



Building an Experiential Infrastructure for Interprofessional Education and Care

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University of New England, Maine
July 28, 2015

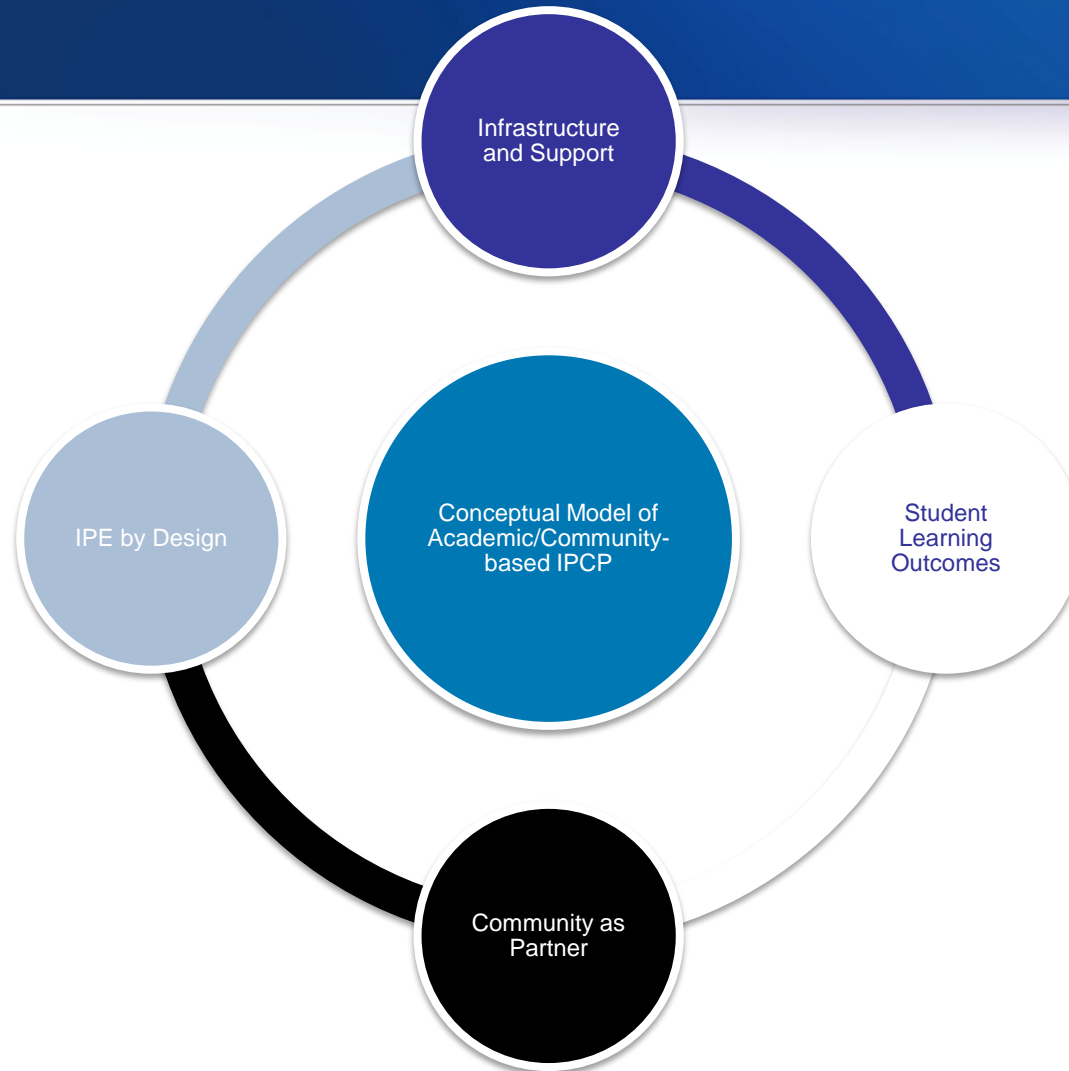
University of New England, Portland and Biddeford, Maine



Westbrook College of Health Professions



A Conceptual Understanding...

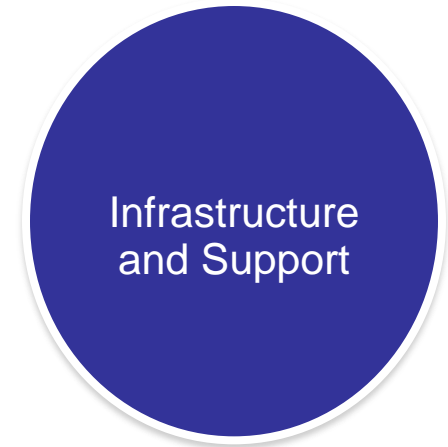


Infrastructure and Support- Utilizing a Strengths-based

Approach:

What do we have and what do we need?

