

Duchenne Muscular Dystrophy

Path to Newborn Screening



JERRY R. MENDELL, M.D.

NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™



Fighting Muscle Disease

**2012 MDA Muscle Disease Symposium on Newborn Screening for DMD
September 11th - 12th, 2012**

Symposium Chairs:

Jerry R. Mendell, M.D.

**Nationwide Children's Hospital
Columbus, OH**

Michele A. Lloyd-Puryear, M.D., Ph.D.

**National Institute Child Health and Human
Development, Bethesda, MD**

Wednesday, September 12, 2012

8:30 – 8:45 am Welcome and Goals for Meeting

SANJAY BIDICHANDANI, MBBS, Ph.D, Vice President–Research, MDA

8:45 – 9:00 am Significance for the addition of DMD to the Uniform Panel

R. RODNEY HOWELL, M.D., FAAP, FACMG, University of Miami

9:00 – 9:30 am Evidence-based Review: Description and summary of the SACHDNC process

ALEX KEMPER, M.D., MPH, M.S., Duke University

9:30 – 10:00 am Case Example: Adding SCID to the Uniform Panel

AMY BROWER, Ph.D., American College of Medical Genetics

10:00 – 10:15 am What are we screening? Description of DMD Disease Process

CRAIG MCDONALD, M.D., University of California, Davis

10:15 – 10:45 am Newborn Screening for DMD: Summary of NBS findings in Ohio; General principles outlined in the Calonge, *et al.* commentary in *Genetics in Medicine*, including performance metrics

JERRY MENDELL, M.D., Nationwide Children's Hospital and The Ohio State University

11:00 – 11:15 pm DMD Implementation of CK Screening: Possibilities and Challenges for a State

RAM CHANDRASEKAR, Ph.D., Ohio Department of Health

11:15 – 11:30 pm Treating DMD

FRANCESCO MUNTONI, M.D., FRCPC, FMedSci, University College London

11:30 – 12:15 pm On the Horizon: Current and Future DNA Testing Methods

ROBERT WEISS, Ph.D., University of Utah

MADHURI HEGDE, Ph.D., Emory University

1:30 – 2:30 pm Panel Discussion from Presentations to include discussion of:

- Performance of screening test and other quality assurance measures
- Diagnosis
- Follow-up and management protocols

JOHN PORTER, Ph.D, NINDS (Moderator)

MICHELE CAGGANA, Sc.D., New York State Dept. of Health

FRED LOREY, Ph.D., California Department of Public Health)

JEFFREY BROSCO, M.D., Ph.D., University of Miami

SCOTT GROSSE, Ph.D., Centers for Disease Control and Prevention

2:45 – 3:45 pm Public and Provider Education

ANNIE KENNEDY, MDA (Moderator)

PAT FURLONG, PPMD

ROBERT SAUL, M.D., Greenwood Genetic Center (and AAP)

BRUCE KORF, M.D., Ph.D., University of Alabama, Birmingham (and ACMG)

NICOLE JOHNSON, Sc.M., CGC, Johns Hopkins School of Medicine

3:45 – 5:00 pm Discussion of next steps: Questions to be answered; barriers to be addressed before implementation of DMD newborn screening

PIERO RINALDO, M.D., Ph.D., Mayo Clinic

MICHELE LLOYD-PURYEAR, M.D., Ph.D., NICHD

5:00 pm

Adjourn

Scheduled Participants

Barbara Adam, M.S.
Sanjay Bidichandani, M.B.B.S., Ph.D.
Julie Bolen, Ph.D., M.P.H.
[Jeffrey Brosco, M.D., Ph.D.](#)
[Amy Brower, Ph.D.](#)
[Michele Caggana, Sc.D.](#)
[Ram Chandrasekar, Ph.D.](#)
[Anne Connolly, M.D.](#)
Kevin Flanigan, M.D.
[Pat Furlong, RN](#)
[Scott Grosse, Ph.D.](#)
[Madhuri Hegde, Ph.D.](#)
[R. Rodney Howell, M.D., FAAP, FACMG](#)
Nicole Johnson, Sc.M. CGC
Allison Kassir
[Alex Kemper, M.D., M.P.H., M.S.](#)
[Annie Kennedy](#)
[Bruce Korf, M.D., Ph.D](#)
[Michele Lloyd-Puryear, M.D., Ph.D](#)
[Fred Lorey, Ph.D.](#)
Amy Madsen
[Craig McDonald, M.D.](#)
Paul Muhlrad, Ph.D.
[Jerry Mendell, M.D.](#)
[Francesco Muntoni, M.D., FRCPCH, FMedSci](#)
Glen Nuckolls, Ph.D.
C. Scott Palubiak, MBA
Melissa Parisi, M.D., Ph.D
[John Porter, Ph.D.](#)
[Piero Rinaldo, M.D., Ph.D](#)
Rachel Salzman, D.V.M.
[Robert Saul, M.D.](#)
Natalie Street, M.S.
Ljubisa Vitkovic, Ph.D.
Michael Watson, M.S., Ph.D., FACMG
[Robert Weiss, Ph.D.](#)

Centers for Disease Control and Prevention
Muscular Dystrophy Association
Centers for Disease Control and Prevention
[University of Miami](#)
[American College of Medical Genetics](#)
[New York State Department of Health](#)
[Ohio Department of Health](#)
[Washington University School of Medicine](#)
Nationwide Children's Hospital
[Parent Project Muscular Dystrophy](#)
[Centers for Disease Control and Prevention](#)
[Emory University](#)
[University of Miami](#)
Johns Hopkins School of Medicine
King & Spalding LLP
[Duke University](#)
[Muscular Dystrophy Association](#)
[University of Alabama, Birmingham and American College of Medical Genetics](#)
[Eunice Kennedy Shriver National Inst. of Child Health and Human Development](#)
[California Department of Public Health \(and SACHDNC\)](#)
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[Mayo Clinic](#)
Stop ALD Foundation
[Greenwood Genetic Center and American Academy of Pediatrics](#)
Centers for Disease Control and Prevention
Eunice Kennedy Shriver National Inst. of Child Health and Human Development
American College of Medical Genetics (and SACHDNC)
[University of Utah](#)

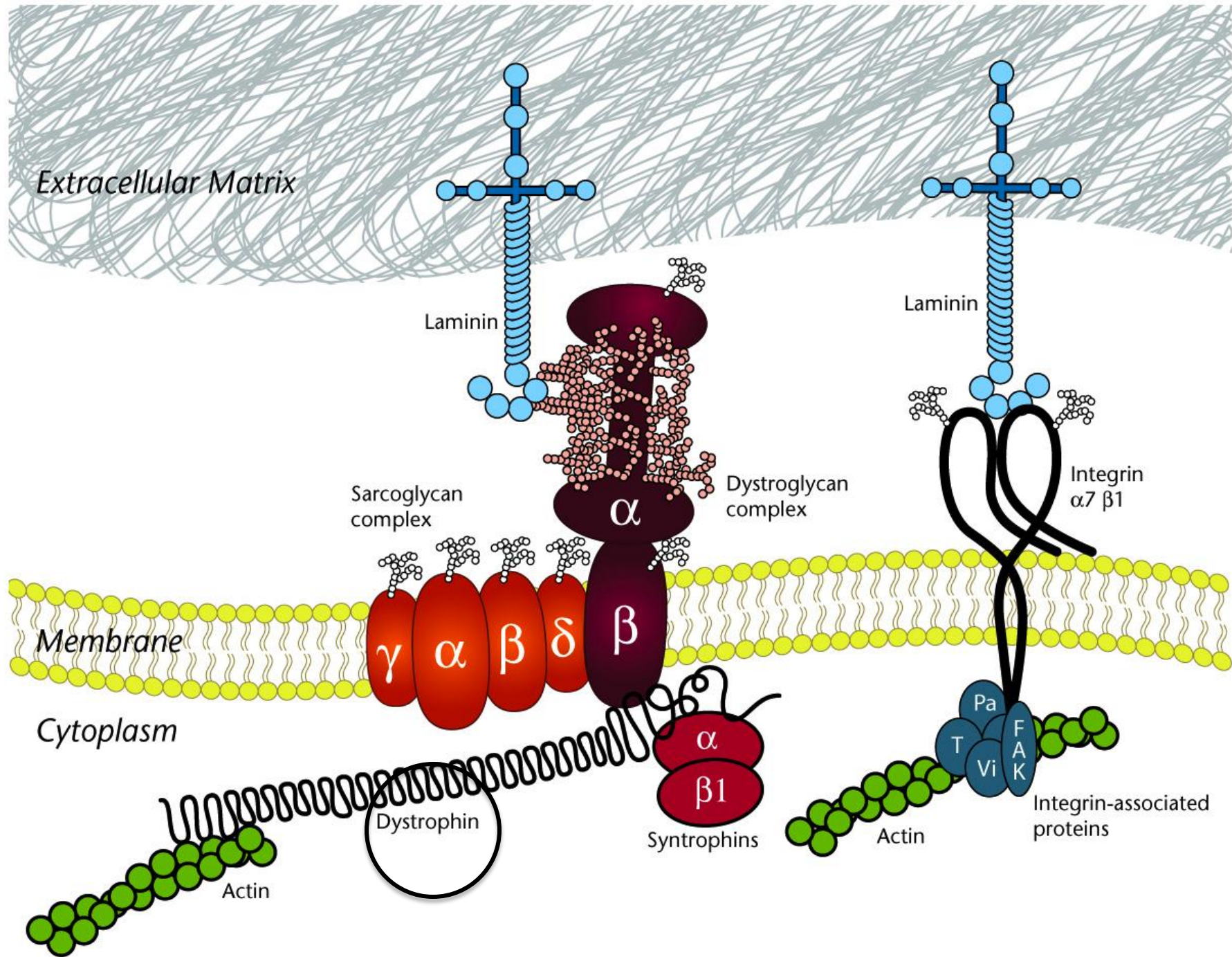


Speakers

MDA Newborn Screening Symposium

- Examined all available data on DMD
 - Natural history
 - Disease pathogenesis
 - Newborn Screening method introduced in Ohio
 - Current Data on Therapy

