Thriving together: Solutions to health worker burnout



We must shift burnout from a "me" problem to a "we" problem.

Diverse and empowered health workforce

Leadership commitment and organizational values

Reduced administrative burdens

Accessible mental health and substance use care

Culture of healing, community and connection

Safe and inclusive environments

Human-centered technology

Community partnership



Trust



Federal, State, Local, Tribal Governments Health Care Organizations Health Insurers and Payers

Academic Institutions

Licensing and Accreditation Bodies

Researchers

Family Members, Friends, and Communities

