | hepatitis B virus   |
| HCV      | hepatitis C virus   |
| HEDIS    | Healthcare Effectiveness Data and Information Set         |
| HHS      | U.S. Department of Health and Human Services              |
| HIV      | human immunodeficiency virus                              |
| HRSA     | Health Resources and Services Administration              |
| HUD      | Department of Housing and Urban Development               |
| IDU      | injection drug use  |
| IHS      | Indian Health Service                                     |
| NASEM    | National Academies of Sciences, Engineering, and Medicine |



|            |   |
|------------|---|
| NCHHSTP    | National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention |
| NCHS       | National Center of Health Statistics                                  |
| NHANES     | National Health and Nutrition Examination Survey                      |
| NIAID      | National Institute of Allergy and Infectious Diseases                 |
| NIDDK      | National Institute of Diabetes and Digestive and Kidney Diseases      |
| NIH        | National Institutes of Health   |
| NIS        | National Immunization Surveys   |
| NNDSS      | National Notifiable Diseases Surveillance System                      |
| NVHAP      | National Viral Hepatitis Action Plan                                  |
| NVSS       | National Vital Statistics System                                      |
| OASH       | Office of the Assistant Secretary of Health                           |
| OHH        | Office of HIV/AIDS Housing  |
| OIDP       | Office of Infectious Disease and HIV/AIDS Policy                      |
| ONC        | Office of the National Coordinator for Health Information Technology  |
| OR         | odds ratio  |
| ODU        | opioid use disorder   |
| OWH        | Office on Women's Health  |
| POC        | point-of-care   |
| RFI        | Request for Information   |
| RNA        | ribonucleic acid  |
| SAMHSA     | Substance Abuse and Mental Health Services Administration             |
| SARS-CoV-2 | severe acute respiratory syndrome coronavirus 2                       |
| SSP        | syringe services program  |
| STD        | sexually transmitted disease  |
| STI        | sexually transmitted infection  |
| SUD        | substance use disorder  |
| USPSTF     | United States Preventive Services Task Force                          |
| VA         | Veterans Affairs  |
| WHO        | World Health Organization   |

# APPENDIX E: REFERENCES

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