Update: Long Term Follow up of Newborn Screening Conditions in New England

New England Newborn Screening Program

Secretary's Advisory Committee on Heritable Disorders in Newborns and Children February 26, 2009

Anne Marie Comeau, Ph.D. Deputy Director, NENSP Copyright 2009



Building Upon the Foundation of Six New England States' Comprehensive Newborn Screening Programs for Sustainable Follow-Up

Foundations

- New England longstanding NBS collaborative networks
- Massachusetts' experience
- Centralized NBS database, continuation of existing datasets

Goals

- Public Health Quality Assurance,
 - Public Health Quality Improvement and
 - Public Health Engagement in Research

Long-Term Follow Up Workgroup

Ellie Mulcahy, Gail Boaz -- Maine Genetics Program

Barbara McNeilly, Kristine Campagna -- Rhode Island NBS Program

Cindy Ingham – Vermont NBS Program

Marcia Lavochkin -- New Hampshire NBS Program

Vine Samuels-- Connecticut's Laboratory NBS Tracking Program

Janet Farrell – Massachusetts DPH

NENSP

Roger Eaton, Inderneel Sahai

Jaime Hale

Anne Comeau

Massachusetts Regulations

Stewardship and Authority



Massachusetts Regulations Governing Blood Screening of Newborns for Treatable Diseases and Disorders

(105 CMR 270.000 MGL c.111, ss3, 4E, 5, 6, 24A and 110A)

270.010: Follow-up of Newborn Blood Testing

For the purposes of quality assurance, quality improvement and ongoing evaluation of the effectiveness of the Newborn Blood Screening Program, including the determination of those disorders and diseases that should be screened for, the attending physician shall report to the Newborn Blood Screening Program, upon request, the following information within 30 days of the request:

- (A) Diagnostic and long term outcomes for all newborns whose newborn screening results warranted diagnostic evaluation for a newborn screening disorder or disease; and
- (B) Any additional, relevant information regarding these diagnostic and long term outcomes as specified by the Newborn Blood Screening Program.



Massachusetts Regulations Governing Blood Screening of Newborns for Treatable Diseases and Disorders

(105 CMR 270.000 MGL c.111, ss3, 4E, 5, 6, 24A and 110A)

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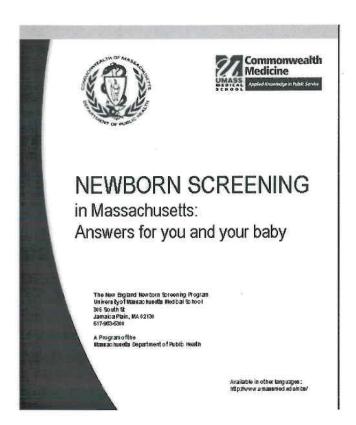
For the purposes of quality assurance, quality improvement and ongoing evaluation of the effectiveness of the Newborn Blood Screening Program, including the determination of those disorders and diseases that should be

shall report to the Newborn Blood Screening Program

Diagnostic and long term outcomes

(B) Any additional, relevant information regarding these diagnostic and long term outcomes as specified by the Newborn Blood Screening Program.

Parent Notification of NBS Quality Assurance and Improvements in Massachusetts



NEWBORN SCREENING

QUALITY ASSURANCE AND IMPROVEMENTS

Newborn screening programs need to know that they are working well and need to know how to improve. This means that programs need to know whether the screening results match diagnostic results. This also means that programs need to know how babies who are diagnosed with newborn screening disorders are doing and whether they continue to get the care they need. Information on diagnoses and outcomes is collected for program-wide improvements.

Your baby's information and leftover blood may be stored for at least 10 years. Sometimes, the information or leftover blood will be used to make sure that newborn screening tests are working well. Sometimes the information or leftover blood will be used to make better tests for the newborn screening program. Other times, the information or leftover blood will be used for health studies. For any health studies, your written permission is needed before we release your baby's name to an external researcher.

In addition, if any information or leftover blood is going to be used for a study, the study has to be approved by two groups of people who make sure that your baby's rights are protected. These groups of people are called "Human Subjects Review Committees". One Human Subjects Review Committee is at the Department of Public Health, and the other is at the University of Massachusetts Medical School. The Federal Government sets the rules and regulates each Committee. For any proposed study, Human Subjects Review Committees decide whether your permission is needed. If either Committee decides that your permission is needed, the New England Newborn Screening Program will contact you before proceeding with the study.