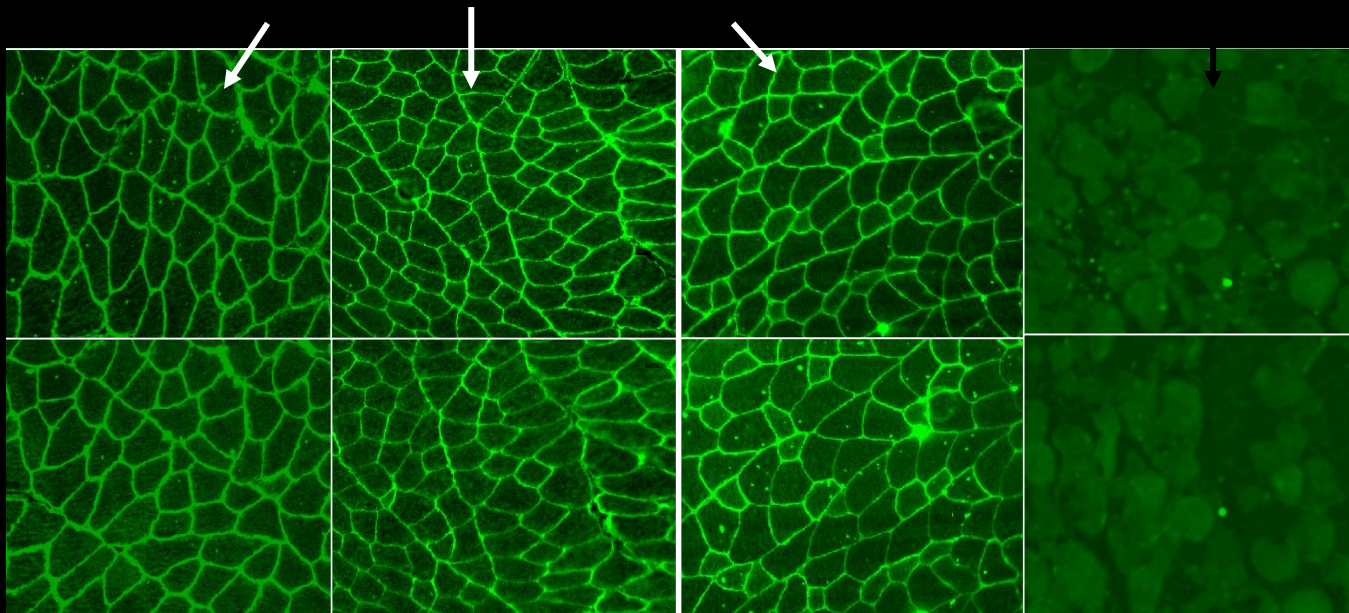
Disease pathogenesis



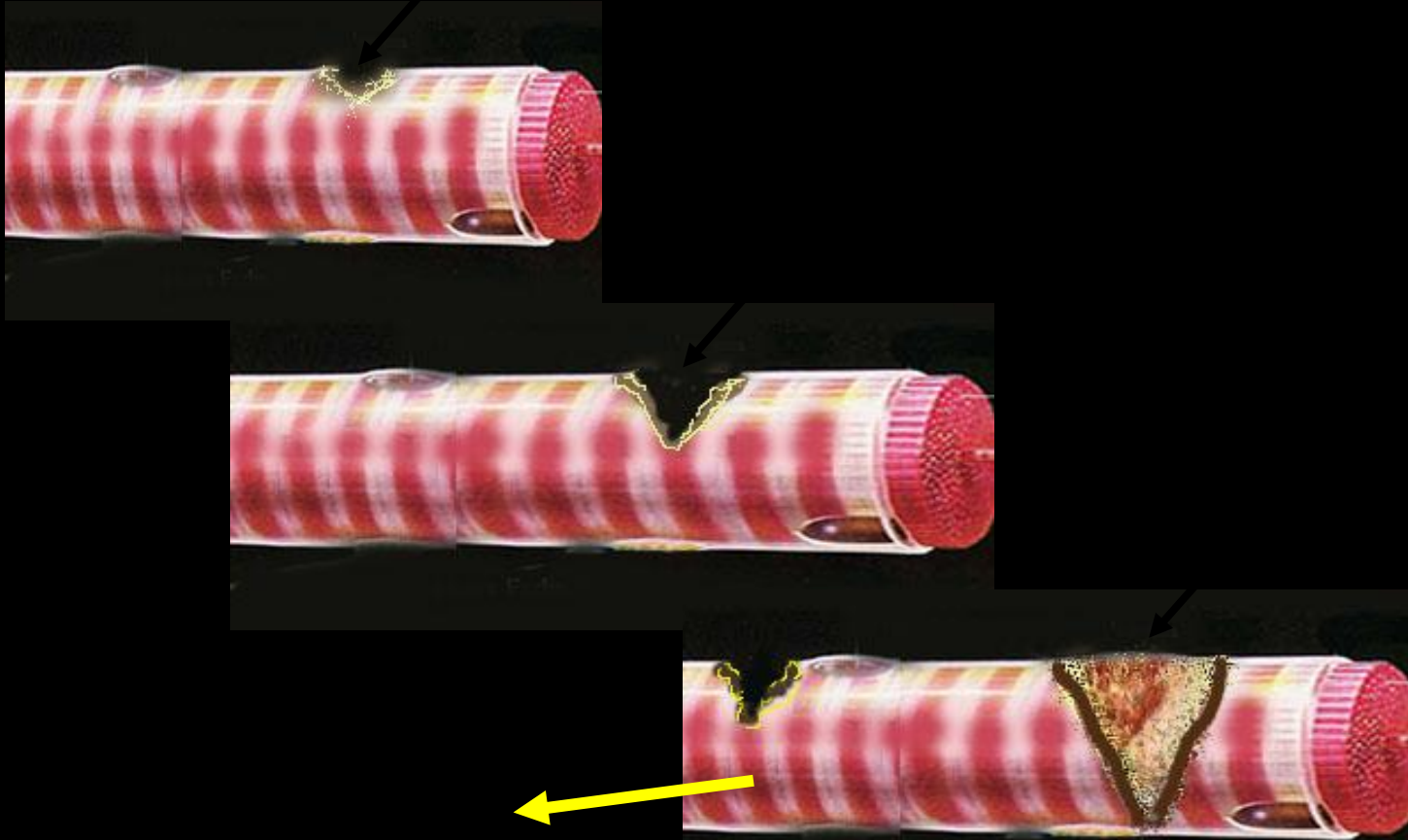
Dystrophin Covers and Protects Muscle

Dystrophin Positive

Negative

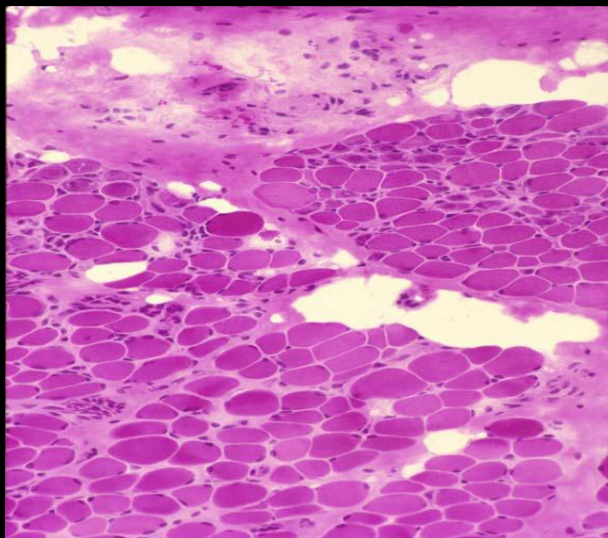


Consequences of Absent Dystrophin

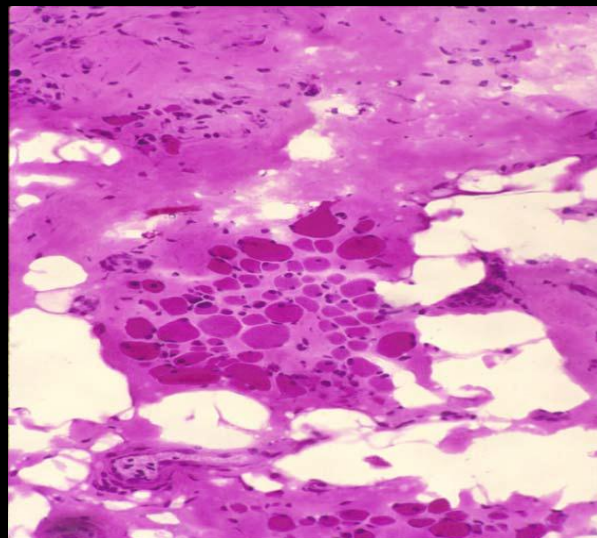


- The process continues with scar tissue replacing lost muscle fibers causing muscular dystrophy

3 year old DMD



9 Year old DMD



Normal 3 year old

DMD: Pre-Steroid Era

- Delayed milestones: walk at ≥ 15 months
- At 2.5 years: not as active as his peers, walks on toes.
- At 3.5 years frequent falls, difficulty going upstairs
- unable to run or jump
- Mean age at diagnosis: 4 yrs 9 months
- Wheelchair dependent Age 9.5
- Onset of scoliosis Age 12
- Age 17 frequent chest infections and dilated cardiomyopathy
- Age 19 death due respiratory failure



