Report to SACHDNC

Workgroup on Screening for Critical Congenital Cyanotic Heart Disease

American College of Cardiology Heart House
January 13-14, 2011
Washington, DC

Participating Organizations

- American Academy of Pediatrics
- American College of Cardiology
- American College of Medical Genetics
- American Heart Association
- Association of Maternal & Child Health Programs
- Association of Public Health Laboratories
- Centers for Disease Control and Prevention
- Center for Medical Home Improvement
- Federal Drug Administration
- Health Resources and Services Administration
- March of Dimes
- National Institutes of Health
- Newborn Coalition/1in100
- Bless Her Heart/Congenital Heart Information Exchange
- Secretary's Advisory Committee on Heritable Disorders in Newborns and Children
- Utah and New York State Birth Defects Programs
- A.I. duPont Hospital for Children

Participating Organizations

- Baylor College of Medicine
- Cincinnati Children's Hospital Medical Center
- Children's National Medical Center
- Indiana Children's Health Services Research
- Mary Bridge Children's Hospital
- Mayo Clinic
- Monroe Carell Jr Children's Hospital @ Vanderbilt
- New York State Department of Health
- Queen Silvia Children's Hospital Sweden
- Santa Clara Valley Medical Center
- Steven and Alexandra Cohen Children's Medical Center
- University of Birmingham, United Kingdom
- University of Maryland School of Medicine
- University of Minnesota
- University of Utah
- University of Virginia Health System

Invited Speakers

- Andrew Ewer
- Marcia Feldkamp
- Anne Grannelli
- R. Rodney Howell
- Alex Kemper
- Lazaros Kochilas
- William Mahle
- Gerard Martin
- Mathew Park
- Annamarie Saarinen

Overview

- Wide support to begin screening
- Recent unpublished evidence suggests that the number of additional echocardiograms will be small if appropriate thresholds are selected
- Messaging is critical
 - Not all types of heart disease will be picked up
 - Important, but non-cardiac conditions could be identified
- Group addressed the key issues needed to begin implementation in a safe, effective, and coordinated manner

Screening Specifications

- Pulse oximeter: technology is key to assure that screening can be done quickly (e.g., not sensitive to motion) and accurately
- Probe: re-usable probes can decrease costs of screening
- Probe placement: right hand and foot seems to be most effective
- ▶ **Timing/Population:** 24 hours of life for full-term infants not treated in the NICU setting
- Optimal cut off value: current data suggest that <95% or >3% difference between extremities - - need to evaluate the impact of high altitude; abnormal repeated up to 3 times

Short-term Follow-up / Diagnosis

- Examine to rule-out non-cardiac cause
- Echocardiagram
 - In-house
 - Transfer
 - Via telemedicine
- Development of protocols within nurseries before screening begins

Training & Education

- Protocols for opt in/opt out for screening
- Training for screeners
- Training needs for newborn care providers
- Training for sonographers
- Public / Parent education
- Some material already developed, such as the toolkit developed at Children's National Medical Center
- Need for a "clearinghouse of information"

Nursery Costs

- Set-up Costs
 - Oximeters, probes
 - Systems for diagnostic evaluation, when needed
- Maintenance of equipment
- Screening
 - Primarily screening time
 - Some cost related to probes
- Diagnostic costs
- Insurance coverage
 - In general, covers diagnosis, treatment
 - No CPT code for oximetry screening

Surveillance and Quality Improvement

- Results of screening and diagnosis should be
 - Embeded into electronic records
 - Using existing codes where possible
- Health information exchanges should be promoted to facilitate surveillance
- Public health programs can participate in quality assurance / quality improvement
- Birth defect registries could track impact of screening

Next Steps

- White paper describing implementation plans for consideration by the Advisory Committee
- Development of consensus screening algorithm
- Identification of research gaps
- Central clearinghouse of information for policymakers, healthcare providers, parents, public
- Roll out to nurseries once implementation and surveillance plans are in place