Contacting you: We know that for many reasons, parents change health care providers and may change the name of their baby. If your baby has been diagnosed with a newborn screening disorder, or is being followed to find out if your baby has a newborn screening disorder, you may receive a letter from the New England Newborn Screening Program to ensure that your baby's information is up to date.

3 Foci for Data Collection and Best-Practice Development

Hemoglobinopathies

Cystic Fibrosis

Metabolic Conditions

Sickling Hemoglobinopathies



Sickling Hemoglobinopathies Detected by the NENSP in New England

2003-present





A laboratory analyst transfers newborn sample extracts for sickle cell disease screening at the New England Newborn Screening Program.

The New England Hemoglobinopathies Newborn Screening Workgroup



Baystate 🛍 Children's Hospital





Dr. Anne Marie Comeau Ms. Claire Hughes

Dr. Naheed Usmani

Dr. Philippa Sprinz

Dr. Anjulika Chawla

Ms. Kathleen Ryan, RN

Dr. Matthew Heeney

Dr. Karla Fuentes

Dr. Maria Pelidis

Dr. Mary Huang

Dr. David Ebb

Dr. Anne Rossi

Dr. Farzana Pashankar

Dr. J. Nathan Hagstrom

Dr. Joanna Luty





Hasbro







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NEW ENGLAND NEWBORN SCREENING PROGRAM

LTFU Variables for Sickling Hemoglobinopathies

Defined by MA and Regional NBS Hgb Workgroups

Census

- Date of last clinic visit
- Date of most recent visit
- Alive; if no date & cause of death

General Demographics/Current Practices

- Height (cm) & Weight (kg) at last clinic visit
- TCD (Normal/Abnormal); date(s)

LTFU Variables for Sickling Hemoglobinopathies

continued

Clinical Status

- Clinical Stroke? if yes, date(s)
- Radiological Stroke? if yes, date(s)
- MRI/MRA Abnormal? date(s)
- Splenectomy? if yes, date

Notable Infections

- Febrile Episodes ? if yes, date(s)
- Culture + ? Sepsis? if yes, date(s)

Treatments and Clinical Episodes

- Hyper Transfusions? if yes, start & stop dates
- Prescribed Hydroxyurea in last 6 months? if yes start & stop dates
- Hospitalizations ?if yes, date(s)
- Acute Chest? if yes, date(s)



New England Newborn Screening Program University of Massachusetts Medical School 305 South Street Jamaica Plain, MA 02130-3597 617-983-6300 (office) 617-522-2846 (fax)

Hemoglobinopathies LTFU Report

Last Name:			
First Name:			
DOB:	NBS result:		
Initial Clinic:	Current Clinic:		
Confirmatory HGB Result:			
Date of most recent clinic visit:			
Height (cm)	Date		
Weight (kg)			
Date of 1st TCD:	Normal Abnormal		
Date of Last TCD:	Normal Abnormal		
MRI/MRA: Normal Abnormal Date	e		
	ate(s)		
Acute Chest Syndrome: No Yes If	yes, date(s)		
Clinically "Overt" Stroke: No	Yes #yes, date(s)		
Radiologic only "Silent" Stroke: No	Yes If yes, date (s)		
Febrile Episodes: No Yes If yes, do	ate(s)		
Culture + Bacteremia: No Yes If	yes, date(s)		
	? Yes No HyperTransfusions? Yes No		
Start Date	Start Date		
End Date	End Date		
Splenectomy. No Yes #yes, date)		
	The war Law		
	ate of death		
If no, ca	use of death		

Data form for Hemoglobinopathies

Sent between NENSP and clinics

Sampling of LTFU Hgb data

30 patients (DOB 2003-present)

Variable	n	%
At least one clinic visit in the past 12 months		
At least one TCD	8	27
At least one hospitalization in their life		
Splenectomy		
At least one event of acute chest in their life		
Taken hydroxyurea		
Clinical stroke	1	3
(Child has had 2 clinical strokes – at 2.5 and 3 years of age)		

