Secretary's Advisory
Committee on Infant Mortality
Washington, DC
January 24, 2008

Lessons from the Front:
Central Harlem Healthy
Start – A MCH Life
Course Organization

Mario Drummonds, MS, LCSW, MBA

CEO, Northern Manhattan Perinatal Partnership, Inc.



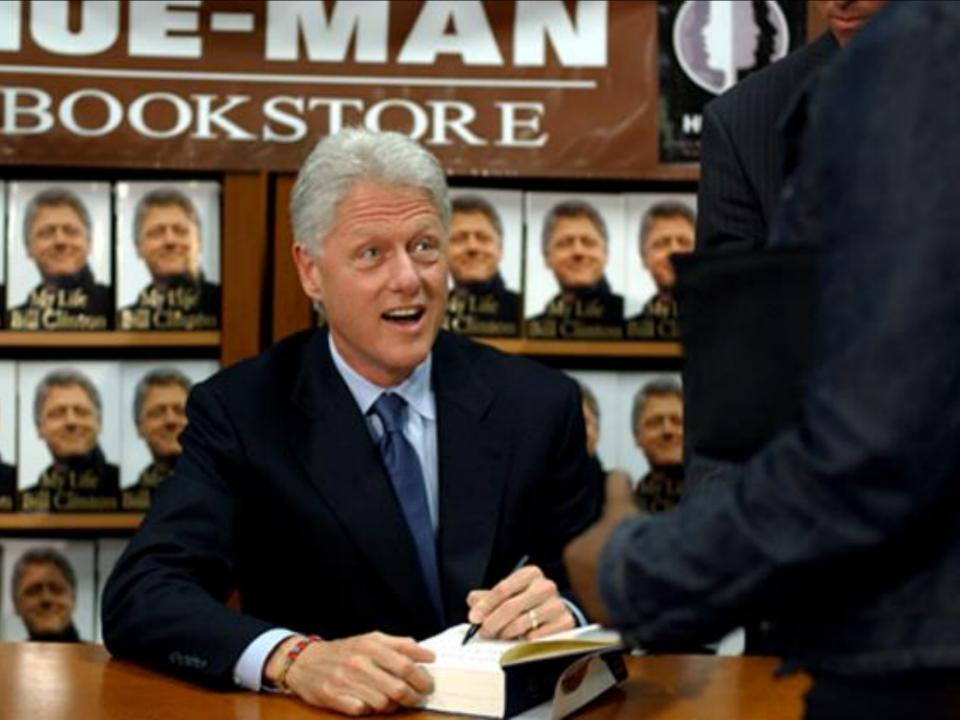
Presentation Objectives

- Document the Public Health Crisis in Harlem in 1990 and how it was resolved by 2005
- Reveal Direct Practice & System Changes
 Instituted that Brought About Dramatic Changes
 in Maternal and Birth Outcomes on the Ground
 in Harlem by 2005
- Define and describe the MCH Lifespan
 Organization & Movement that Ushered in Change

Take a Fresh Look at Harlem









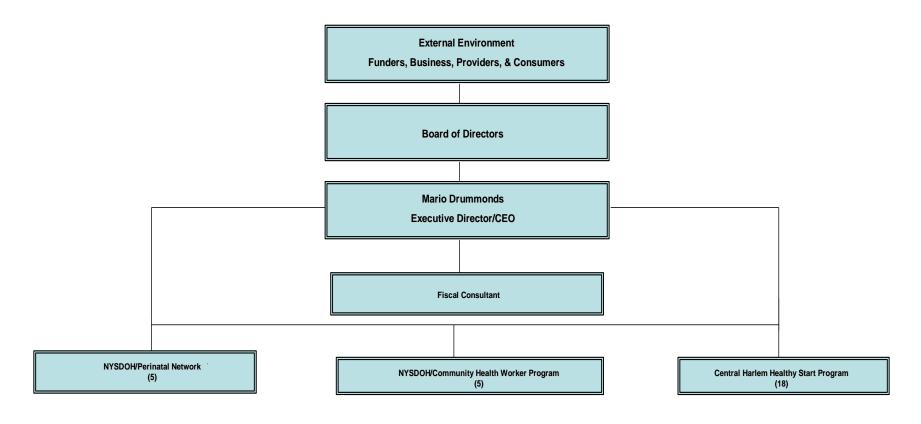


The Northern Manhattan Perinatal Partnership, Inc. (NMPP) is a not-for-profit organization comprised of a network of public and private agencies, community residents, health organizations and local businesses. NMPP provides crucial services to women and children in Central, West and East Harlem and **Washington Heights**