- Leadership support and Vision
- Expertise and Compromise
- Innovation and Energy
- Faculty Champions
- Student Champions



Student Learning Outcomes:

What do we want them to know?

- Program specific outcomes
- Role specific outcomes
- IPE competencies
- Competencies related to the experiential site



Student Learning
Outcomes

IPE by Design:



- Undergraduate exposure to IPE with foundational coursework (Intro to HP, Issues in Healthcare, IP Ethics)
- Graduate Interprofessional integrated curriculum-
common areas of focus
- Learning “with, from and about” in the classroom and experientially

IPE by
Design

IPE by Design, con't:



Community as Partner:

- Relationships with Community-based partners
 - Local shelters
 - Immigrant and Refugee Communities with local clinics*
 - Evidence-based health fairs and other public health activities within the community*
 - Rural primary care and public health



The Portland Community Health Center at Riverton Park:



The Portland Community Health Center at Riverton Park:

Public Health One Sheets

CONTROLLING Diabetes

Xakameynta ama la socodka cudurka sokorowga
Contrôler le Diabète
المستطارة على مرض السكري

CALL 2-1-1 TO LEARN MORE

Wac 211 si aad wa badan ugu barasho.

Appelrez 211 pour plus d'information.

التصل بترقم الهاتف 211 للحصول على المزيد من المعلومات

TALK TO YOUR DOCTOR

Lahadka Takhtarkaaga
Parlez à votre docteur
تحدث مع طبيبك الخاص

HOW TO CONTROL YOUR BLOOD SUGAR

Sidoo a kantaroo kartaa cudurka sokorowga
Comment contrôler votre niveau de sucre dans le sang
كيف تتحكم على معدل السكر في الدم

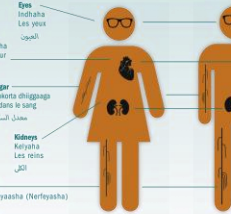
Eat healthy
Cun cunto wanaagsan oo caafimaad leh
Manger saine
تناول طعام صحي

Be active and exercise regularly
Noop nuaa jimciyo iyo socod sameeyo
Soyez actif et faites l'exercice physique régulièrement
كن نشيطاً وامارس الرياضة بانتظام

Take your prescribed medication
Qaado Dawaoyinka laga soo qoray
Prenez les médicaments tels que prescrit
تناول الأدوية الموصوفة لك بانتظام

The whole body can be affected by diabetes.

Sokorowga waxaa dibaabaa o geysan karaa dhamaan xubnaha qofka.
Le corps entier peut être affecté par le diabète.
مرض السكري قد يؤثر على جميع أعضاء الجسم



Keep Healthy Teeth
Ilaali caafimaadka ilkahaaga
Gardez les dents saines

Take Medication
Dawaadaada qaado
Prenez vos médicaments

Check Feet
Cagaha si joogta u ilaali
Contrôlez vos pieds

Check Glucose
Ilaa baari nita sokor ee
dhiggaaga ku jira
Contrôlez le glucose

Avoid Smoking
Sigaariga jooji
Evitez de fumer

Reduce Stress
Vare weelwaka
Réduisez le stress

MAIN: MAINE ACCESS IMMIGRANT NETWORK
231 Orléans Street, Suite 25 A
Portland, Maine 04101
Maine Office: (207) 552-1800
Community Health Workers Help YOU!
Somali • French • Arabic

CHANNELS
UNIVERSITY OF NEW ENGLAND
www.une.edu

Supervised by DHS/ACS/DBR Grant Number 30R020231-01-01 and DHS/HRSA Grant Number U07P92505
For More Information Call: Maine Access Immigrant Network at (207) 552-1800

PREVENTING AND CONTROLLING High Blood Pressure

Ka hortagga iyo xakameynta dhigkarka
Prévenir et contrôler la haute tension artérielle
الوقاية والتحكم على مرض ضغط الدم المرتفع

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High blood pressure can cause:
Dhig karka waxaa sababi kara:
La Haute tension artérielle peut causer:

Heart Attack
Wadnaha oo istaagay
Crise cardiaque
نوبة قلبية

Heart Failure
Wadnaha oo shaqeymaye
Insuffisance cardiaque
فشل وظيف القلب

Stroke
Dhig ku furma maskaada
Attaque d'apoplexie
سكتة دماغية

Kidney Disease
Cudurada Kalyaha
Maladie des reins
أمراض الكلى

Normal Blood Pressure is less than 120/80
Cadaadadda caadiga dhigga maada garm ama dhawo
140/90 waxa dhigkar
La tension artérielle normale est en dessous de 120/80

