

#### **Community Precepting:** Demand, Supply and the Impact of the Emerging Precepting Crisis

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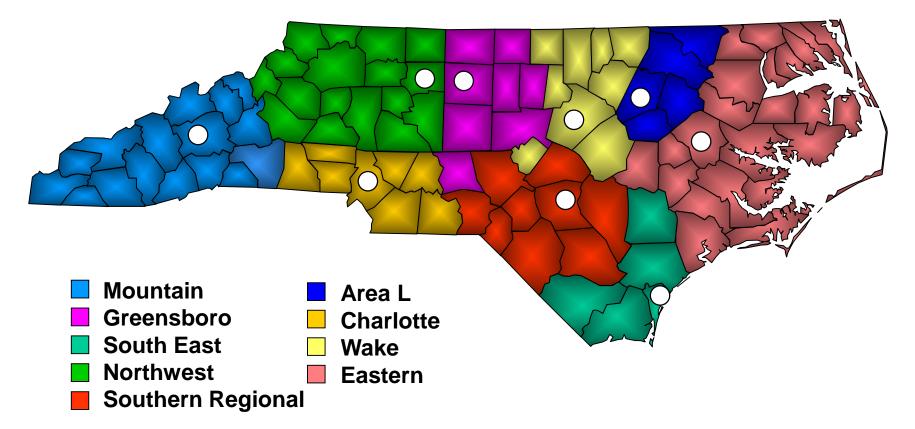
# **Key Messages**

- All health professions
- Demand more important than supply
- Preceptor quality is major concern
- Solution will be multifactorial; institutions and professions will need to work together
- State and Federal Policy change is also critical



#### **North Carolina AHEC**

#### "Leading Transformation of Health Education and Practice"



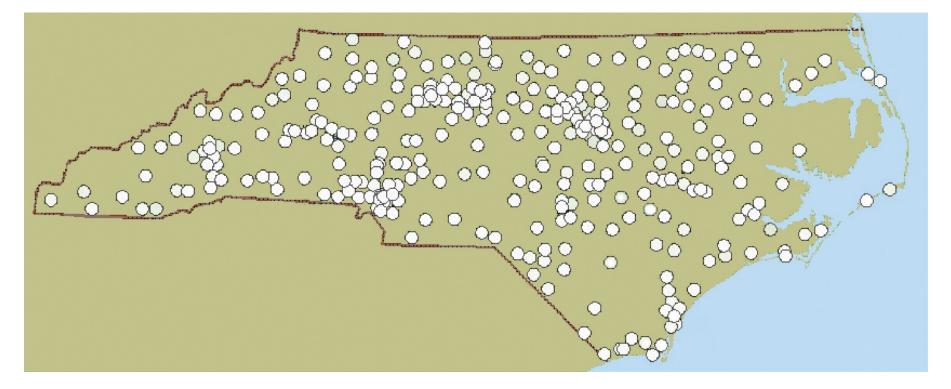
Source: NC AHEC Program

# **AHEC and Community Precepting**

- In 1972, Medicine, then Nursing (NP/DNP, BSRN, AD), Pharmacy, PAs, Mental Health and others; 10 schools/16 programs.
- AHEC provides housing at minimal charge; since 1990s, preceptors reimbursed (\$75-125/week).
- Does not serve new schools.



#### Locations of NC AHEC Student Training Sites





# Transformation of Health Care and Health Education in NC

- Dramatic changes in organization of care hospital/health system consolidation, employment of physicians, integrated EHRs, pay for value and widespread clinician/nurse burnout.
- Major changes in education across all health professions.



## **Key Questions**

- What is demand for precepting?
- What is supply of community preceptors?
- What is the impact of shortage?
- What should we do about it?



### Methods

- Focus on Community Precepting.
- 2015-16: meetings with statewide educational leaders across all disciplines (MD/DO, NP/DNP, PA).
- Survey of health professional schools; N=29, 100% response rate.
- Previous NC AHEC studies of preceptor satisfaction and experience in other AHECs.



#### **Results—Demand**

- 27% increased enrollment since 2011 with a further 11% estimated over next 2 years. This is likely an <u>underestimate</u>: Changing curricula are driving more community time.
- 93% of schools report increased need in all clinical specialties, particularly OB-GYN and PEDIATRICS.
- **SARA** will increase demand.



# **Results—Supply**

- AHEC provides stipends for 1,300-1,500 sites; number is stable with 70% same year-to-year.
- Most schools provide variety of non-financial incentives; stipends are spreading...
- Preceptor surveys in 2005 and 2011 show stable commitment; 2016-2017 pending...
- Most practices take students from one school due to accreditation constraints and alumni ties and often limited number per year.