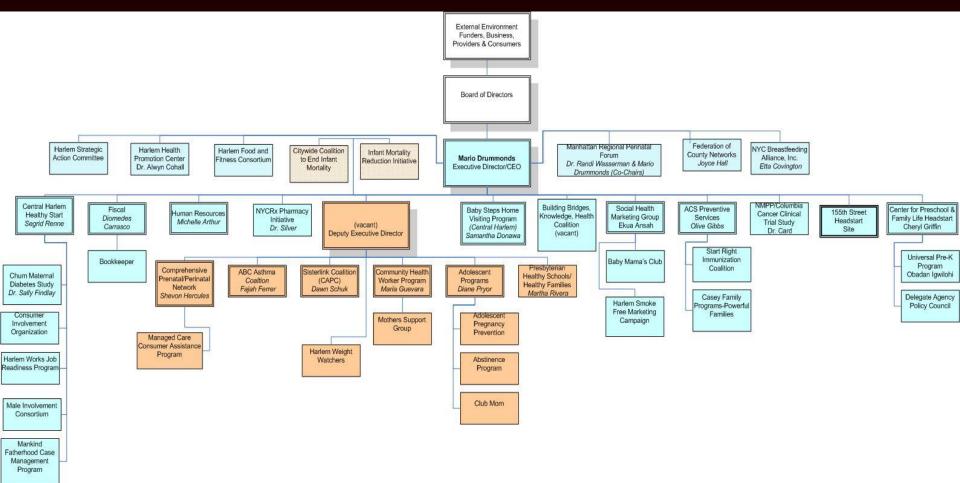
NMPP's mission is to save babies and help women take charge of their reproductive, social and economic lives. We achieve this mission by offering a number of programs that help reduce the infant mortality rate and increase the selfsufficiency of poor and working class women throughout the above communities

NMPP 1995

NORTHERN MANHATTAN PERINATAL PARTNERSHIP, INC. MANAGERIAL/PROGRAM CHART for 1995 SUSTAINABILITY as ORGANIZATIONAL STRATEGIC INTENT

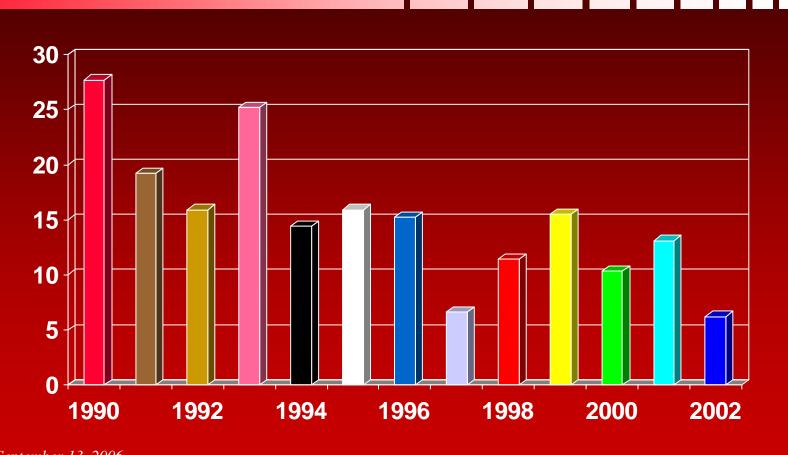


NMPP 2008





Central Harlem Infant Mortality Rate



Infant Deaths and Infant Mortality Rate by Health Center District of Residence

New York City, 2001-2005

| Health | 2001 | 2002 | 2003 | 2004 | 2005 |
|-----------------------|------|------|------|------|------|
| Center District | IMR | IMR | IMR | IMR | IMR |
| New York City | 6.1 | 6.0 | 6.5 | 6.1 | 6.0 |
| Central Harlem | 13.1 | 6.2 | 7.3 | 5.1 | 7.4 |
| East Harlem | 7.8 | 8.3 | 5.0 | 5.5 | 3.6 |
| Washington Heights | 5.5 | 4.2 | 7.3 | 5.9 | 4.5 |

September 13, 2006 Bureau of Vital Statistics New York City Department of Health and Mental Hygiene

1990: Central Harlem Public Health Crisis

• Border Baby Crisis Due to Crack Epidemic

• 321 Newborns were Infected with the HIV Virus

• 1990 Infant Mortality Rate 27.7 Deaths per 1,000 Live Births

1990: Central Harlem Public Health Crisis

 Low Birth Weight Rates Hovered Around 20% for Central Harlem in Early 1990's

• 25% of the Women Entered Prenatal Care In First Trimester!