Validating Infant Natural History

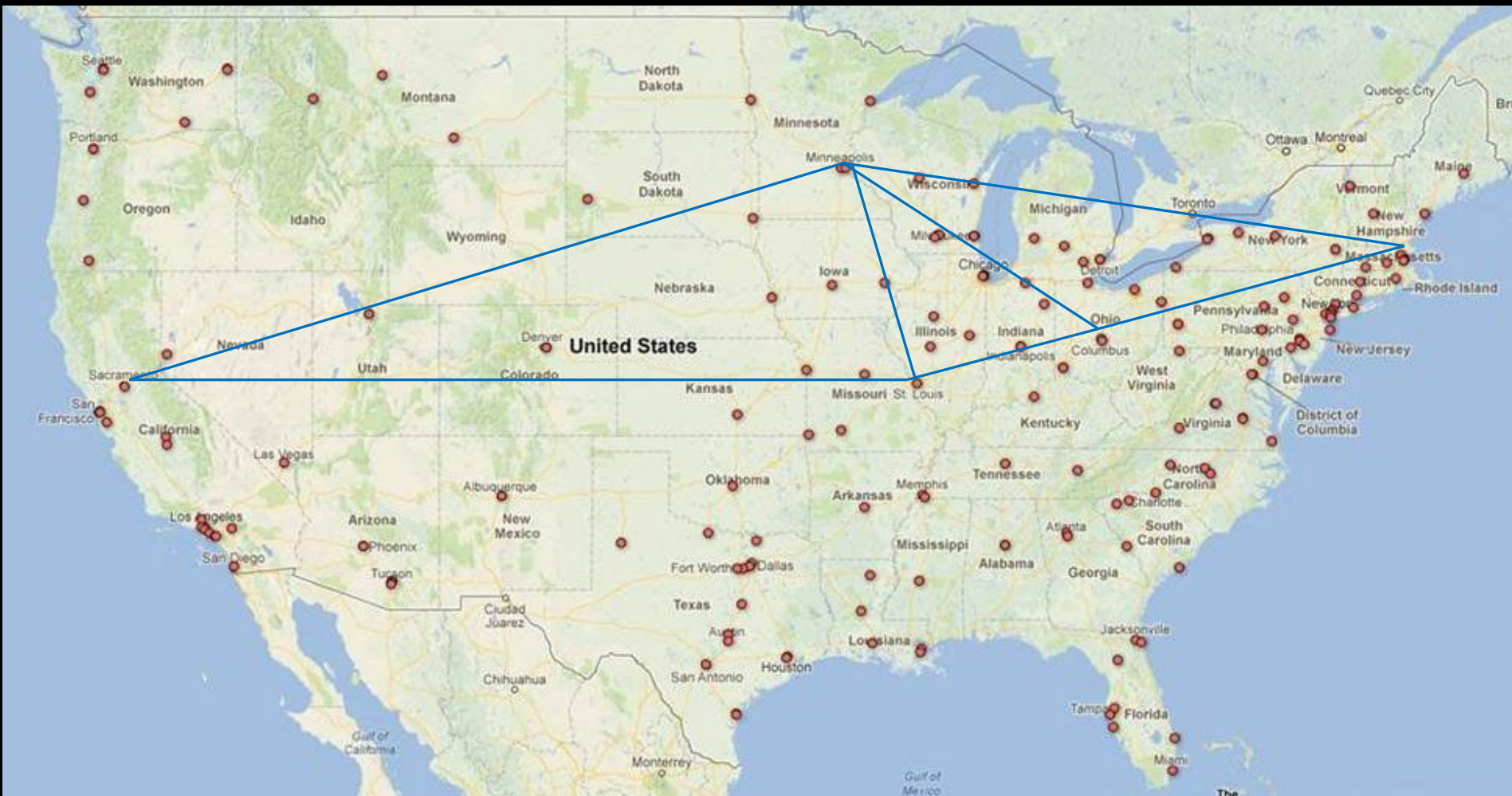
Clinical Research Network

PI: Anne Connolly

Washington U

St. Louis Children's

MDA Duchenne Clinical Research Network



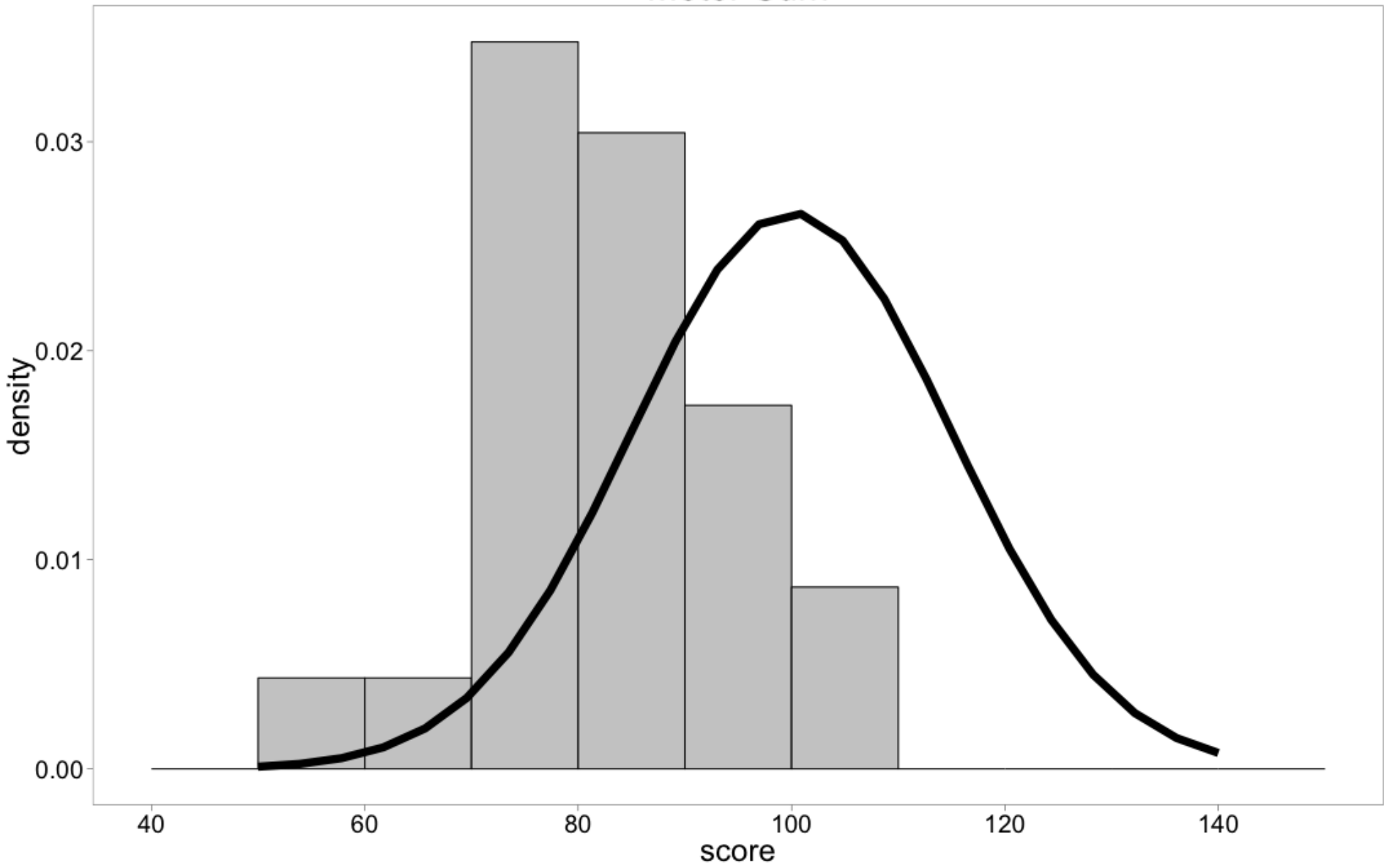
Participants in Infant Natural History Study

Subject	Age (years)	Family History	Mutation	Exon(s)	Frame
1	0.37	Yes	Deletion	3-32	In
2	0.41	No	Deletion	3-41	In
3	0.63	Yes	Deletion	45	Out
4	0.69	Yes	Nonsense* (c.615T>A; p.TyrX)	7	Out
5	1.22	Yes	Duplication	2	Out
6	1.23	Yes	Deletion	45-50	Out
7	1.42	Yes	Deletion	46-50	Out
8	1.7	No	Deletion	12	Out
9	1.72	Yes	Deletion*	46	Out
10	1.81	Yes	Deletion	45-50	Out
11	2.02	No	Deletion	58	Out
12	2.07	Yes	Deletion*	8-9	Out
13	2.21	Yes	Nonsense (c.2353C>T; p.Gln785X)	19	Out
14	2.24	No	Deletion	51-57	Out
15	2.41	No	Deletion	53-55	Out
16	2.41	No	Deletion	45	Out
17	2.43	No	Deletion	49-52	Out
18	2.44	No	Deletion	58-64	Out
19	2.61	Yes	Deletion	18-25	In
20	2.71	No	Deletion	46-52	Out
21	2.8	No	Nonsense (c.2791G>T; p.Glu931X)	21	Out
22	2.82	No	Deletion	45	Out
23	2.85	Yes	Deletion	12-44	Out
24	2.99	No	Deletion	17	Out

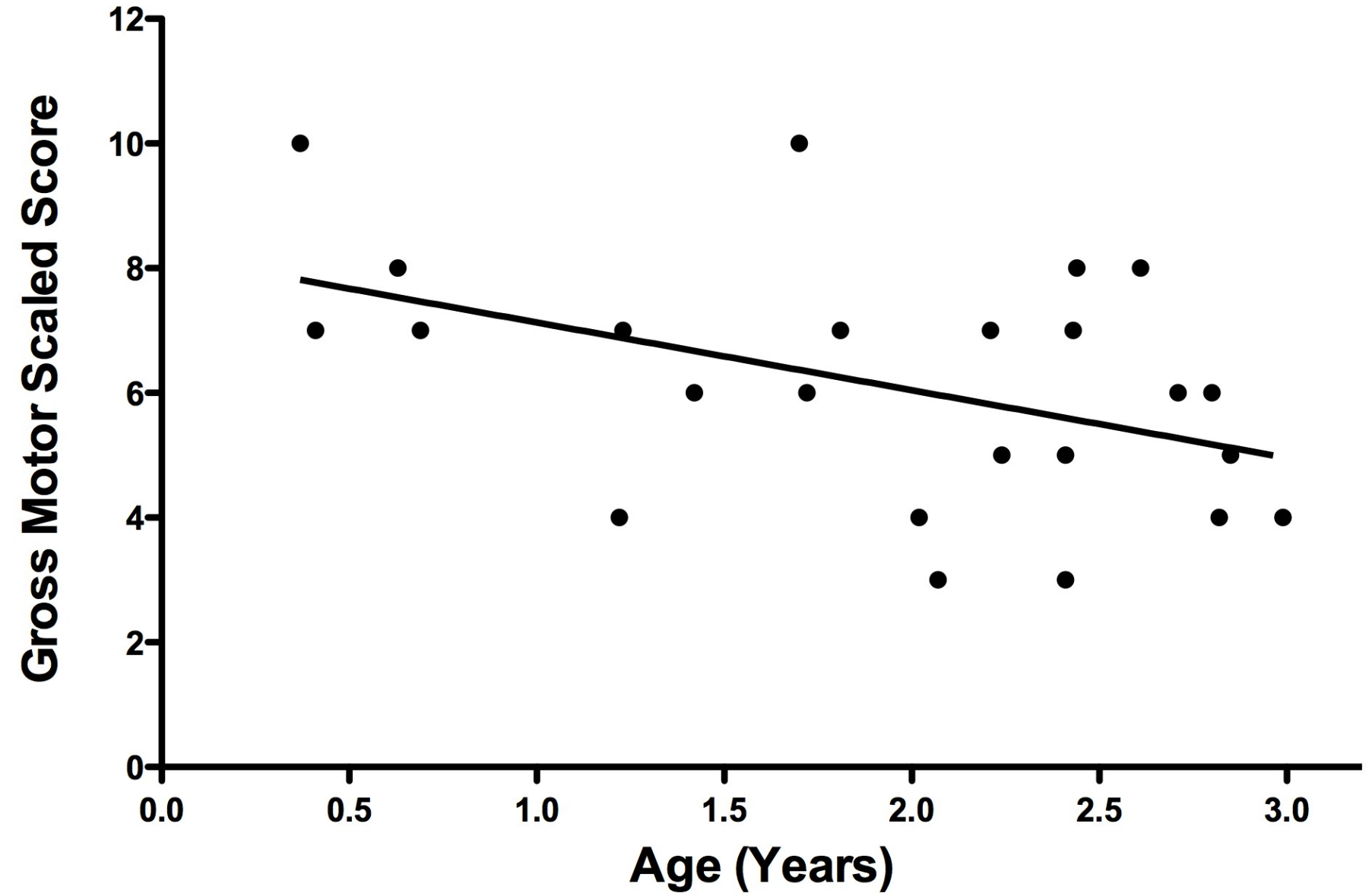
Bayley-III Motor Assessment of Infants and Young Boys with DMD