Cystic Fibrosis

The Massachusetts CF NBS Workgroup

Representatives from NENSP and the 5 MA CF Centers

Dr. Anne Marie Comeau

Dr. Richard Parad

Baystate Thildren's Hospital

Dr. Robert (Bob) Gerstle



Dr. Henry (Hank) Dorkin

Dr. Terry Spencer



Dr. Allen Lapey



Tufts-New England Medical Center

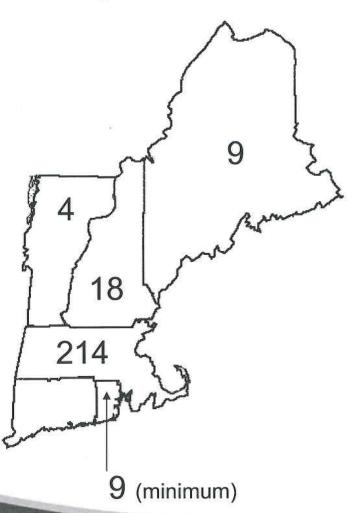
Dr. William (Bill) Yee



Dr. Brian O'Sullivan

Cystic Fibrosis Cases Detected by the NENSP in New England

(From state's start date – January 31, 2009)



State	CF NBS start date
Massachusetts	2/1/1999
New Hampshire	5/1/2006
Rhode Island	7/1/2006
Vermont	3/1/2008
Maine	7/1/2008
Connecticut	_

Notable Trends in Cystic Fibrosis Cases Detected by the NENSP in New England

Massachusetts: Decrease of CF

Hale JE, Parad RB, and Comeau AM. Newborn screening showing decreasing incidence of cystic fibrosis. N Engl J Med. 2008 Feb 28;358(9):973-4.



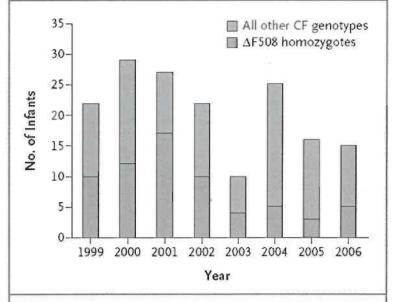


Figure 1. Newborns with Cystic Fibrosis Identified by Newborn Screening for the Disease in Massachusetts.

Bars indicate the number of first persons in a family with positive results of newborn screening and a diagnosis of cystic fibrosis (CF). Additional persons in a single family were excluded.

Notable Trends in Cystic Fibrosis Cases Detected by the NENSP in New England

Maine: CF NBS Case Projections vs. Actual Number

Projected Cases per Year

Northern Maine

2 CF Births per year

Central Maine

2 CF Births per year

Southern Maine

2 CF Births per year

6 TOTAL per year



Actual Cases Detected in 7 months of screening

Northern Maine

2 CF births

Central Maine

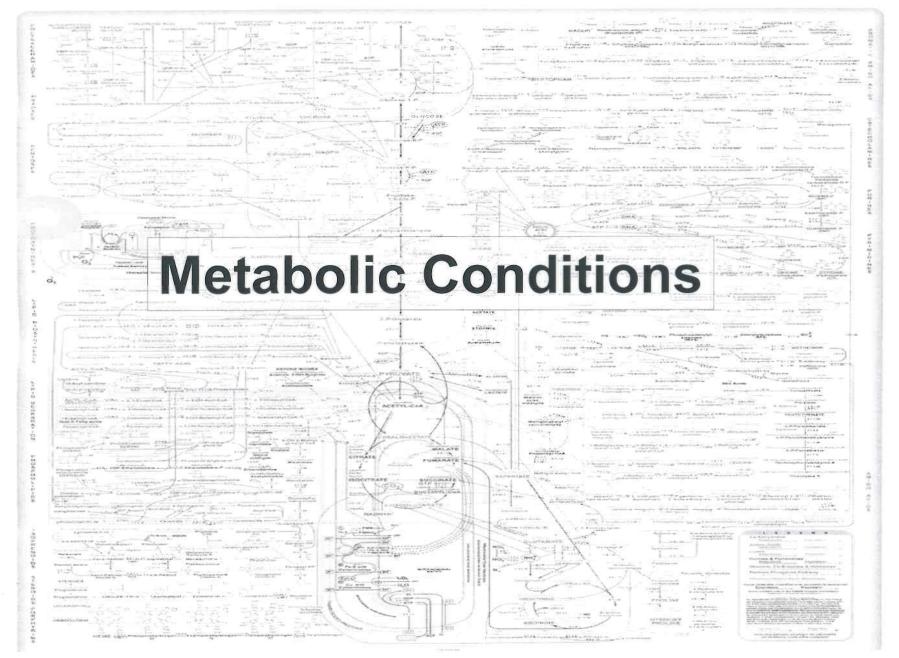
5 CF Births

Southern Maine

2 CF

9 TOTAL in 7 months

NEW ENGLAND NEWBORN SCREENING PROGRAM



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NEW ENGLAND NEWBORN SCREENING PROGRAM