• Local Health System Fragmented, Access to Care Issues, No Plan or Political Will to Address the Crisis

Central Harlem 2005: A New Day

• Infant Mortality Rate 7.4 Deaths per 1000 live births

• By 2003, Only Five Babies Born with the HIV Virus

• Low Birth Weight Rate at 11.3%

Central Harlem 2005: A New Day

- 92% of Central Harlem Women Accessed Prenatal Care during First Trimester
- New Birthing Center Built at Harlem Hospital
- Social Movement Built Where Entire Community Takes Responsibility for Infant & Maternity Care

How Did We Do IT?

1. "Outcome" Case Managed 8,000 High-Risk Women from 1990-2006

- 2. Launched an Intensive Air War Using Private Sector Marketing Tactics to:
 - a. Recruit Thousands of Women into our Case Management Programs
 - b. Foster health behavior change on the individual, group and mass media level

How Did We Do IT?

- 3. Transformed Local Health System through Regionalization of Perinatal Care/Opening up Access/Building New Birthing Center at Harlem Hospital
- 4. Built a Healthcare Mass Movement Where Infant Mortality Reduction Became the Number One Public Health & Political Issue Throughout NYC DEVELOPED THE POLITICAL WILL TO CHANGE COURSE!

How Did We Do IT?

5. Raised Over \$52 Million Dollars to Supplement Healthy Start Dollars from 2000-2007 NYC Using Tax Levy Dollars

Secretary's Advisory Committee on Infant Mortality 2002

Report on the Future of Healthy Start

Why Direct Practice Interventions are not Enough

"...Healthy Start Interventions are Inherently Limited in Their Focus and Cannot Change Systemic Structures Such as Insurance Coverage, Hospital Practices, Unemployment, Poverty and Violence in the Community... It is Unrealistic to Expect that Community Coalitions and Case **Management can Impact Infant Mortality** Rates.

Secretary's Advisory Committee on Infant Mortality 2002 Report on the Future of Healthy Start

Why Direct Practice Interventions are not Enough

In Summary, Healthy Start Interventions
Implemented in the Demonstration Phase
could not be Expected to Impact on Infant
Mortality Rates Unless Other Systemic
Changes Which Remove Barriers to Care
had been Made at the Same Time."

System Transformation Strategies

- 1. Base Building at St. Nicholas
- 2. Building Harlem Birthing Center
- 3. Regionalization of Perinatal Care
- 4. Integrating MCH/Child Welfare/Early Childhood Systems of Care
- 5. Developing an MCH Poverty Strategy
- 6. Developing a Public Health Social Movement

POURING THE FOUNDATION FOR CHANGE: BASE BUILDING WITHIN ST. NICHOLAS HOUSING DEVELOPMENT

- CHILD WELFARE & INFANT DEATH DATA REVIEW: ZIP CODE 10027
- HARLEM CARVE OUT
- DIRECT MAIL CAMPAIGN
- DOOR-TO-DOOR CAMPAIGN
- PHONE-FOLLOW-UP WORK