High blood pressure (hypertension) is greater than or equal to 140/90
Cadaadadda caadiga dhigga maada garm ama dhawo
140/90 waxa dhigkar
La tension artérielle (hypertension) est supérieure ou égale à 140/90

Eat healthy and maintain a healthy weight
Cun cunto siku dheerigaan misaarkaaga ilaali
Manger sainement et maintenez un poids sain
تناول طعام صحي واطبق على وزنك

Lots of fruits and vegetables, grains and nuts, lean meats
Bastaa miraha iyo khudarta, baadka iyo toowa iyo hiiska aan baruurta lahayn
Besoonsa de fruits et légumes, des grains et des noix, les viandes maigres
تناول الكثير من الفواكه والخضروات والحبوب والمكسرات واللحوم الخالية من الدهون

The whole body can be affected by hypertension
Dhig karka waxaa saameyn kara xubnaha jirkaaga oo dhan
Le corps entier peut être affecté par l'hypertension
جميع أعضاء الجسم يمكن أن تتأثر بارتفاع ضغط الدم



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HEALTHY Nutrition

Nafaqada caafimaadka leh (wanaagsan)
Nutrition Saine
التغذية السليمة

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TALK TO YOUR DOCTOR

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تحدث مع طبيبك

Eat a lot of fruits and vegetables and beans
Can khudaro iyo miraha (Fruits) badan
Mangez beaucoup de fruits, légumes et haricots
تناول الكثير من الفواكه والخضروات والبقوليات

Limit saturated fat
Vare, dufanka caadiga sida subaagga
Limitez les gras non saturés
قلل من تناول الدهون المشبعة

Choose whole grains, such as brown rice instead of white rice
Dooq. Miraha ikaadaha sida Barikaa miadaba leh waa
aid cun lahayd barikada cad
Choisissez les grains entières, telles que le riz brun plutôt que le riz blanc
تناول الحبوب الكاملة مثل الأرز البني بدلاً من الأبيض

Drink low fat milk and eat low fat cheese and yogurt
Cab canbaha subaagga laga saamaynayo fannaajada
subaaga ku yarayho iyo ciira
Buvez le lait et le fromage à faible matière grasse et le yaourt

Limit salt intake
Vare cadaadadda ama miidka
Limitez les apports de sel dans les repas
قلل من تناول الملح

Sugar in small amounts
Macmacanka iyo sokorta siika yarayso
Le sucre à faible quantité
قلل من تناول السكر

Drink a lot of water
Cab bibe badan
Buvez beaucoup d'eau
كثير من شرب الماء

GOOD NUTRITION HELPS PREVENT CHRONIC DISEASES SUCH AS OBESITY, DIABETES, HYPERTENSION AND CANCER.
Nafaqada wanaagsan waxaa caaweesa ka hortaga cudurada qofka sida
Sokorowga, Buumaanta, Dhigkarka iyo kansarka.
La bonne nutrition aide à prévenir les maladies chroniques telles que l'obésité, le diabète, l'hypertension et le cancer.
التغذية السليمة تساعد على الوقاية من الأمراض المزمنة مثل مرض السكري وارتفاع ضغط الدم والسرطان

You can afford good nutrition. Fresh, frozen and canned fruits and vegetables are all equally nutritious.
Waad sawad kartaa qaato nafaqada wanaagsan leh. Khudarta, iyo miisha haddii ay cusubyihiin (Fresh) ama la qasacdeyeynaa waa ay ikeyhiin nafaqo wanaagsan oo laku miido.
Vous pouvez vous permettre une bonne nutrition: des fruits Frais, surgelés et les fruits en boîte de conserve ainsi que les légumes sont tous égaux en nutrition.

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Arabic, Somali, French, English



Public Health Activities: Health on the Move

In partnership with the City of Portland, Public
Health Division

Mobile Health Fairs targeting the needs of various
community groups

- Urban Latino Community
- Urban Immigrant/Refugee
- Elders



Education Series with Local Latino Community



University of New England Invites All West End Neighbors to Attend Free Health Information Sessions

Presented By Une Nursing Students And Faculty

EVERY TUESDAY OCTOBER 7–NOVEMBER 18, 2014

Morning Clinic Redbank Office-Kitchen/Lounge MacArthur Circle
Between the hours of 9-12 p.m., open to all

Afternoon Clinic Brickhill Community Room, 80 Brickhill Heights,
Between the hours of 1-4 p.m., open to all