The New England Metabolic Newborn Screening Workgroup

Inderneel Sahai, MD (NENSP), Chair



Dr. Madelena Martin

Dr. Beverly Hay

Dr. Vivian Shih

Dr. Marsha F. Browning



hildren's Hospital Boston

Dr. Mark Korson

Dr. Cheryl Garganta

Hasbro



Dr. Gerald Berry

Dr. Harvey Levy

Dr. Chanika Phornphutkul

Dr. Thomas Brewster Dr. Wendy Smith

Dr. Leah Burke

Dr. Greta Seashore









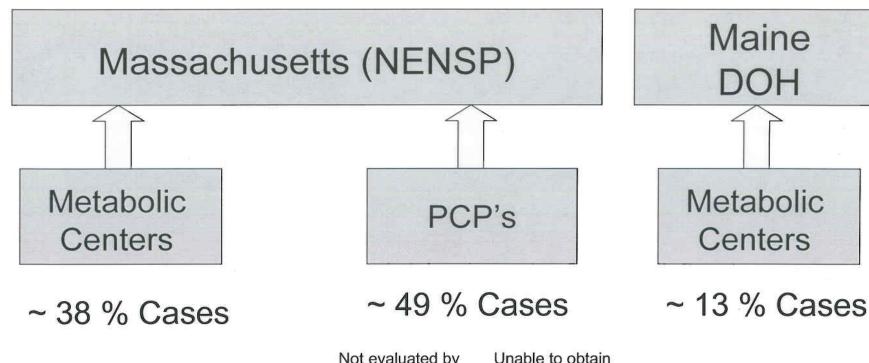


The University of Vermont



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SOURCE OF NENSP LTFU DATA (Metabolic Disorders)



Children's Hospital

Massachusetts General Hospital

University of Massachusetts Medical Center

Tufts Medical Center

Not evaluated by Specialist > 2 information from years. Metabolic Center

Suggested follow- up by specialist

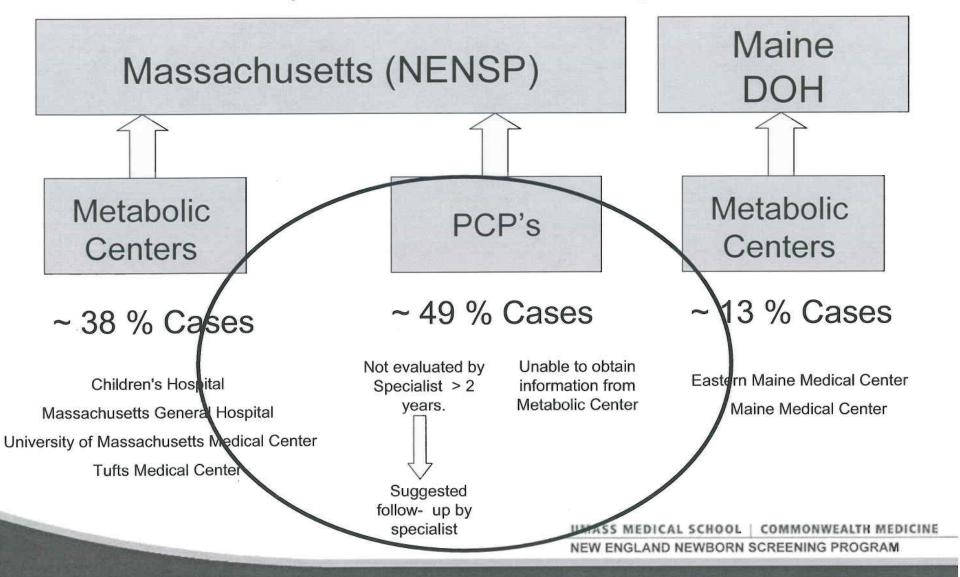
Eastern Maine Medical Center

Maine Medical Center

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SOURCE OF NENSP LTFU DATA

(Metabolic Disorders)