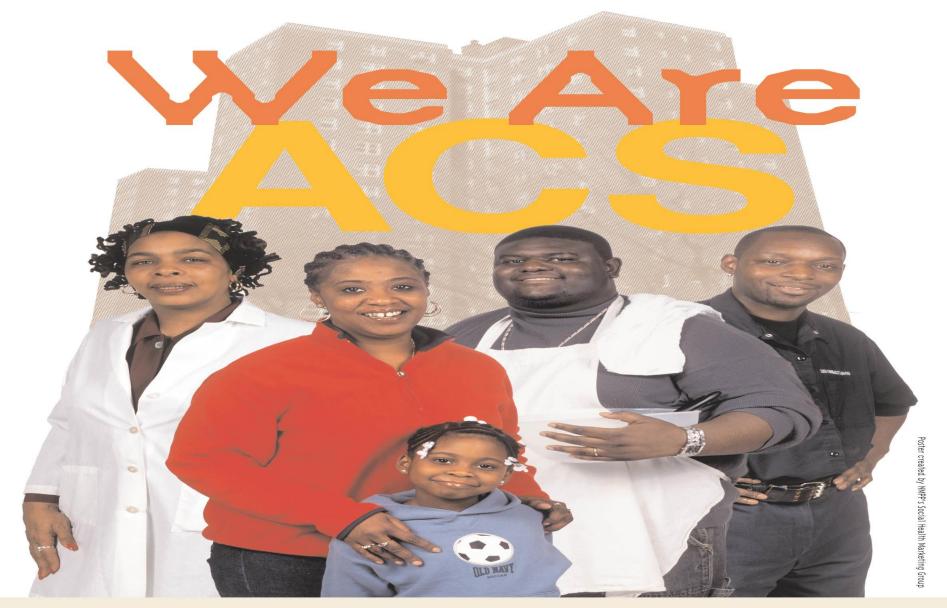


POURING THE FOUNDATION FOR CHANGE: BASE BUILDING WITHIN ST. NICHOLAS HOUSING DEVELOPMENT

- DATABASE DEVELOPMENT-CASE REFERRALS
- CONCENTRATION OF CLINICAL CAPACITY
- SURGE STRATEGY CLINICAL OUTCOMES
- DISASTER RECOVERY/CIVIL DEFENSE/EMERGENCY PREPAREDNESS READY

POURING THE FOUNDATION FOR CHANGE: BASE BUILDING WITHIN ST. NICHOLAS HOUSING DEVELOPMENT

- LIVING LABORTORY/MCH BASE AREA BUILT
- HARLEM CHILDREN'S ZONE/CITY HEALTH DEPARTMENT FOLLOWS OUR LEAD



We are Active Community Servants to end child abuse and neglect in Harlem. We are not here to remove your children and place them in the foster care system. We are community members charged to help you care for your children and keep your family together!

We are prepared to anticipate, recognize and appropriately react to a family experiencing a stressful situation that might negatively impact on a child.

Better Days are about to arrive!

Reinforcements are on the way because love can build a bridge.

If you are experiencing difficulties caring for your child, we are your next door neighbors in the Saint Nicolas Housing Development. Knock on our door or call the friendly and supportive staff at the Northern Manhattan Perinatal Partnership's Saint Nicholas Family Life Support Network at 212-665-2600, Ext. 345. WE ARE ACS!

PROBLEM FORMULATION:

HARLEM HOSPITAL'S DELIVERES DECLINED FROM 4,000 IN 1992 TO 1,104 BY 2002. 0B DEPARTMENT ON DEATH BED

POOR HISTORY & PERCEPTION OF QUALITY CARE AMONG MCH POPULATION-VOTED WITH THEIR FEET

HOSPITAL HAS BEEN OPERATING AT A DEFICIT FOR A NUMBER OF YEARS. PAST MAYORS MADE PLANS TO CLOSE FACILITY

HOSPITAL FAILED TO RESPOND TO COMPETITIVE FORCES IN THE LOCAL HEALTHCARE MARKET

SOLUTION:

BEGAN PLANNING PROCESS FOR NEW BIRTHING CENTER IN 1998: FINANCIALS & CONCEPT PAPER FOR FREE-STANDING CENTER

APPROACHED NYC HEALTH & HOSPITAL CORPORATION/HARLEM HOSPITAL AND BUILT PARTNERSHIP 2001

WORKED WITH DR. BEN CHU AND DR. JOHN PALMER TO DEVELOP FINANCING AND ARCHITECUAL PLANS TO BUILD BIRTHING CENTER AT HARLEM HOSPITAL

DESIGNED FIVE 800 SQUARE FOOT ROOMS, FAMILY AREA, COMPUTER, T.V. POOL AREA

SECURED 1.5 MILLION DOLLARS FROM MANHATTAN BOROUGH PRESIDENT C VIRGINIA FIELDS AND \$500,000 FROM CONGRESSMAN CHARLIE RANGEL BY 2002

