

Checklist of Resources for Learning about Research and Research Participation

Office for Human Research Protections (OHRP), Department of Health and Human Services

This checklist provides step-by-step, easy-to-understand information for those who want to have a general but comprehensive understanding about research participation and protections.

The checklist has four sections. Please review this information in the order provided. Many resources have corresponding Spanish translations.



General Information about Research Involving People

Review the materials in this section to develop a general understanding about the different ways people may be involved in research.

1. Review the *Learn About Research Participation* brochure (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/printable-educational-materials/index.html) to understand the basics of how research works and the importance of the partnership between researchers and participants.
2. Read a simple explanation of “What is Human Subjects Research?” (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/additional-resources/index.html) (scroll down to Commonly Asked Questions Explained and select “What is Human Subjects Research?”).
3. Watch the following videos from OHRP’s *About Research Participation (ARP)* series (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/informational-videos/index.html).
 - Videos on Clinical Research Basics, Part 1: What is Medical Research?
 - How is Medical Research Different from Medical Care?
 - Participating in Social and Behavioral Health Research
 - Research with Medical Records and Samples from Medical Care



Brief History on the Importance of Protecting People Who Participate in Research

Learn the history of “why” and “how” the U.S. regulations came about and the ethical principles that guide research involving people:

1. Watch the video *Evolving Concern: Protection for Human Subjects* (www.youtube.com/watch?v=8Ku4b1fW18) for a more in-depth understanding of the historical events underlying the development of regulations and policies to protect human research participants in the U.S.
2. Review the *Belmont Report* (www.hhs.gov/ohrp/regulations-and-policy/belmont-report/index.html) to discover the ethical principles of respect for persons, beneficence, and justice that guide the conduct of research involving humans.



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Information on the Federal Government's Framework for Protecting People in Research

- 1. Review the set of infographics *Protecting Research Volunteers* (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/protecting-research-volunteers/index.html) for an easy-to-follow introduction to human research protections.
- 2. Watch the video on *How IRBs Protect Human Research Participants* (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/informational-videos/index.html) to learn about the important role of institutional review boards (IRBs) in the oversight and approval of research.
- 3. Watch the video *Informed Consent for Research: What to Expect* (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/informational-videos/index.html) to understand the importance of the informed consent process in protecting research participants' rights.



Additional Resources for People Thinking About Volunteering for Research Studies

- 1. Watch the videos in the *About Research Participation (ARP)* collection (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/informational-videos/index.html).
- 2. Review the list of questions volunteers should ask researchers before deciding to participate (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/questions-to-ask/index.html). A good informed consent form would address many of these questions.
- 3. Find explanations for terms commonly used to describe research by browsing the National Institute of Health's glossary of commonly used terms (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/additional-resources/index.html).
- 4. Print informational materials available in OHRP's *About Research Participation (ARP)* collection for public distribution (www.hhs.gov/ohrp/education-and-outreach/about-research-participation/printable-educational-materials/index.html). No permission needed for their use.



Scan the QR code to access OHRP's free online library of trusted resources about research and research participation.

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