SUBTEST	NORMAL	DMD	t test p value
Gross Motor Score n = 24	10 ± 3	6.2 ± 1.5	t = -10.1 p = <0.0001
Fine Motor Score n = 24	10 ± 3	7.8 ± 1.9	t = -4.7 p = <0.0001
Composite Motor Score n = 24	100 ± 15	82.5 ± 8.1	t = -7.99 P = < 0.0001

Motor Sum



Bayley-III Gross Motor Scaled Scores versus Age



History of Newborn Screening And Introduction of Two-Tier Screening in Ohio

History of NBS

Based on single-tier analysis using CK

YEAR	LOCATION	NBS/DMD		INCIDENCE
1979	New Zealand	10,000	2	1:5000
1982	Edinburgh UK	2336	0	0
1986	W Germany	358,000	78	1:4589
1988	Manitoba	172,860	26	1:5960
1989	Lyon	37,312	7	1:5330
1991	W PA USA	49,000	10	1:4900
1998	Cyprus	30,219	5	1:6002
2006	Antwerp	281,214	51	1:5500
2011	Wales UK	335,045	73	1:5266

Overall Incidence: ~1:5000

Single-Tier Paradigm

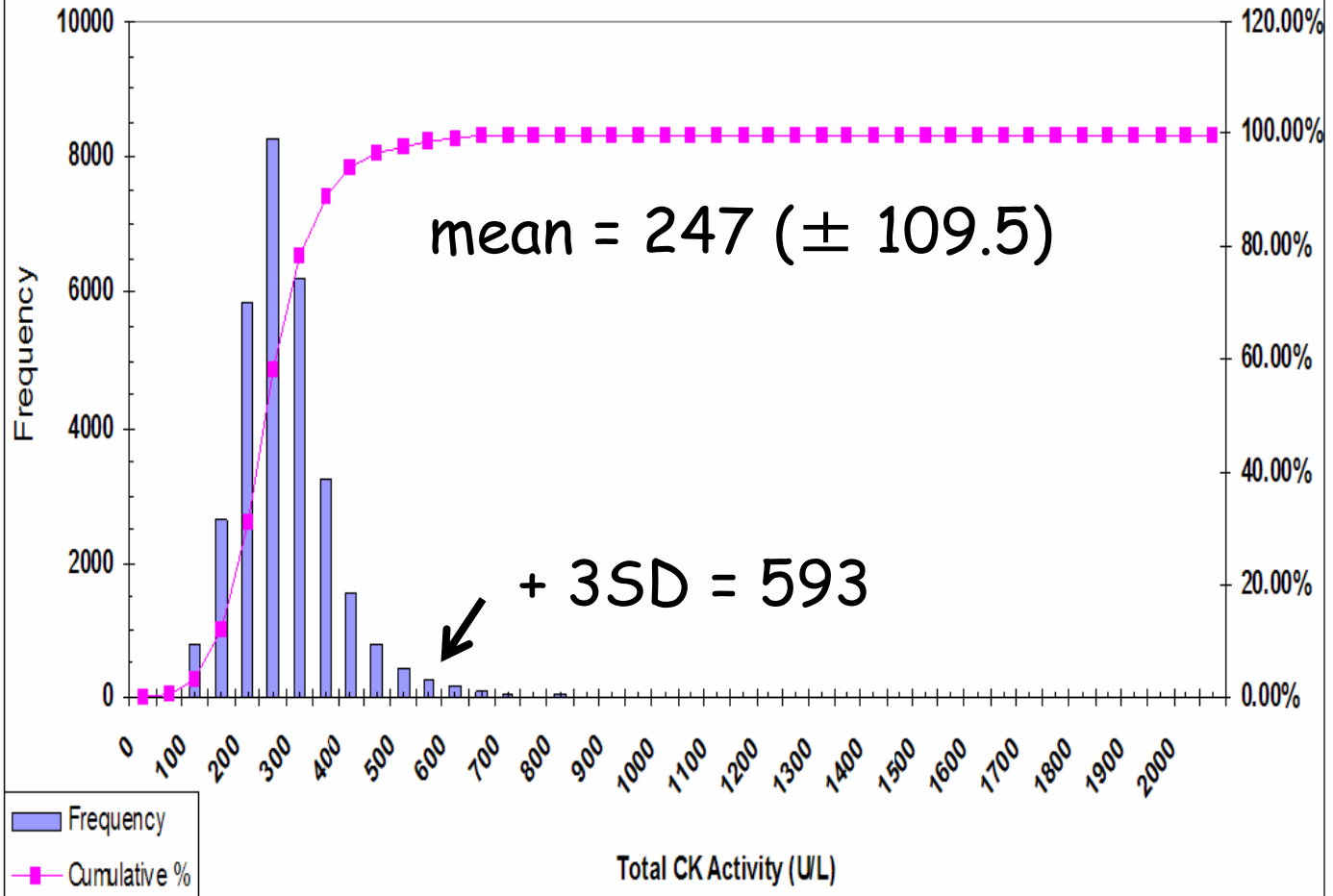
- Prototypical world-wide single-tier DMD NBS a poor fit for USA Health Care System
 - CK elevation at birth on dried blood spots re-tested at 4-6 weeks (challenges without uniform Health care system)
 - Persistent CK elevation results in DMD gene mutation analysis on venous blood
-

The Ohio Program at Nationwide Children's Hospital

- CDC Funded NCH Children's Hospital
 - Implicit was a charge to fit early hosp D/C
 - Return at 6 weeks or later for re-testing <ideal
- Program designed to complete testing at birth including both CK and DNA
 - Two-tier system of screening

Total CK Population Distribution

n=30547 Mean=247.9 SD=109.5



Gender, Collection Time, Weight

Group	Mean CK U/L	3 SDs CK U/L
Males	251.52	593.07
Females	246.38	587.07
< 48 hours	253.37	597.48
49-120 hours	207.56	503.19
> 120 hours	201.64	492.30
> 2500 g	250.61	593.72
2000-2499 g	231.68	586.58
< 1500 g	226.36	529.36

DNA Testing on DBS - Robert Weiss Ph.D.

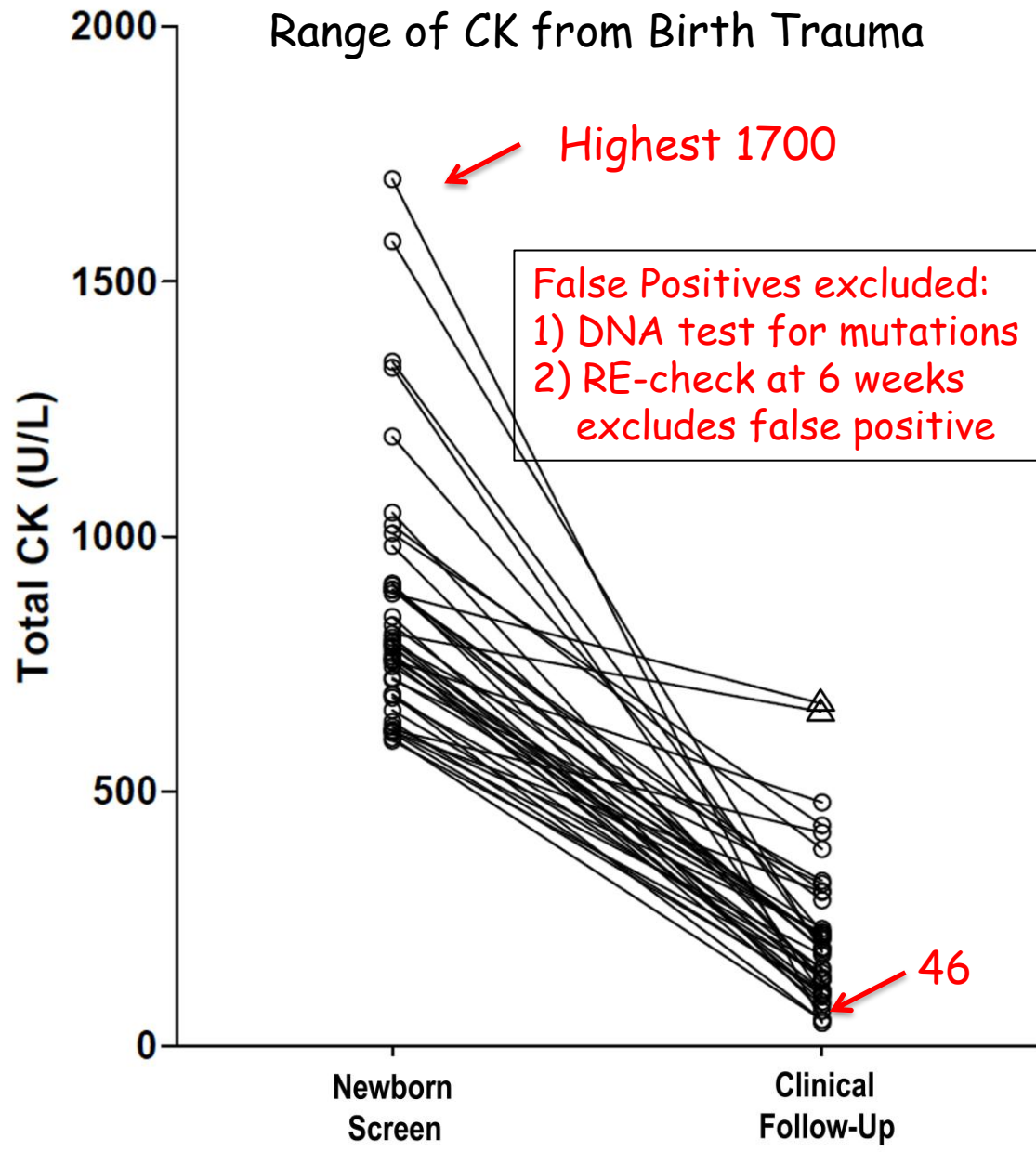
Validation in patients with known mutations from MDA Clinic