STAFFED CENTER WITH MIDWIVES AND OB/GYN'S CENTER OPENED SEPTEMBER 7, 2003

SUMMER OF 2004 SELECTED BY HRSA TO ATTEND UCLA ANDERSON SCHOOL OF BUSINESS FOR ONE MONTH AND DEVELOPED COMPREHENSIVE MARKETING PLAN FOR BIRTHING CENTER

DELIVERIES HAVE INCREASED BY 25%

MAYOR BLOOMBERG REWARDED OUR TEAM BY ALLOCATING 250 MILLION DOLLARS IN 2005 TO BUILD A NEW HOSPITAL THAT WILL COME ON-LINE BY 2011

WE OPENED UP ACCESS TO IMMIGRANT
WOMEN, SAVED OB AND WE ARE CURRENTLY
BUILDING A NEW HOSPITAL
35



REGIONALIZATION OF PERINATAL CARE IN NYS--

- IMPROVING QUALITY OF PERINATAL PRACTICE

147 MATERNITY HOSPITALS HAD NOT BE DESIGNATED FOR OVER FIFTEEN YEARS BY THE NYSDOH

INCREASED FRAGMENTATION OF CARE, LACK OF SUPERVISION OF HOSPITALS WHO CARED FOR SICK BABIES THROUGHOUT THE STATE, TRANSFERS WERE UNPLANNED

BY 2001, THE BUREAU OF WOMENS HEALTH/NYSDOH DECIDED TO SURVEY ALL OF THE 147 MATERNITY HOSPITALS ACROSS THE STATE AND REDESIGNATE THEM AND PLACE THEM WITHIN A LOCAL NETWORK OF CARE

BY 2004, SURVEY WORK WAS COMPLETE AND NYSDOH ANNOUNCED EACH DESIGNATION

LEVEL FOUR HOSPITAL: REGIONAL PERINATAL CENTER

*COORDINATE MATERNAL-FETAL AND NEW BORN TRANSFERS OF HIGH-RISK PATIENTS FROM THE AFFILIATE HOSPITALS TO THE RPC

*RESPONSIBLE FOR SUPPORT, EDUCATION, CONSULTATION AND IMPROVEMENT IN THE QUALITY OF CARE IN THE AFFILIATE HOPSITALS WITHIN THE REGION

RESPONSIBLE FOR REVIEWING AFFILIATE HOSPITALS DATA COLLECTION METHODS AND SUPERVISING THEIR QUALITY ASSURANCE POLICIES IN THE NICU

LEVEL 1 HOSPITALS PROVIDE CARE TO NORMAL AND LOW RISK PREGNANT WOMEN AND NEWBORNS BUT DO NOT OPERATE NEONATAL INTENSIVE CARE UNITS

LEVEL 2 HOSPITALS PROVIDE CARE TO WOMEN AND NEWBORNS AT MODERATE RISK AND DO OPERATE NICUs

LEVEL 3 HOSPITALS CARE FOR PATIENTS REQUIRING INCREASINGLY COMPLEX CARE AND OPERATE NICUS

STATEWIDE PERINATAL DATA BASE CONSTRUCTED CLINICAL DATA UPLOADED EVERY TWO DAYS

HOSPITAL REIMBURSEMENT FOR MATERNITY CARE RELATED TO LEVEL AND QUALITY OF PERFORMANCE

NYSDOH MANDATES FORMING REGIONAL PERINATAL FORUMS

BOROUGH OF MANHATTAN HAS FIVE RPCS AND OVER TWENTY-FIVE AFFILIATE HOSPITALS

RESULT: INCREASED SURVIVAL RATES FOR SICK BABIES AND MOTHERS THROUGHOUT NYS AND HARLEM NY THUS REDUCING INFANT MORTALITY

PROBLEMS/ISSUES:

*NYC'S & HARLEM'S CHILD WELFARE SYSTEM HISTORY

*CHILD WELFARE SYSTEM & MCH SYSTEM NEVER COMMUNICATED DESPITE SERVING SIMILAR CASE POPULATIONS

• *LOCAL & NATIONAL CHILD WELFARE DATA SETS REVEALED THAT CHILDREN 0-5 ARE MOST AT RISK FOR ABUSE

• *NYC ADMINISTRATION FOR CHILDREN SERVICES DID NOT HAVE THE CORE COMPETENCIES TO SERVE THIS POPULATION ALONG WITH PREGNANT TEENS IN THE SYSTEM