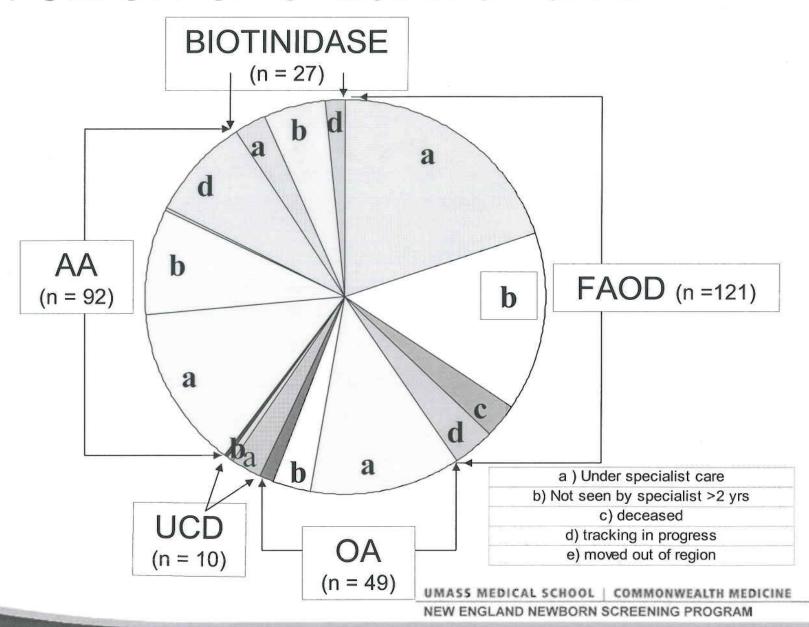


LTFU Status of Metabolic cases detected by NENSP in MA and ME

	Total n	Deceased	Moved	Tracking	LTFU Data	Not seen by specialist > 2 years
Fatty Acid Oxidation Defects	121	8	0	10	103	44
Organic Acidemias	49	0	3	0	46	9
Urea Cycle Defects	10	0	1	0	9	1
Amino Acid Disorders	92	1	0	25	66	26
Biotinidase Deficiency	27	0	0	5	22	15
TOTAL	299	9	4	40	246	95

95/246 children with LTFU data have not been seen by specialist in > 2 years

FOLLOW-UP SPECIALIST CARE



DISORDERS WITH LIMITED FOLLOW-UP WITH METABOLIC SPECIALIST

FAOD	•MCAD (19/39)
	•VLCAD (6/21)
	•CUD (4/10)
	•SCAD (15/28)
OA	•MCC (9/16)
	•MBCD (2/2)
UCD	•Citrullinemia I (1/4)
	•CPS (1/1)
AA	•Atypical PKU (6/40)
	•Hyper-PHE (17/18)
	•MAT (3/4)
Bio	•Profound (3/5)
	•Partial (12/17)

Reasons Stated for Follow-up Outside of Specialty Care

- Limited information provided by specialist (uncertain spectrum)
- No specific treatment provided
- Child has remained asymptomatic without treatment
- Unnecessary travel

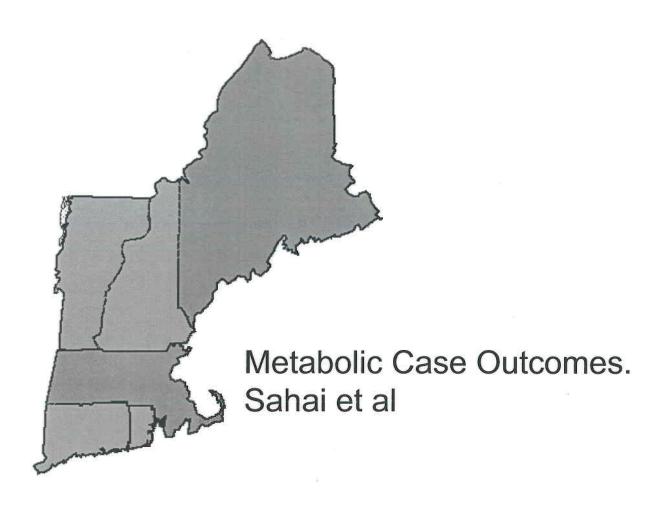
Center-to-Center Transfers

Metabolic: ~ 48%

Cystic Fibrosis: ~20%

Hemoglobinopathies: <5%

LTFU of Metabolic Disorders Identified in Massachusetts & Maine (1999-2008)



MCAD

Our records show that you are the primary care physician for a baby with MCAD deficiency

summarizes our experience to date, and alerts you of two late-occurring deaths among babies identified at birth in New England with MCAD.