- Venous blood taken from volunteer/consented DMD patients with known mutations and placed on dried blood spots at NCH
- Sent DBS to U of Utah Lab and results of blinded analysis reported
- 7 Exon deletions and 6 duplications all identified correctly

Phase II Screening

- Phase II screened 6,928 NBS in 4 Birthing Hospitals in Columbus and Cincinnati
 - 110 exceeded CK threshold
 - 2 above 2000 U/L (2461, 2675) both with DMD mutations
 - False positives $108/6926 = 1.6\%$

Range of CK from Birth Trauma



Phase III Testing

- NBS implemented at 43 birthing hospitals throughout the state of OHIO
- CK threshold raised to ≥ 750 U/L
- 10,937 Screened with 58 above threshold
 - False positive now reduced from 1.6% to 0.52%
 - Reduced need for DMD gene testing by 68%
 - Huge cost saving
- DMD mutation found in one NB with CK 2003

Phase IV Testing

- Increased sample size through anonymous screening of DBS throughout State of OHIO
- Sample size increased by 19,884 newborn males and total = 37,749
- 3 additional DMD mutations again with CK > 2000

DMD Mutations (6/37,749)

Gender	CK U/L	Gene	Mutation	Frame
Male	2462	DMD	Del ex50	Out
Male	2675	DMD	Del ex5-41	In
Male	2003	DMD	Del ex8-9	Out
Male	2466	DMD	Del ex45	Out
Male	2791	DMD	Del ex45-48	Out
Male	2688	DMD	Del ex4-7	Out

Phase IV (Extension)

- The final anonymous phase also included 18,763 newborn females
- CK \geq 2000 on 2 Females
- Total 7 males (19,884) without DMD mutations
 - Mutation analysis was expanded to include most common LGMD genes (*DYSF*, *CAPN3*, Sarcoglycans, *FKRP*)

Non-DMD Mutations

Gender	CK U/L	Gene	Mutation	Frame
female	2731	DYSF	FrmShift ex39	Out
Male	2735	SGCB	3 nt dup ex1	In
Male	2984	FKRP	pR143S missense	In

Important Outcomes

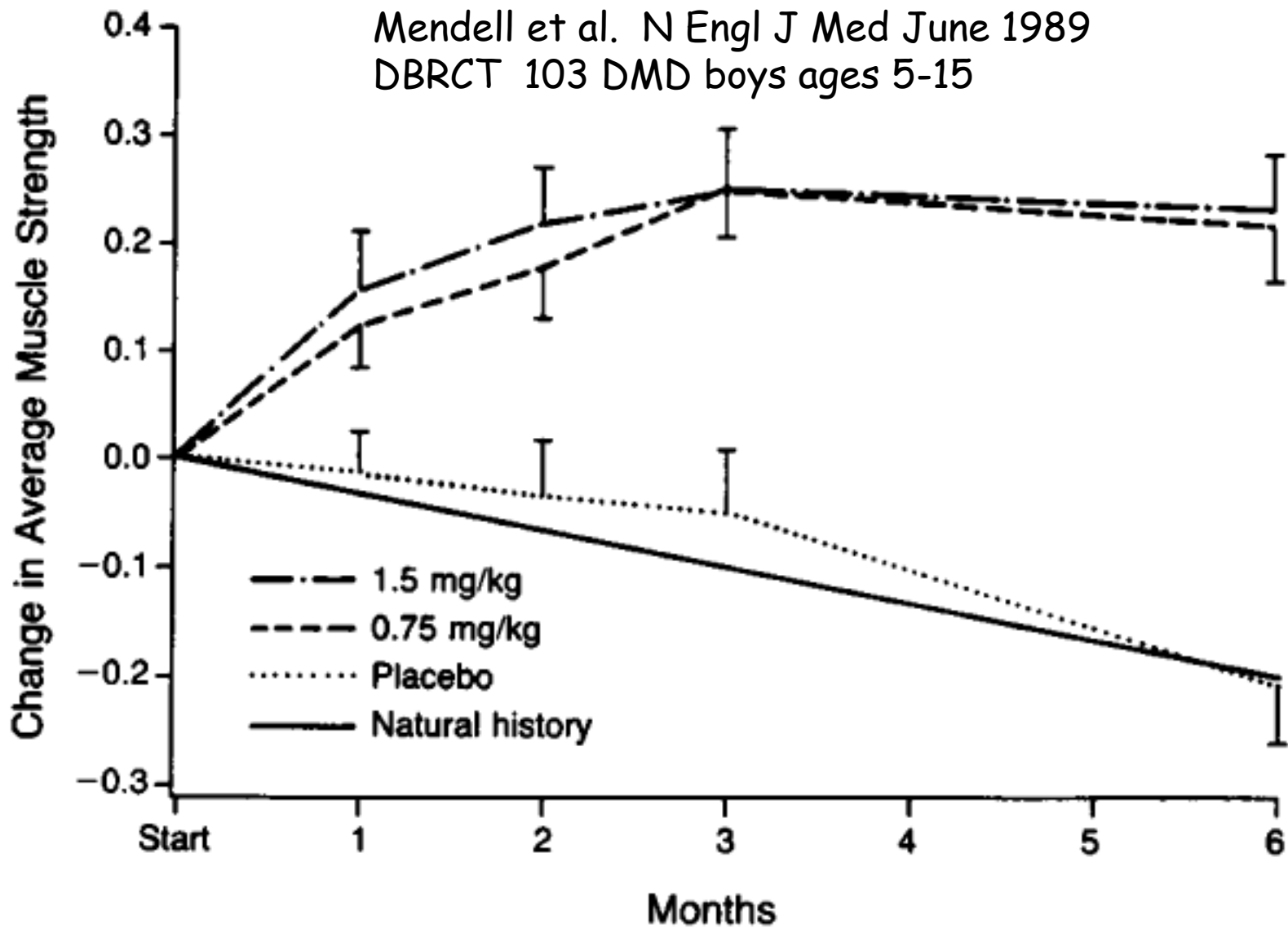
- Two-tier system fits OB practice in USA
 - Mother and child discharged in 24-48 hours
- Cost per CK = \$1.00/DNA = \$150
- All DMD had CK >2000 U/L
 - Threshold for DNA testing could be raised to ≥ 1000
 - Further reduce screening to 40 per 10,000
- Comparative cost for w/u of new cases in clinic:
Specialist, Muscle biopsy, DNA testing = \$2500-\$3000
- **Value Added:** Other muscular dystrophy genes can be identified

Approaches to DMD Therapy

- Glucocorticoids established as standard of care
 - Data supports early intervention based on outcomes of prolonged ambulation
- Exon skipping shown to be effective in and supports early childhood treatment