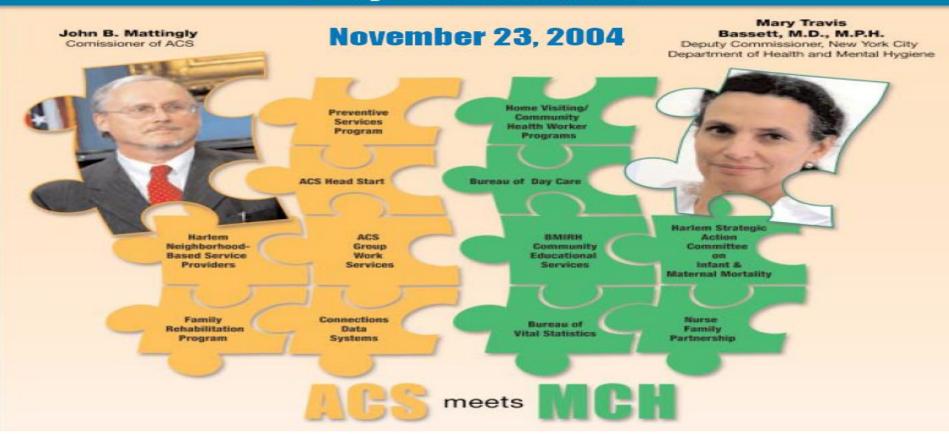
*NOVEMEBER 23RD 2004, NMPP ORGANIZED A FORUM WITH THE TWO LEADERS OF OUR MCH AND CHILD WELFARE SYSTEMS IN NYC

*OUR TASK WAS TO DEVELOP A
PERINATAL FOCUS TO CHILD WELFARE
PRACTICE

Central Harlem Healthy Start's Consortium

Treating Child Abuse/Infant Deaths at its Roots: Integrating Child Welfare and Maternal & Child Health Services in New York City

A Policy Conversation in Harlem



Northern Manhattan Perinatal Partnership

127 West 127th Street 3rd Floor Conference Area 9:30 am - 12:00 pm Seating Is Limited

FREEIII

Obtain a status report on the Central Harlem Healthy Start Program and learn about the future of Healthy Start in Harlem.

For more information call Ron Turner at 212 665-2600 ext 306.

Co-Sponsors: NMPP's Sisterlink Coalition, Center for Preschool Family Learning Head Start, St. Nicholas Family Life Support Network Preventive Program, Baby Steps Home Visiting Program

RESULTS:

*TWO SENIOR STAFF MEETINGS WERE PLANNED BETWEEN BOTH AGENCIES TO EXPLORE WAYS TO WORK TOGETHER

*AS A RESULT OF OUR BRIDGE WORK, ACS AGREED TO ALLOW THE MCH COMMUNITY'S HEALTHY START, HEALTHY FAMILY AMERICA'S HOME VISITING AND NURSE FAMILY PARTNERSHIP PROGRAMS TO MANAGE THE CASES OF BIOLOGICAL MOMS WHO HAD CHILDREN IN CARE 0-5

*A COPS WAIVER WAS SUBMITED TO OUR NYS OFFICE OF CHILDREN & FAMILIES AGENCY THAT RAISED OVER TEN MILLION DOLLARS TO FUND THE COLLABORATION

*NYCDOH/MH AGREED TO MAKE TWO VISITS
TO ALL BIOLOGICAL PARENTS OF CHILDREN 05 WHO WERE EITHER IN OUR FOSTER
BOARDING HOME OR PREVENTIVE SYSTEMS
THROUGH THEIR NEW BORN HOME VISITING
MODEL

- *BOTH AGENCIES SIGNED A MOA TO INTEGRATE THEIR DATA SYSTEMS TO MONITOR SIMILAR CLIENTS, MONITOR QUALITY AND REDUCE DUPLICATION OF CARE
- *AS A RESULT OF THIS WORK, THE NUMBER OF CHILDREN ENTERING CHILD WELFARE SYSTEM FROM HARLEM DECLINED BY 20%

Selected Child Welfare Trends, Central Harlem 2002-2005 Veer 2002 2003 2004 2005

2032

39.4%

649

21.9

285

279

198

9.6

under in the population.

the population.