### **Results—Impact of Shortage**

- A **major** issue for the schools!
- Most report satisfaction with current preceptors, but 2/3 report preceptors dropping out in last year.
- Anecdotal reports of problematic preceptors fired by one school then rapidly hired by other schools.
- Preceptor faculty development activities are very modest.



# Why Do Preceptors Precept?

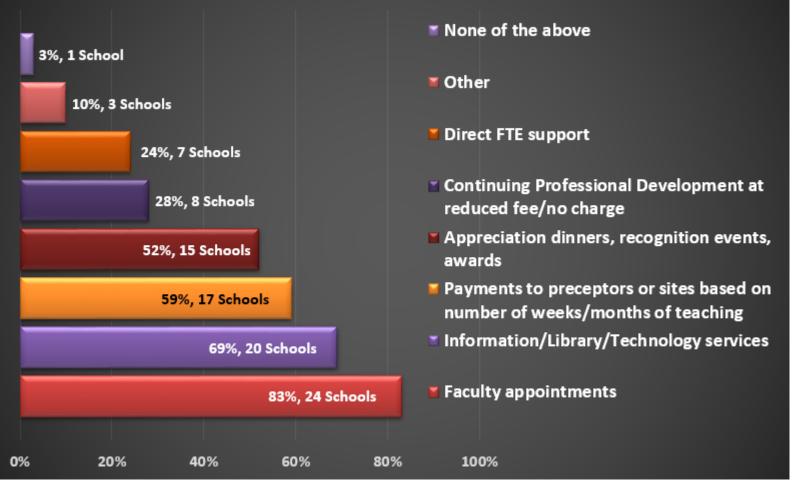
- Hippocratic Oath
- Professional Satisfaction

But...students are expensive in time and money and compensation models for primary care clinicians do not include teaching. Recognition, both personal and financial, is important.



#### **Incentives Currently Offered**

All programs (N-29. Check all that apply.)





#### **Preceptor Compensation**

- All have "eat what you treat" design...
- How much does precepting lower income?
  Or, does it keep people late?
- The perils of overestimating lost income.
- Bright spots in compensation plan design.



# Summary

- Strategic issue for state and for all health professions education—both in numbers and quality.
- Demand has exploded in NC; supply stable to slightly declining; many practices teach a small part of the time.
- Health professions schools are beginning to see a significant impact on education.
- Trend is accelerating rapidly.



### Next Steps: North Carolina AHEC...

- 2016 Preceptor Survey; Compensation Plan survey.
- Explore hospital rotation demand, especially for Nursing and for PAs.
- Engage stakeholder schools and preceptors on priorities, common curricula and best models of teaching.



# Next Steps: State Policy Issues

- Is community precepting a "commons" that merits public support? How do we make this argument in both red and blue states?
- Should we align public and private schools—and support new schools which are trying to meet needs of the state?
- When will we address the implications of dramatic expansion of student loans/debt?



### Next Steps: Reduce Administrative Burden

- Passports (common immunization, safety, and other requirements, EHR training and access) + online training in advance as much as possible.
- Training students to be more useful on day 1 of the rotation.
- Regional air-traffic control across schools.



#### Next Steps: Preceptor Development

- Very modest now?
- How well are preceptors know?
- Is passive on-line development sufficient? Should we require face to face meetings? How often





### Next Steps: Incentives for Preceptors

- Recognition, Faculty Appointments.
- CME/CE support, as permissible under Stark laws.
- Financial—Preceptor Tax Deductions and Credit (Georgia, Maryland, Utah).
- MOC—develop part 2 and part 4?
- Others...



# Next Steps: Curriculum Innovations

- Practice-ready students—specific skills that will increase value to practice.
- More than one student at a time? Blended learning
- Longitudinal curricula allow students to learn practice and people—and become more useful.
- Care Transformation—e.g. daily huddles drive culture change, allow students to participate.
- Interprofessional teams addressing social determinants of health/superutilizers.



#### Next Steps: Develop Model Teaching Practices

- Develop model teaching practices, with students throughout the year, developed faculty, good care (PCMH plus better than average quality) and interprofessional teams.
- Ongoing precepting development, with yearly observation: More than student satisfaction surveys!
- Align with alumni networks.
- Make it an honor to precept...



# **National Policy Issues**

- CMS rules about what students can document.
  ✓ Key educational issue and value to practices.
- EHR—training, student licenses, team documentation.
- Address debt impact on practice choice.
- Loan repayment for practicing physicians conditional on teaching?
- Align ABMS Maintenance of Certification (parts II and IV) with precepting.