Glucorticoid Treatment in DMD

Mendell et al. N Engl J Med June 1989
DBRCT 103 DMD boys ages 5-15

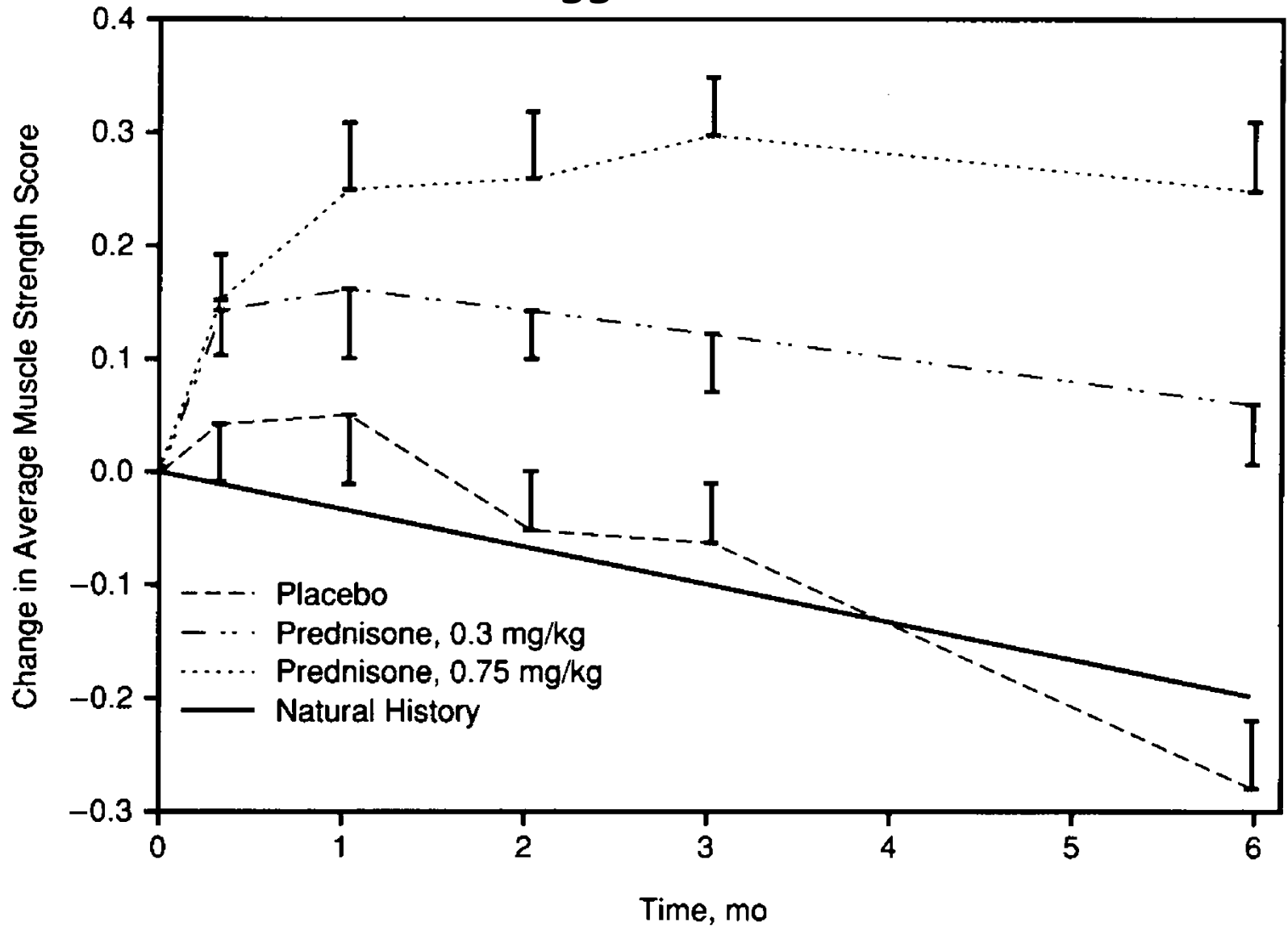


Prednisone DBRCT Clinical Outcomes 6 month Trial n = 103					
	Placebo	0.75 mg/kg	1.5 mg/kg	P values	
Muscle Strength	5.80 n = 35	6.23 n = 30	6.25 n = 30	0.0001 PI vs 0.75	0.0001 PI vs 1.5
Stair Climbing	7.05 s n = 18	3.87 n = 35	4.00 n = 24	0.0001 PI vs 0.75	0.0001 PI vs 1.5
Walk 9 m	9.68 n = 27	6.81 n = 25	7.04 n = 30	0.003 PI vs 0.75	0.005 PI vs 1.5
Standing from supine	6.17 n = 16	4.15 n = 18	3.43 n = 16	0.0002 PI vs 0.75	0.0001 PI vs 1.5
Force vital capacity	1.52	1.68	1.66	0.0004 PI vs 0.75	0.002 PI vs 1.5

Highly Significant Improvement in Strength and Function!!

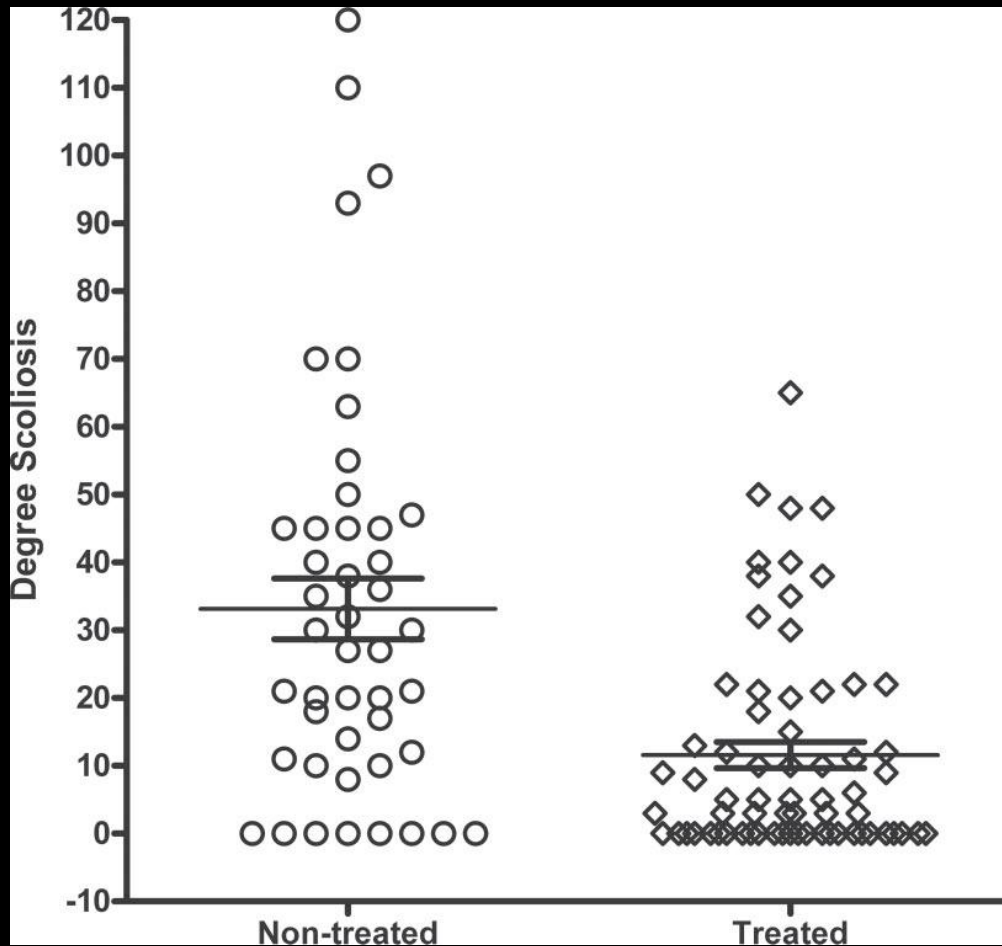
Prednisone Dose Response Curve

Griggs et al 1991



Long-Term Benefits of glucocorticoids

King et al: 2007



- N = 143 DMD boys; 75 treated
Mean duration 8.04 years
- Mean degree of scoliosis:
33.15 vs 11.58 treated vs untreated
- 91% of untreated scoliosis by age 9
vs 31% pred treated ($p < 0.0001$)

**What is the earliest
glucocorticoid effect?**

14-year Glucocorticoid Follow up in DMD

Merlini et al Muscle & Nerve 2012

Patient	Treatment age	Follow up	10 m Walk m/sec	6MWT Distance m	FVC % predicted
1	3.9	18.5y	12.5	389	73%
2	4.0	18.6y	1.11	365	65%
3	2.4	16.1y	1.0	310	>100%
4	3.3	17.0y	1.1	288	96%

Randomized Blinded Trial of weekend vs daily prednisone in DMD

Escobar et al Neurology 2011

Patient Groups	Treatment age	Follow up	Efficacy Significantly Improved at 1 year	Linear Growth
Daily Pred 0.75 mg/kg	4-10 y Ambulatory n =32	1 year	QMT 10m-walk Stair climbing p < 0.0001	Δ4.1 cm
Weekend Dosing 10 mg/kg	4-10 y Ambulatory n =32	1 year	QMT 10m-walk Stair climbing p < 0.0001	Δ6.6 cm

p = 0.002

- Validates study done 22 years before (all ambulatory patients)
- **Linear growth preserved by weekend dosing**

Molecular Therapy for DMD

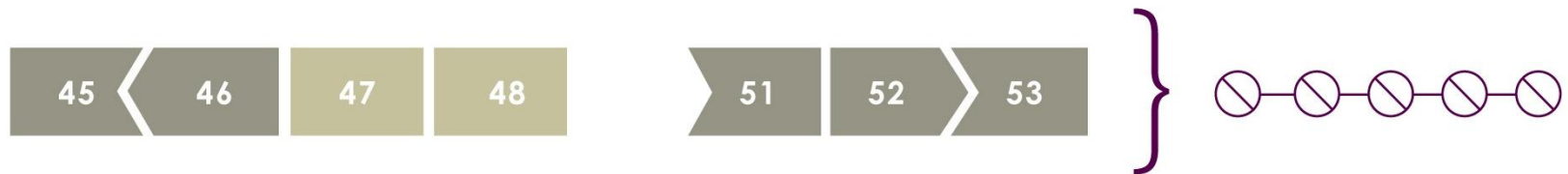
Results of 48 week Phase IIB
Exon Skipping study using
Eteplirsen in DMD

Jerry R Mendell, MD
Nationwide Children's Hospital

Exon-Skipping APPROACH:

Repair mRNA to restore protein translation and dystrophin production

EXAMPLE OF ETEPLIRSEN AMENABLE GENOTYPE: DELETION OF EXONS 49-50 RESULTS IN AN OUT OF FRAME DELETION IN mRNA



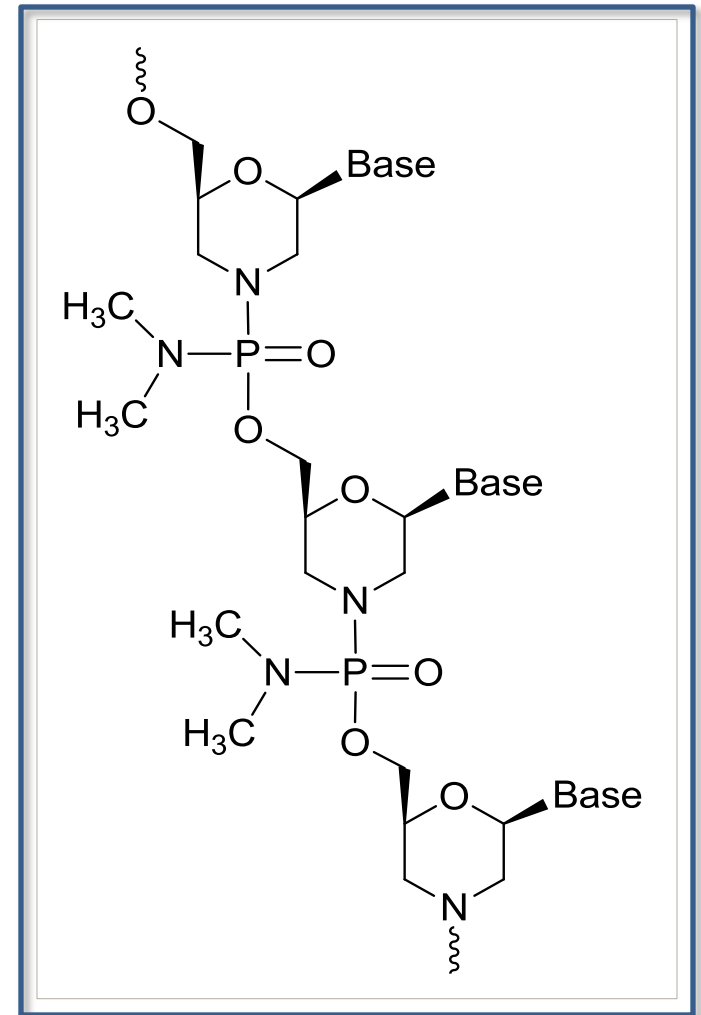
BY SKIPPING EXON 51, IN-FRAME mRNA TRANSCRIPTION IS RESTORED, ENABLING THE PRODUCTION OF A FUNCTIONAL DYSTORPHIN PROTEIN