Although most children with MCAD deficiency diagnosed by newborn screening have done well clinically, there have been two deaths, at age 11 months and 33 months. Both children had regular pediatric care and had no other medical conditions. One child had vomited several times but ate a snack before falling asleep. He was found unresponsive the next morning and could not be resuscitated. The other child had also vomited several times before becoming lethargic.

These deaths underscore the importance of close monitoring for early signs of illness and immediate medical attention to prevent severe hypoglycemia.

PEDIATRICS

OFFICIAL JOURNAL OF THE AMERICAN ACADEMY OF PEDIATRICS

Spectrum of Medium-Chain Acyl-CoA Dehydrogenase Deficiency Detected by Newborn Screening

Ho-Wen Hsu, MD^a, Thomas H. Zytkovicz, PhD^a, Anne Marie Comeau, PhD^a, Arnold W. Strauss, MD^b, Deborah Marsden, MD^c, Vivian E. Shih, MD^d, George F. Grady, MD^a, Roger B. Eaton, PhD^a

^aDepartment of Pediatrics, New England Newborn Screening Program, University of Massachusetts Medical School, Jamaica Plain, Massachusetts; ^bDepartment of Pediatrics, University of Cincinnati College of Medicine, Cincinnati, Ohio; ^cDepartment of Pediatrics, Children's Hospital Boston, Boston, Massachusetts; ^dDepartment of Neurology, Massachusetts General Hospital, Boston, Massachusetts

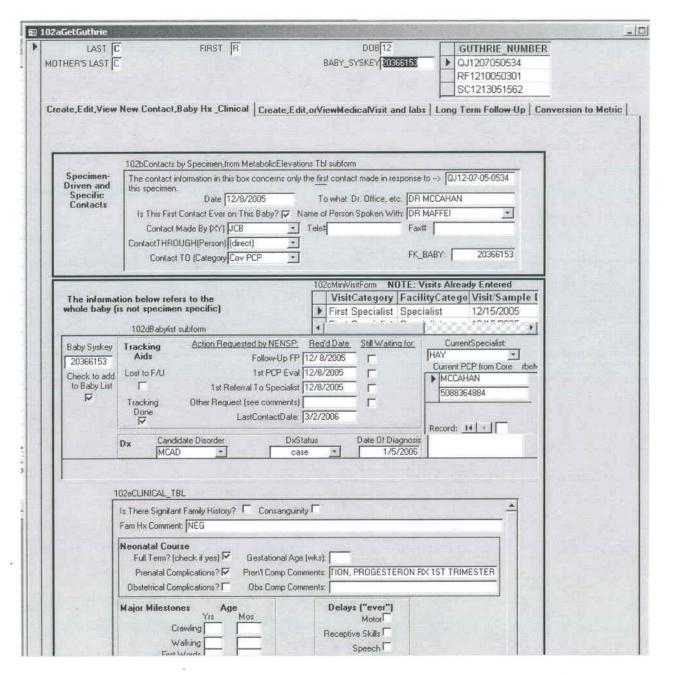
ABSTRACT

Objective: We describe the clinical spectrum of medium chain acyl-CoA dehydrogenase (MCAD) deficiency detected by routine newborn screening, assess factors associated with elevations of octanoyl carnitine (C8) in newborns, and characteristics associated with adverse clinical consequences of MCAD deficiency.