1855

37.9%

745

19.4

228

220

161

7.4

•Victimization Rate is the number of children with indicated abuse/neglect per thousand youth 17 and

•** Placement rate is the number of children placed into foster care per 1000 youth 17 and under in

1846

45.9%

885

24.7

192

192

146

6.5

| rear | 2002 | 2003 | 2001 | 2005 |
|-----------------------|------|------|------|------|
| Abuse/Neglect Reports | 1574 | 1354 | 1200 | 1208 |

2478

45.0%

973

32.8

449

447

288

15.1

Number of Children In

Abuse/Neglect Indication

Number of Children in

Victimization Rates *

Number of Placements

Number of Children

Number of Families

Placement Rate **

Management Analysis

Source: NYC Administration for

Children's Services: Office of

Placed

Placed

Indicated Reports

Reports

Rates

EARLY CHILDHOOD SYSTEMS INTEGRATION

ON THE EARLY CHILDHOOD FRONT, NMPP'S BOARD DECIDED EARLY ON THAT THE AGENCY WOULD GET INTO THE EARLY CHILDHOOD BUSINESS, WHY?

THE BOARD BELIEVED THAT THE BEST WAY TO MANAGE A WOMAN'S HEALTH AFTER PREGNANCY WAS TO INVOLVE THE AGENCY IN THE CHILD CARE BUSINESS

EARLY CHILDHOOD SYSTEMS INTEGRATION

IN 2000 WE SECURED A CONTRACT FROM ACS TO DELIVER CENTER-BASED HEAD START SERVICES

BY 2003, WE SECURED A CONTRACT TO DELIVER EARLY HEAD START SERVICES

EARLY CHILDHOOD SYSTEMS INTEGRATION

BY 2005, WE SECURED A CONTRACT TO DELIVER UNIVERSAL PRE-KINDEGARTEN SERVICES IN THE COMMUNITY

WE WERE ABLE TO BUILD THE INFRASTRUCTURE TO MONITOR AND INFLUENCE THE HEALTH OF NEWBORNS UP UNTIL FIVE YEARS OF AGE AND THEIR MOTHERS

POVERTY REDUCTION STRATEGY

CREATING A VISION BEYOND
WELFARE, DEVELOPING WORKING
CLASS HEROES-MOVING WOMEN
INTO THE MIDDLE CLASS

BEING POOR IS HAZARDOUS TO A WOMAN'S HEALTH

Case Level Interventions:

Harlem Works Job Readiness Program - 1997 & Beyond

Powerful Families Financial Literacy/Assets Building Program —Casey Family Programs funded

NMPP's Education Strategy Extended at Harlem Choir Academy 56

NYC Mayor Bloomberg's Poverty Campaign: Center for Economic **Opportunity-Last Year Our Mayor Declared War On Poverty and Allocated** 150 million a Year to Develop Internal **Agency-Public-Private Solutions to Spur Economic Opportunities and Financial** Independence

September, 2006

INCREASING OPPORTUNITY AND REDUCING POVERTY IN NEW YORK CITY



THE MAYOR CHARGED EVERY
COMMISSIONER TO TAKE 5% OF THEIR
ANNUAL BUDGET AND ALLOCATE
TARGETED TO THE ANTI-POVERTY
STRATEGY

CONDITIONAL CASH TRANSFER PROGRAM:

Mayor's Affordable Housing Strategy- 7.5 Billion Allocated to Preserve and Build 165,000 units of affordable housing by 2013 in poor communities like Harlem, the South Bronx & Bedford Stuyvesant –Forty-Seven Thousand Unit Built to Date

Moving Participants into Union Jobs

Registered Nurse & LPN Career Ladder
Training Program- Train 400 poor and working class New Yorkers to become nurses! Ten
Million Dollars Allocated to Fund this ProgramGuaranteed Placement at HHC Facility Making up to 37,000 for LPN or \$62,000 for an RN

Micro-Lending Program Spurs Business
Ownership

State & National Policy Initiatives:

Congress Rangel's Harlem Empowerment Zone/Enterprise Community Impact

Moving from a Minimum Wage to a Livable Wage Policy 1997-\$5.15 TO 7.25 TO 10.25 per Hour