TOPICS INCLUDE

- October 7 FLU Clinic—available to anyone over 6 months old
Please bring your insurance card: No one will be refused
- October 14 Vision Screening and Resources
- October 21 Medication Review and Education
Please bring your medication lists
- October 28 Oral Health—Education and Promotion
- November 4 Sexual Health Information—Birth Control and STD
- November 11 Conversations about Violence and Trauma
- November 18 Stress and Relaxation Techniques
- Each Tuesday Ongoing Clinic: Blood Pressure and Diabetic Screenings

Supported by South Portland Hub and The Opportunity Alliance Public Health Programs.
For more information stop by or call Merrie at the Hub at (207) 347-4194.

Worked with community and public health partner (Opportunity Alliance)

Interprofessional teams of students and faculty surveyed community (modified needs assessment) and developed education series.

Series conducted by teams.

Measuring the Difference: Evaluate, Evaluate, Evaluate!

Students

Attitudes toward team based care

Readiness for team based care

Cultural Proficiency & Humility

Team Safety-TeamSTEPPS

Course specific summative and formative evaluation

Alumni evaluations

Communities of Interest

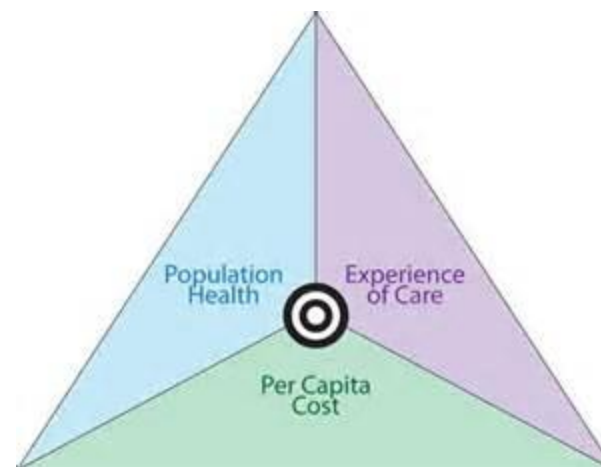
Institute for Healthcare

Improvement's: Triple Aims:

Population Outcomes

Patient Experience

Lower Costs

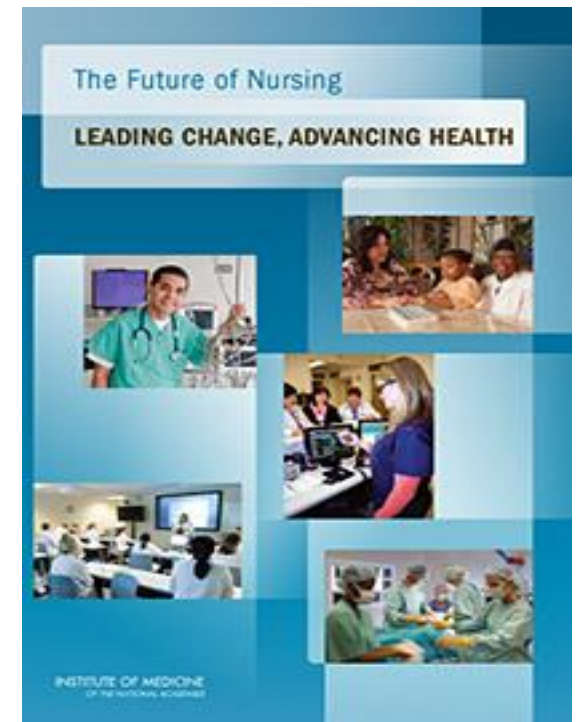


Lessons Learned:

- Internal process evaluation with faculty is critical for continued transparency
- Process evaluation also critical with partners for transparency and maintenance of trust
- Need for innovative models of addressing faculty workload to include IPE (teaching vs. scholarship)
- Scheduling is a challenge! “It Takes a Village”
- Right person, right role-requires leadership and vision
- Walking the walk was bigger than anyone imagined

Implications for Nursing Practice:

- Elevates nursing's purpose (leadership)
- Addresses current and impending shortage shifts
- Stronger impetus to increase workforce diversity
- Transitional care –widens opportunities for creativity and innovation



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- Williams, SD, Hansen, K, Smithey, M, Burnley, J, Koplitz, M, Koyama, K, Young, J, Bakos, A, (2014). Using social determinants of health to link health workforce diversity, care quality, access, and health disparities to achieve health equity in Nursing, Public Health Reports, supplement 2, (129), 32-36.

Questions and Dialogue:

Many Thanks!

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