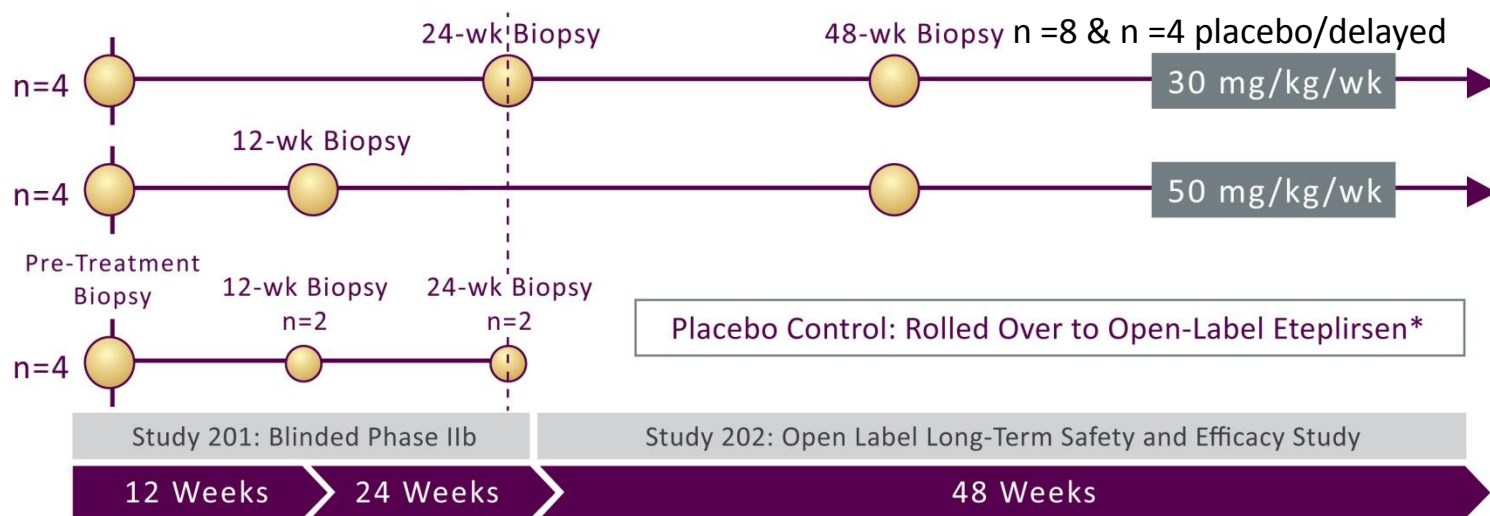
Eteplirsen:

RNA modulator that permits skipping at pre-mRNA

- Morpholine Ring replaces Ribose of RNA Phosphorodiamidate morpholino oligomer (PMO)
- Plasma half-life of 2 to 6 hours
- Cleared through kidney
- Systemic administration through weekly IV infusion



Protocol Studies 201 & 202: eteplirsen Phase IIb long-term safety & efficacy



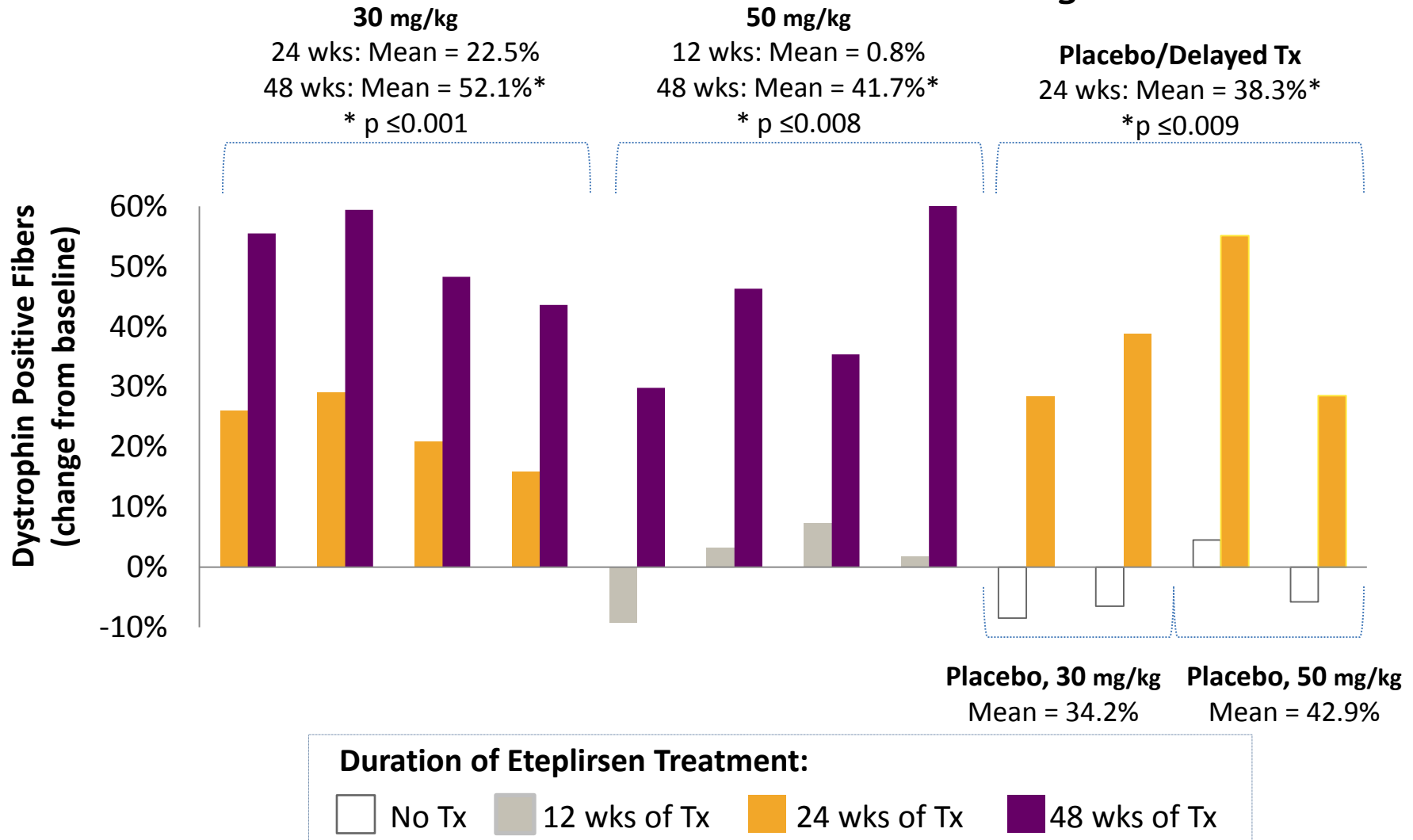
**Patients on placebo crossed over to treatment at 24 weeks referred to as the delayed-treatment group*

LONG-TERM SAFETY AND EFFICACY ASSESSED

- Biochemical measures of dystrophin: % dystrophin positive-fibers is primary study endpoint
- 6-Minute Walk Test is primary clinical outcome measure
- Safety: clinical and laboratory measures

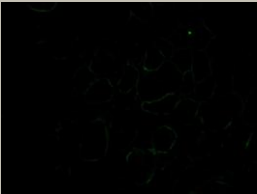
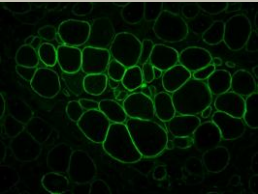
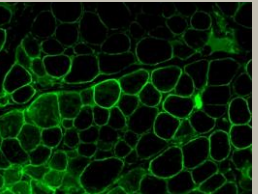
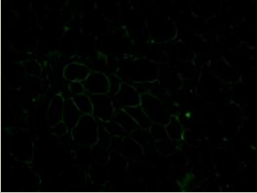
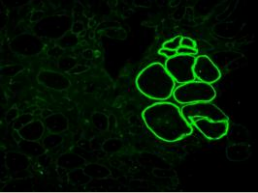
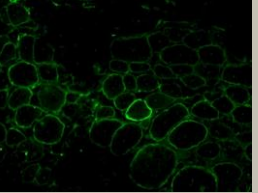
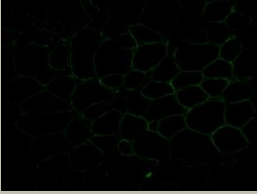
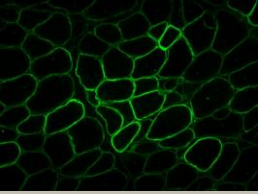
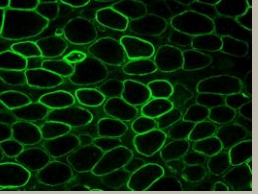
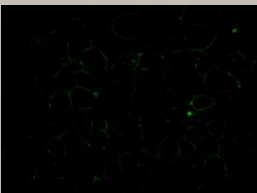
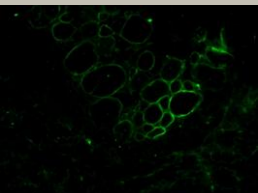
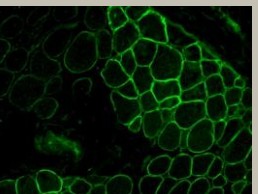
Dystrophin production from eteplirsen treatment:

