## DEPARTMENT OF HEALTH

## CCHD Pulse Oximetry Newborn Screening: State Program Perspectives

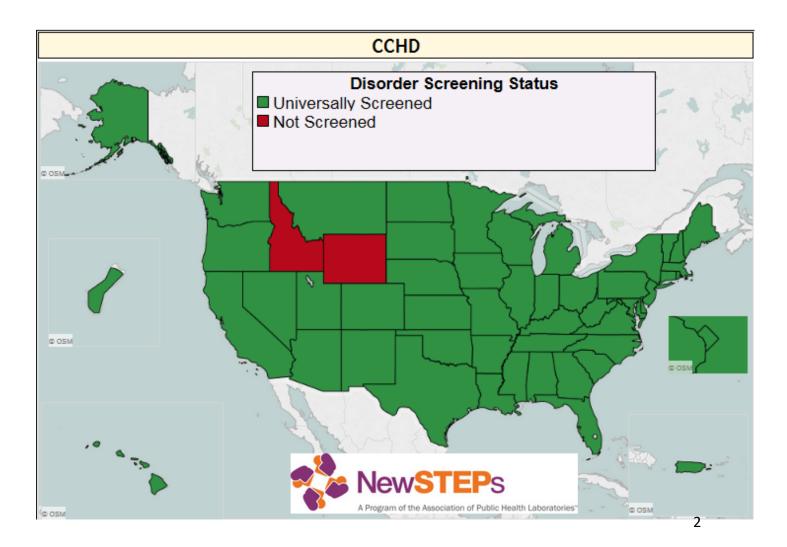
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## A picture may be worth a thousand words...

... but with CCHD...

...the devil is in the details.



## **OVERVIEW**

- Utilizes pulse oximetry to detect lower oxygen saturations often associated with ductal-dependent Critical Congenital Heart Disease (CCHD)
  - Critical = surgery or catheter intervention in first year of life

#### • The screen detects HYPOXEMIA

- Associated with non-critical CHD
- Associated with Pulmonary Conditions
  - Pneumonia
  - Persistent Pulmonary Hypertension
- Associated with Bacterial Infections
  - Sepsis
- Associated with CCHD
  - Originally 7 primary targets now 12

## PRIMARY TARGETS OF CCHD PULSE OXIMETRY SCREENING

- Hypoplastic Left Heart Syndrome (HLHS)
- Pulmonary Atresia
- Tetralogy of Fallot
- Total Anomalous Pulmonary Venous Return
- Transposition of the Great Arteries
- Tricuspid Atresia
- Truncus Arteriosus
- Coarctation of the Aorta
- Double-Outlet Right Ventricle
- Ebstein's Anomaly
- Interrupted Aortic Arch
- Single Ventricle



## CCHD PULSE OXIMETRY SCREENING IS....

#### • One of the least uniform of the conditions on the RUSP

- States utilize various:
  - Screening Algorithms
  - Follow-up practices
  - Data collection requirements and analysis

Algorithm Source	Cutoff for Passing With First Measurement	Retest Criteria for Subsequent Measurements	Fail Criteria
AAP	$0_2 \text{ sat } ≥95\%$ (in either RH or F) AND  hand-foot	0 <sub>2</sub> sat <95% (in both RH and F) OR  hand-foot	O <sub>2</sub> sat <90% (either RH or F) OR fail retest
	$0_2 \text{ sat } ≤3\%$	0 <sub>2</sub> sat >3%	criteria × 3
New Jersey	$0_2 \text{ sat } ≥95\%$ (in both RH and F) AND  hand-foot	0 <sub>2</sub> sat <95% (in either RH or F) OR  hand-foot	0 <sub>2</sub> sat <90% (either RH or F) OR fail retest
	$0_2 \text{ sat } ≤3\%$	0 <sub>2</sub> sat >3%	criteria × 3
Tennessee	$0_2$ sat ≥97% (F)	$0_2 \text{ sat} < 95\%$ (in both RH and F) OR  hand-foot  $0_2 \text{ sat} > 3\%$	0 <sub>2</sub> sat <90% (either RH or F) OR fail retest criteria × 3

F, either foot; O<sub>2</sub>, oxygen; RH, right hand; sat, saturation.

## CCHD PULSE OXIMETRY SCREENING IS...

#### • Unique to all other NBS conditions

- Pulse Oximetry Screening is the third line of defense
  - And the first two lines are getting better (though unlikely to ever be 100%)
- Other Public Health Programs are involved (e.g., Birth Defects Registries)
  - In most states, identified cases of primary CCHD targets are being reported

- Necessity of the screen itself varies by individual and location
  - Dependent upon prenatal and clinical care availability and accessibility

## SUCCESSES IN CCHD PULSE OXIMETRY SCREENING

- Infants who may have otherwise gone home undetected have been picked up by screening
  - Many, if not most eligible infants appear to be getting screened
- Significant other diseases like PPHN and pneumonia are being detected
- The addition of CCHD screening has not appeared to "shock" the system as some had feared (anecdotal)
- Addition of CCHD has resulted in stronger relationships with other Public Health Programs like Birth Defects Registries

## EXISTING CHALLENES IN CCHD PULSE OXIMETRY SCREENING

#### • Data Collection: Buy-In; Timeliness; Quality; Border Babies

- Initial screening results
- Echocardiogram results
- Non-cardiac findings
- Reasons for not screening
- Uniform case definitions still being developed
- Education regarding limitations of CCHD screening
- Screening devices
  - Concerns over accuracy and precision of currently available screening devices

## EXISTING CHALLENES IN CCHD PULSE OXIMETRY SCREENING

#### Unknown best practices/algorithm

- Also unknown, in many cases, if algorithm is being followed correctly
- In 2016, Minnesota had a misinterpreted algorithm in 0.6% of cases (despite building algorithm into software)
- Infants in the NICU
- Out-of-Hospital Births
  - How to incorporate algorithm into existing workflows
- Facility versus Program roles/responsibilities
  - Individual level QI/QA
  - System level QI/QA
  - Varying from traditional roles and responsibilities

## PROGRAM NEEDS FOR CCHD PULSE OXIMETRY SCREENING GOING FORWARD

#### • Support for robust data collection and analysis

- Resources for follow-up (inclusive of long term follow-up) and quality assurance
- Will allow for better evidence-based recommendation to improve upon current implementation efforts

#### • A fresh perspective

- CCHD screening does not appear to fit into typical NBS paradigm
  - Metrics and expectations need to be different

## CONCLUSION

## • CCHD screening has value – just not yet quantifiable

• Overall mortality from CCHDs appears to be going down

The question remains – as newborn screening programs – how do we best approach this screening program with the ultimate end goal of improving outcomes in mind?

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# Thank you

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