#### **Comments/Questions?**





Transforming Traditional Continuing Education (CE) into Continuing Interprofessional Education (CIPE): Lessons from a Real-World CIPE Training Initiative

Adapted from Poster Presentation by:

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- 2010-The Institute of Medicine Report Brief: Redesigning Continuing Education in the Health Professions. Recognition of the key role of CE in developing new competencies in the workforce.
- 2013-North Carolina Area Health Education Centers (NC AHEC) recognized that transforming CE to CIPE was required to fulfill its mission
- 2014--National CIPE faculty engaged to co-create / implement a 10month initiative in 9 regions with over 50 CE planners.





#### **Project Description**

U.S. / North Carolina CIPE Initiative. Teaching CE professionals and faculty how to integrate Interprofessional Education (IPE) into existing CE planning and implementation.

Step 1: Strategic Actions Taken

Step 2:

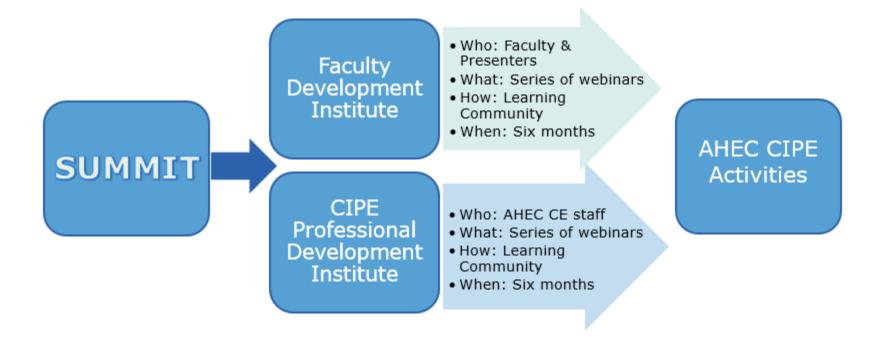
Educational Interventions

- NC AHEC statewide leadership establishes a white paper on IPE & Implications for Future NC AHEC programs
- April 2014: Two AHECs blend proposals to NC AHEC Program Office to advance use of CIPE throughout statewide AHEC system
- Oct 2014: Baseline survey conducted for statewide readiness for transformative IPE
- A statewide "train the trainer" model developed for CE leaders, staff & faculty to integrate IPE into their existing processes
- November 2014: 1-day Summit conducted with over 140 participants
- Goals of the Summit develop common CIPE knowledge base / promote collaboration / avoid duplication / create shared definitions & standards to advance CIPE across NC
- Teaching Methods: didactic presentations, facilitated discussions, individual reflection, small group exercises/discussions, role play & modeling, problem-solving, video-simulation technology & large group sharing of ideas





#### Summary



Building on the foundation laid at the Summit... Applying skills in the context of a Community of Practice...

Demonstrating educational outcomes with a CIPE project!



This CIPE Initiative transformed 50-experienced CE educators into proficient CIPE educators, planners, and leaders by utilizing IPE experts & tools; created new CIPE experts from CE to CIPE educators = the right formula for success. Webinar 1: N = 30; Last Webinar: N = 12. (1 = Strongly Disagree; 5 = Strongly Agree)\*

Participant's Evaluation: Likert Averages (1-5)*	Webinar 1	Last Webinar
I am prepared to plan and implement a CIPE activity.	3.47	4.08
My AHEC is prepared to drive the transformation from traditional CE to CIPE.	3.50	4.00
My AHEC partners (faculty/joint providers) are prepared to support the transformation from traditional CE to CIPE.	3.03	3.42



#### Significance and Outcomes, cont.

Sample of CIPE Projects

- Adverse Childhood Experiences: Building Resilient, IP Workforces, Communities and Families
- Team Approach to Alzheimer's Disease
- Collaborative Care of the Home Health Patient
- IP Approach to Mental Health Services
- Care of the Sickle Cell Anemia Patient and Family
  - Examples: 5 out of 9 NC Regional Areas





#### Project Evaluation and Lessons Learned

- Participants:
  - Summit: 143 attendees (78 AHEC, 39 Academic, 20 Health Center/Hospital, 6 others. Webinars: 50 CE faculty / planners.)
- Evaluation results were universally positive.
- Applied leadership role of CIPE Champions in sustaining 10-month initiative.
- Teaching application of learning theories & evaluation was instrumental.
- CIPE Planning Process (Owen & Schmitt, 2013) & Owen CIPE Planning Process Guide to design, implement, & assess CIPE activities critical.
- Successful teaching application, CIPE Clinical Scenarios & Reflective Tool (Lake, 2015).



#### **Comments/Questions?**

