



Well Woman Care, Reproductive Choice and Preconception Health on the National Agenda

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This is the Year of the Woman!

I have no conflicts of interest to declare

Well Woman Health Care

- With passage of the Affordable Care Act, well woman health care, preconception health, reproductive health and prenatal care are covered benefits
- Effectively, THIS ACT, is an investment in women's health AND new born health...

an investment in the NEXT generation

Investment in Infant Outcomes requires
an investment in Women's Health and
Maternal Outcomes

Infant mortality has faired better than Maternal Mortality:

Maternal mortality in the US is 2-3 times higher than in western European Nations, Japan, Canada and Australia

But we must invest in maternal outcomes if we hope to improve neonatal outcomes

Hogan et al *Lancet* 2010; 375: 1609–23

ACOG
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AND GYNECOLOGISTS

- **Severe Maternal Morbidity currently impacts over 50,000 women annually**
 - This represents an increase of 75% over the last decade
 - Postpartum hospitalizations doubled
 - Postpartum Mortality in the same decade doubled

And, the complications to mother are often accompanied by complications to the newborn, including prematurity

Callaghan et al 2012 Obstet Gynecol 2012;120:1029–36

The National Agenda

- **Address Reproductive Choice: Every Pregnancy is a Planned Pregnancy**
- **Address Obesity: weight gain DURING pregnancy and weight loss AFTER pregnancy.**
- **Address the Post Partum Visit: 70 percent of women conceive again**
- **Address the Health of Women BEFORE conception: particularly with Chronic Conditions Management Programs**
 - **Set quality measures SPECIFICALLY for women of reproductive age, with goals different than other individuals with chronic medical conditions**

You Get What You Measure

- And we have NEVER measured health plans in terms of preconception health
- We have NEVER measured health plans and set women of reproductive age in a category separate from all others
- We have NEVER measured health plans in terms of teratogen use at the time of conception
- We have NEVER focused on women of reproductive age who have chronic medical conditions: Diabetes, Hypertension, Obesity

IT IS TIME TO START!

Then we will see SACIM give rise to SACIMMM:
The Secretary Advisory Committee on Infant and
Maternal Mortality and Morbidity