CHARACTERISTICS OF A MCH LIFE SPAN ORGANIZATION

1. BUILDS PROGRAMATIC CAPACITY WITHIN THE AGENCY AT EACH STAGE OF A WOMEN'S LIFE SPAN TO MANAGE HER HEALTH OVER THE LIFE SPAN

2. IF UNABLE TO BUILD INTERNAL CAPACITY COLLABORATES WITH OUTSIDE AGENCIES AND SYSTEMS TO CREATE AN INTEGRATED SYSTEM OF CARE TO MANAGE A WOMAN'S HEAL®TH

CHARACTERISTICS OF A MCH LIFE SPAN ORGANIZATION

3. CAN SEE AROUND THE CORNER TO RESPOND TO TRENDS BEFORE THEY HAVE AN IMPACT ON THE TARGET POPULATION- E.G. DIABETES, WOMEN OVER 35

4. UNDERSTANDS THE ROLE AND IMPORTANCE OF ORGANIZATIONAL OR MOVEMENT STRATEGIES

CHARACTERISTICS OF A MCH LIFE SPAN ORGANIZATION

- 5. HAS A DEEP APPRECIATION FOR DATA ANALYSIS & RESEARCH BUT ALSO VIEWS PRACTICE AS ANOTHER MEANS TO PRODUCE THEORY ONCE IT IS SUMMED UP
- 6. LIFE SPAN MCH ORGANIZATIONS ARE DECENTRALIZED ALLOWING MAXIMUM FLEXIBILITY FOR LEADERS TO EXPERIMENT WITH NEW PARTNERS AND USE HUMAN AND FINANCIAL RESOURCES TO PRODUCE NEW RESULTS FOR MOTHERS AND BABIES

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Spectrum of Work for MCH Life Span Organization Building Public Health Social Movement

Economic Opportunities

- •Harlem Works
- Financial Literacy
- LPN RN Training Program
- Union Employment
- Micro Lending Savings
- •Empowerment Zone

Birth

Early Childhood

- •Early Head Start
- •Head Start
- •UPK
- Choir Academy

Housing

- Home Ownership
- Affordable Housing
- Base Building- St. Nicks

Legislative Agenda

- •Reauthorize Healthy Start
- •SCHIP
- Minimum Wage Legislation
- •Women's Health Financing

Health System

- Case Management Title V Funds
- Health Education Regionalization
- Outreach -Harlem Hospital
- **Perinatal Mood Disorders-Birthing Center**
- Interconceptional Care

Child Welfare

- Preventive Services
- Foster Care Services
- Parenting Workshops
- •Newborn Home Visiting
- COPS Waiver

Early Childhood

Pre-teen

Teen

Young Adult Women

66

over 35

Spectrum of Work for MCH Life Span Organization Building Public Health Social Movement

Economic Opportunities

Harlem Works

Financial Literacy

LPN RN Training Program

Union Employment

Micro Lending Savings

Empowerment Zone

Early Childhood

Early Head Start

Head Start

UPK

Choir Academy

Housing

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Affordable Housing

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Health System

Case Management - Title V Funds

Health Education - Regionalization

Outreach - Harlem Hospital

Perinatal Mood Disorders-Birthing Center

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Legislative Agenda

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Child Welfare

Preventive Services

Foster Care Services

Parenting Workshops

Newborn Home

Visiting

COPS Waiver

Life Span: Birth, early childhood, pre-teen, teen, young adult, women over 35

SUMMARY:

SUCCESSFUL COMMUNITY MOBILIZATION CAMPAIGNS DEMAND FOCUSED AND DETERMINED LEADERSHIP

SUMMARY:

NMPP believes that Leadership is the self-defined capacity to communicate vision and values while providing programs, structures and core services that satisfy human needs and aspirations while transforming people, your organization and society in the process!

Reducing Infant Mortality in Throughout the STATE of Illinois: Building a Social Movement, Investing in Ideas, Executing Tasks, Returning Results!



Linking Women to Health, Power and Love Across the Life Span

For more information contact:

Mario Drummonds, MS, LCSW, MBA **Executive Director/CEO** Northern Manhattan Perinatal Partnership 127 W. 127th Street New York, NY 10027 (347)489-4769 mdrummonds@msn.com