observed at 24 weeks with increases through 48 weeks



* Values based on Immunofluorescence using anti-dystrophin antibody MANDYS106

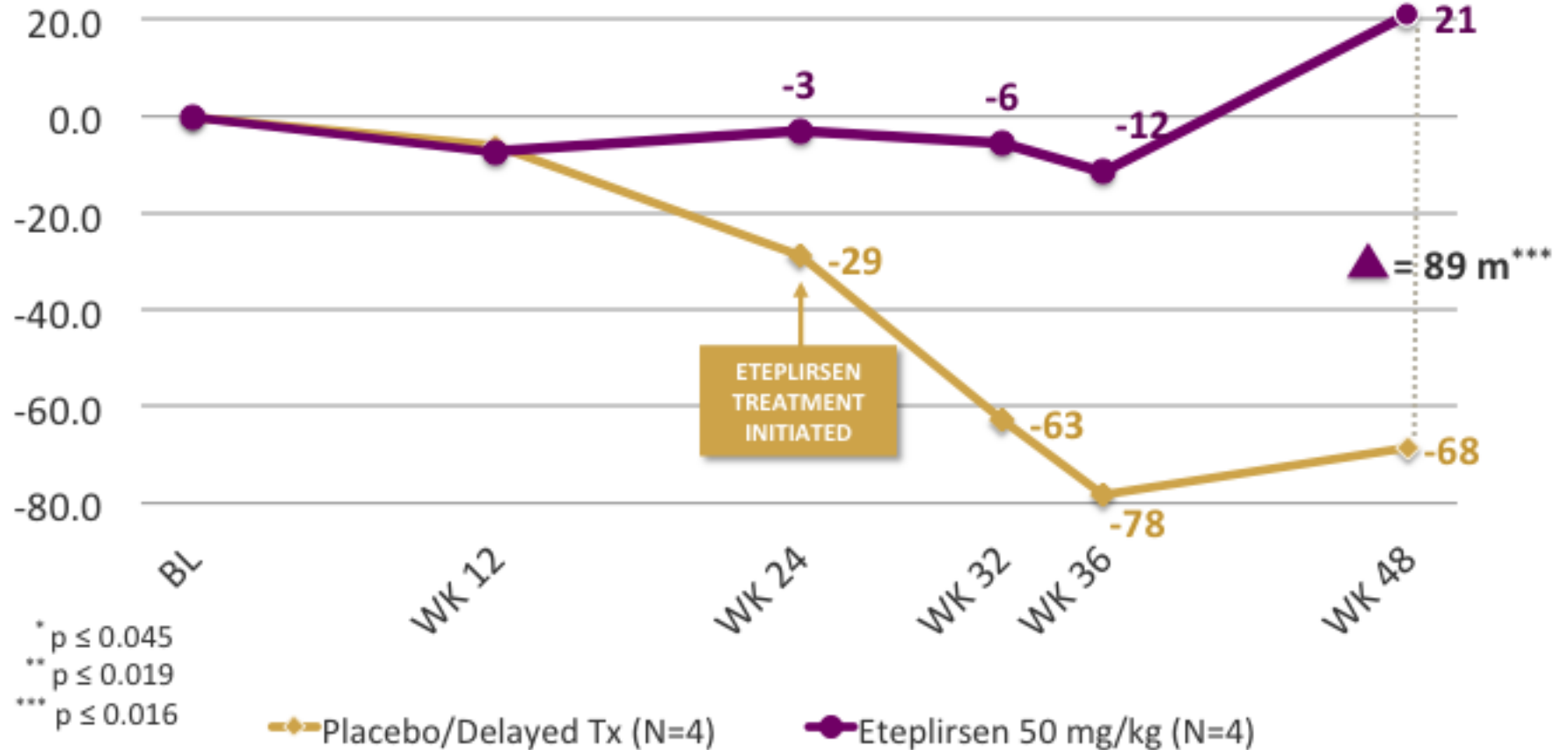
DYSTROPHIN POSITIVE FIBERS CORRECTLY LOCALIZED AT THE SARCOLEMA

30 MG/KG			
Patient	Pre-Tx	24 wks of Tx	48 wks of Tx
02			
09			
06			
10			

6MWT change from baseline to week 48:

INTENT-TO-TREAT POPULATION: ETEPLIRSEN 50MG/KG VS PLACEBO

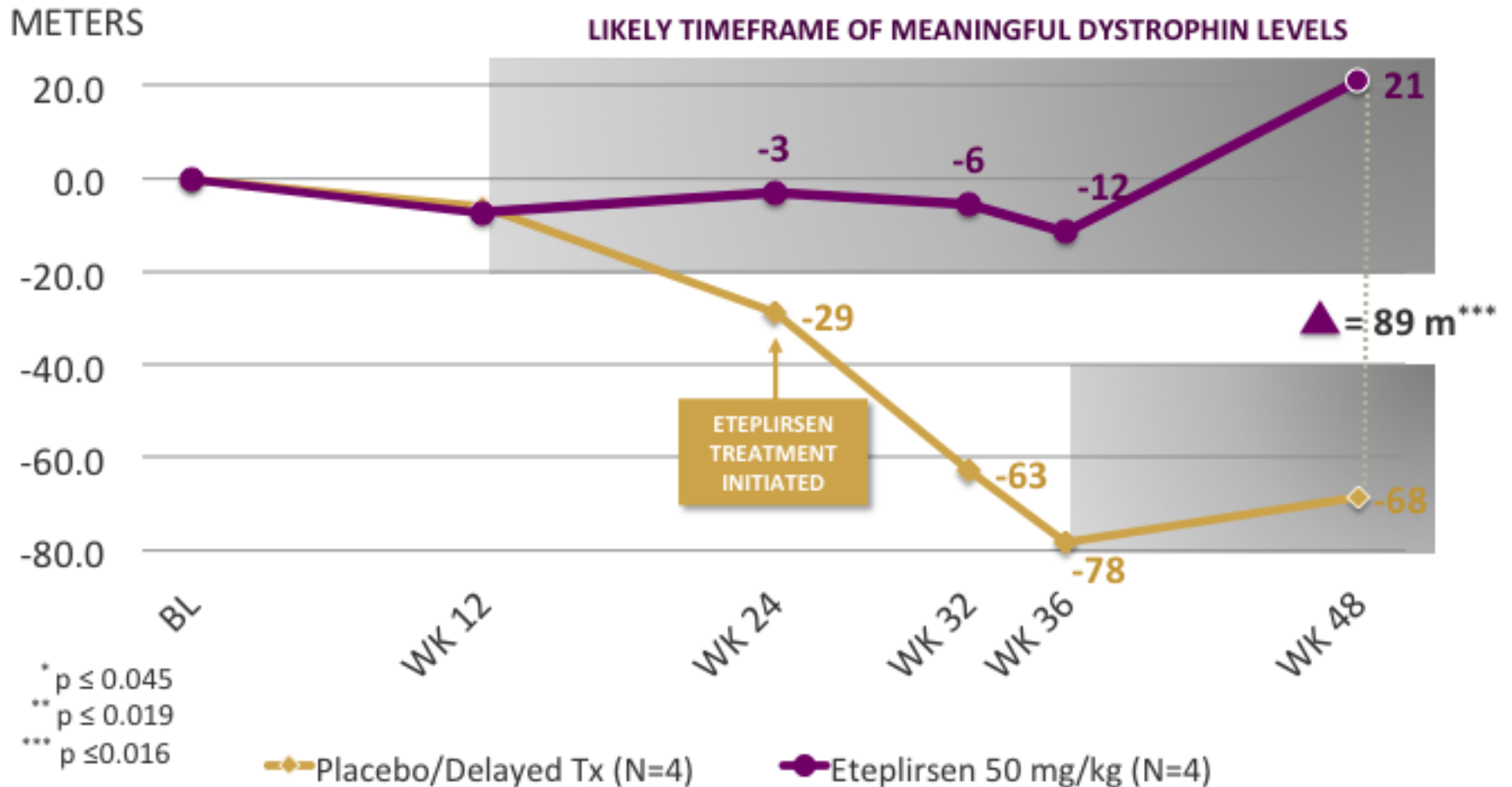
METERS



Note: Statistical analysis based on Intent-To-Treat Population using ANCOVA test

6MWT change from baseline to week 48:

INTENT-TO-TREAT POPULATION: ETEPLIRSEN 50MG/KG VS PLACEBO



Note: Statistical analysis based on Intent-To-Treat Population using ANCOVA test

No treatment-related adverse events through 48 weeks

TREATMENT-EMERGENT ADVERSE EVENT	ETEPLIRSEN FOR 24 WKS N=12 (%)	ETEPLIRSEN FOR 48 WKS N=8 (%)	PLACEBO FOR 24 WKS N=4 (%)
Procedural pain	5 (42)	4 (50)	3 (75)
Vomiting	4 (33)	4 (50)	0
Hypokalemia	2 (17)	4 (50)	2 (50)
Cough	3 (25)	3 (38)	2 (50)
Back pain	1 (8)	4 (50)	2 (50)
Fall	2 (17)	2 (25)	1 (25)
Headache	3 (25)	1 (12)	2 (50)
Balance disorder	3 (25)	3 (38)	0
Diarrhoea	2 (17)	2 (25)	1 (25)
Dermatitis Contact	2 (17)	3 (38)	0
Pyrexia	1 (8)	2 (25)	2 (50)
Hematoma	2 (17)	2 (25)	1 (25)
Abdominal pain	1 (8)	0	2 (50)
Nausea	1 (8)	1 (12)	1 (25)
Rhinitis	1 (8)	1 (12)	1 (25)
Polyuria	1 (8)	1 (12)	0
Muscle Spasms	1 (8)	1 (12)	0
Musculoskeletal Pain	1 (8)	1 (12)	0
Proteinuria	0	0	1 (25)

ETEPLIRSEN HAS BEEN WELL TOLERATED

- No treatment-related adverse events
- No serious adverse events and no discontinuations
- No treatment related changes detected on any safety laboratory parameters including liver-specific enzymes and kidney function
- No proteinuria, change in blood coagulation profiles or thrombocytopenia observed

SUMMARY

VALID SCREENING TEST

- Highly specific/sensitive
- Low False positive rate
- Unequivocal predictive value

TREATMENT IMPROVES OUTCOMES

- > 20 year hx of Glucocorticoids repeatedly validated efficacy
- Most effective when started at young age (prolongs walking; Prevents scoliosis)
- Improvement also improved by exon skipping

NATURAL HISTORY WELL DEFINED

- Well characterized in infants
- Therapy changes natural History

COST BENEFIT / RATIO

- Diagnosis in newborn period reduces cost
- Avoids diagnostic odyssey

Thank You !