Ad Hoc Committee Update: Impact of NCAA Sickle Cell Trait Mandate

Alexis Thompson January 16, 2014

Objectives

- Review SACHDNC report on screening of U.S. college athletes for sickle cell trait
- Describe the impact of NCAA policy on states
- Report work to date of the Ad Hoc Subcommittee
- Feedback/Next Steps



- Do the SACHDNC recommendations still stand?
- Is this an appropriate use of newborn screening resources?
- Can/should the DACHDNC provide additional guidance to the Secretary and/or states?
- How does this experience impact the broader discussion of notification of carrier status for other conditions?



Secretary's Advisory Committee on Heritable Disorders of Newborns and Children (2010)*

- Individuals should have the opportunity to find out their risk of medical disorders, including carrier status for sickle cell disease
- Evaluation should take place in the medical home and should include counseling and assurances about the privacy of genetic information
- Genetic testing should not be a pre-requisite for participation in sports, unless deemed medically necessary
- As part of routine medical care, all potential athletes should be given education of safe practices to prevent exercise and heat related illnesses

SACHDNC Statement (2010)

- Reviewed by Ad Hoc Subcommittee
- Consensus: Recommendations made in 2010 are still valid
- No changes proposed



Information Provided by States

- Highly variable
- Not clear that any information is given besides actual test result
 - Some efforts providing additional information rebuffed by universities/athletic department personnel
- Need for disclaimer?
 - Risk of false positive and false negative results
 - Screening vs diagnostic testing
 - Issues with accuracy and matching



Is this an appropriate use of NBS?

- Burden and Cost
- If results provided without contextual information, is this consistent with the intent of newborn screening?
- Actions of states driven by public policy, health legislation
- If states see this as a reasonable use of NBS, what recommendations are given? To whom?
 - Data on current practices not available
 - Resources for information on sickle cell trait?



Educational Resources on Sickle Cell Trait

- ▶ CDC developing a Sickle Cell Trait Education Toolkit
 - Workgroups on general information, complications and athletics
- Materials vetted through SCDAA and ASH
- General FAQs currently in CDC clearance
- Plan for other items completed by Spring 2014
- Will be available for downloading from CDC website



Summary to date

- We believe that the SACHDNC recommendations should still stand
- Late request for NBS results solely to address the NCAA mandate is not an appropriate use of newborn screening resources
- How can DACHDNC provide additional guidance to the Secretary and/or states? - TBD



Next Steps

- Gather additional information from states
 - Clarification on current guidelines for carrier notification
 - Ascertain what (if any) disclaimer about the results is given
 - Determine educational information is provided (if at all) with results
- Articulate the concerns raised by the NCAA mandate
 - Draft report
- Consider mechanisms by which SACHDNC can offer assistance to states