Pediatrics 2008;121;e1108-e1114

Back to the Foundations:The Databases

Metabolic Database



Metabolic Database

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Diagnostic Labs

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C4DC		C14:10H		
C5		C16	The state of the s	
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Diagnostic Labs

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2-MethlysuccinicAcid		Tana I	3-Phenylpropionylglycine			
GlutaricAcid			Suberylglycine			
Isobutyrylglycine			trans-Cinnamoylglycine			
n-Butyrylglycine			DodecanedionicAcid			
2-Methylbutyrylglycine P	0.24	0.3 0.8	TetradecandioicAcid			
Isovalerylglycine			HexadecanedioicAcid			
UrineAcylGly Comments:					1,411	

Diagnostic Labs

Specialty Labs

PlasmaAcylCarn PlasmaAA UrineA	AcylGly	UrineOrganicAcids	UrineAA Routi	neLabs Specia	altyLabs	
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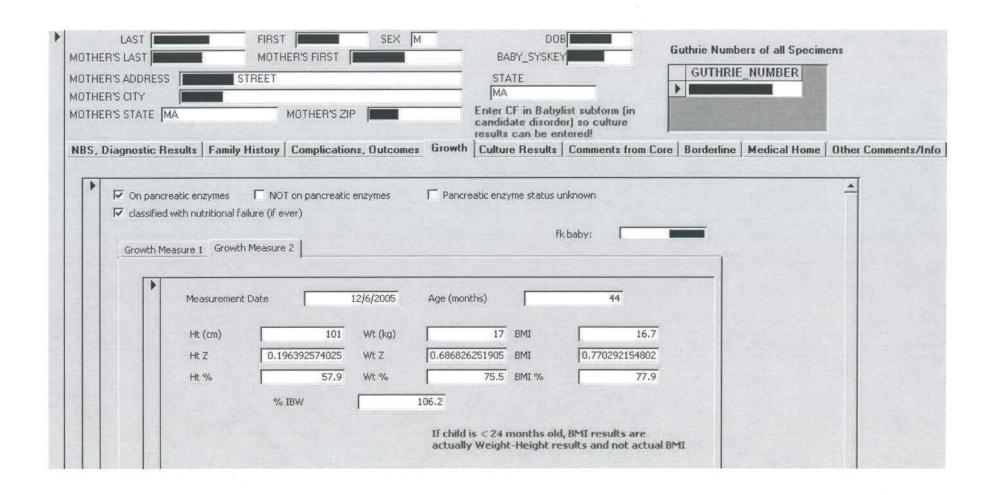
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Endo ▼ [sweats easily		IK L
Metabolic □ [
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Cystic Fibrosis Database

MOTHER'S STATE MA MOTHER'S ZIP Candidate disorder) so culture results can be entered! NBS, Diagnostic Results Family History Complications, Outcomes Growth Culture Results Comments from Core Borderline Medical Home Other Comments of Category B CF DNA1 N1303K CF DNA2 + CF DNA1 N1303K CF DNA2 + CF DNA2 + CF DNA1 N1303K CF DNA2 + CF DNA1 N1303K CF DNA2 + CF DNA2 + CF DNA1 N1303K CF DNA2 + CF DNA2 N12/2002 STORON AM CREATER OF CONCENT DNA NA N	MOTHER'S MOTHER'S MOTHER'S	ADDRESS ADDRESS	RST	BABY_SYSK STATE MA	Y .	- I	7	bers of all Specimens E_NUMBER	
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Cystic Fibrosis Database: Growth Measures



Cystic Fibrosis Database: Culture Results

NBS, Diagnostic Results	Family History C	omplications, Outcomes	Growth (Culture Results	Comments from Core	Borderline	Medical Home	Other Comments/Info
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Hemoglobin Database

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Hemoglobin Database: Variables & Outcomes

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Status of LTFU in New England States



Acknowledgements

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Lessons Learned from CF LTFU in Massachusetts

- In 2006 NENSP collected outcomes on 125 CF affected infants (born 1999-2004)
 identified by NBS
 - Height & Weights (at 1 year of age & most recent)
 - Culture Results (at 1 year of age & most recent) & later by organism cultured
- * Not all CF infants are in PORT CF (the CFF registry)
- * Center transfers offer a substantial challenge local value
 - ~ 20% of MA CF infants have transferred between the 5 MA CFF Centers
- * Value of raw data: quality standards in collection, data entry and data translation. (various tools used to calculate height-weight, BMI and % Ideal Body Weight)
- * Infection tracking confounded by successful treatments.
- Focus on a particular organism such as *B. cepacia* or *Pseudomonas* and collect all dates that child had positive culture for that particular organism